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RNA form baker's yeast cultured with and without lipopolysaccharide (LPS) modulates gene transcription in an intestinal epithelial cell model, RTgutGC from rainbow trout (*Oncorhynchus mykiss*)



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ABSTRACT

The objective of this study was to evaluate if the intestinal RTgutGC cell line could be suitable for research on dietary ingredients and their function as modulators of inflammation during lipopolysaccharide (LPS) induced stress.

The RTgutGC cells cultured together with RNA from baker's yeast, reached confluency after 72 h. The cells were grown in either compete L-15 (CM) or nutrient deprived L-15 (DM). Then, the RTgutGC cells were exposed to LPS or RNA from baker's yeast, either alone, or in combination, in CM or DM. All cultures were harvested following LPS challenge for 48 h and 72 h.

LPS induced transcription of Interleukin 1 β (*IL-1\beta*), Interleukin –8 (*IL-8*), Toll like receptor 3 (*TLR3*), interferon regulating factor 3 (*irf3*), Nuclear factor $\kappa\beta$ (*NF\kappa\beta*), one of the multidrug transporters, *ABCC2*, and glutamine synthase 1 (*GLS01*) in RTgutGC cells at one or both sampling points (48 h and/or 72 h post LPS challenge). RNA from baker's yeast in culture alone, (cultured 120 h and 144 h with RTgutGC cells and harvested at the respective LPS sampling points) induced transcription of *INF1*, *TNF* α and *ticam/trif*, not induced by LPS. In addition, RNA from baker's yeast affected *IL-1\beta*, *TLR3*, *irf3* and *NF\kappa\beta*, comparable to the responses triggered by LPS. RNA from baker's up sat alone did not affect *ABCC2* or *GLS01* transcriptions in this set up. So, LPS and RNA from baker's yeast affects distinct but also common gene transcripts in this intestinal cell line.

Culturing RTgutGC cells in DM, adding a combination of LPS and RNA from baker's yeast, reduced IL- 1β transcription compared to cells grown in CM, 48 h and 72 h post LPS challenge. Also, in RTgutGC cells, grown in DM, the LPS induced transcription of *ABCC2* declined, measured 48 h post LPS challenge. Possibly indicating that optimal transcription of *IL*- 1β and *ABBC2* in RTgutGC cells, cultured over time, requires access of adequate nutrients under stressful condition.

RNA from baker's yeast induced *INF1* transcription in the RTgutGC cells, regardless if the medium was complete or deprived of nutrients. However, culturing RTgutGC cells in DM enriched with RNA from baker's yeast for a longer period of time (120 h, 144 h), seemed beneficial for *INF1* transcription.

1. Introduction

The increasing demand for high-quality feed ingredients for aquaculture and how these nutrients are affecting the fish intestine and the immune cells residing in this channel, can be studied in the recently developed RTgutGC cell line from rainbow trout (*Oncorhynchus mykiss*). The RTgutGC cell line origin from the distal portion of the intestine isolated from a female rainbow trout and is the only fish derived intestinal epithelial cell line available for *in vitro* research purposes [1]. The RTgutGC cell line is considered as a tool for a broad variety of research purposes like ecotoxicology [2]; Minghetti et al. 201,7), inflammation [1] and nutrient deprivation [3].

Fish intestine interacts with the environment during nutrient intake and osmoregulation and possible contaminants in the feed and water. Teleostan gut is different from mammalian gut as they lack organized lymphoid tissues such as lymph nodes, Peyers's patches and isolated lymphoid follicles. Instead fish intestine has mucosa-associated lymphoid tissue called GALT (gastrointestinal lymphoid tissue) included in lamina propria and intraepithelial structures [4]. These structures produce leukocytes and are important for antigen recognition

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and local immune responses. In the intestine of rainbow trout the presence of two types of B cells, executing phagocytic activity [5], T lymphocytes [6–9], dendritic cells co-expressing CD8 α and MHCII and also executing a high phagocytic activity [10,11] have been demonstrated. These structures are probably regulators of gut immune tolerance [12]. Microorganims are in constant contact with the intestinal mucosa, and when harming the mucosa, the underlaying glycocalyx and finally the integrity of the epithelium would represent a way for the entry of pathogens [13,14]. Research on fish intestines and host-microorganism interaction has increased over the years [15–18] and a method for GALT leukocyte isolation from salmonid intestine has recently been established [10] and refined [18]. It has been demonstrated that fish intestine can produce a diversity of cytokines upon challenge [10,15,18].

LPS is the main component of external membrane of gram-negative bacteria is recognized by a highly conserved pathogen coded molecular structures termed pathogen associated molecular patterns (PAMPs). The PAMPs are recognized by pattern recognizing receptors (PRRs) and are the first line of cellular defense against pathogens. PRRs triggers downstream signaling pathways like transcription factors adaptors and kinases. There are five major families of PRRs investigated in vertebrates: the Toll like receptors, (TLRs), retinoic acid inducible gene I (RIG I)-like receptors (RLRs), nucleotide-binding oligomerization domain (NOD) like receptors (NLRs), C-type lectin receptors (CLRs) and absent in melanoma 2 (AIM2)-like receptors (ALRs) [19-21]. There are functional similarities between PRRs in fish and mammals, but there are distinct features in some downstream signaling mechanisms [22-24]. The presence and type of specific immune cells and PRRs residing in RTgutGC intestinal cell line are not well characterized. However, the cell line clearly responded towards lipopolysaccharide (LPS) and polyinosinic: polycytidylic acid (PIC) stress producing pro and anti -inflammatory cytokines and interferons [19,25]. Stimuli exposure also affected regulation of intestinal barrier markers [26,27].

Polynucleotides found in baker's yeast RNA can be a dietary source of bases, nucleosides and nucleotides. Main dietary sources of nucleotides are nucleoproteins and nucleic acids which are converted to nucleosides and bases which are transported into enterocytes via facilitated diffusion and specific Na + dependent carrier mediated mechanisms [28]. Nucleotides and their metabolites have received attention in recent years as they are active in various physiological functions and may be of particular significance for growth and development of tissues with rapid turnover, such as cells in the immune system and intestinal cells. Poly-ribonucleotides encode genetic information, have a role in energy metabolism and signal transduction [29, 30]. Requirements for nucleotides are by a large part met by endogenous metabolic pathways of synthesis and salvage [29,30]. However, in some conditions endogenous synthesis of nucleotides is not enough to fulfil physiological demands [31,32]. In rodent nucleotide free diets decrease cellular and humoral immune responses [33,34] and resistance to bacterial and fungal pathogens [35,36]). Dietary nucleotides ingested by humans and terrestrial animals has been shown to enhance immune responses towards bacterial and viral infections [37-41]. Oral administration of nucleotide supplementation for fish such as Atlantic salmon (Salmo salar) [42,43]) common carp (Cyprinus carpio) [44], Nile tilapia (Oreochromis niloticus) [38], turbot (Scophtalmus maximus) [45], and rainbow trout [43] has shown beneficial effects on immune functions and disease resistance. Also, proliferation of salmonid cell lines was stimulated by adding bases, nucleosides and nucleotides to culture media [46,47]. [48]; using germ free zebrafish, showed that dietary nucleotides directly can stimulate the immunity of zebrafish independent of the intestinal microbiota.

So, functioning as immunostimulants, nucleotides in the shape of oligonucleotides, ssRNA from baker's yeast, imitations of dsRNA virus (poly I:C) and synthetic structures from DNA based bacteria and virus (CpG-ODN) can be used as ligands for receptors in the immune system. In fish different receptors can recognized nucleotides besides the purine

and pyrimidine receptors. Toll like receptors like TLR3, 7, 8, 9 and 22 can recognize different structures of nucleotides [49].

In the current trial, the effect of RNA from baker's yeast, with and without the presence of the inflammation inducer LPS, were examined on the rainbow trout, RTgutGC intestinal cell line. Depriving nutrients from the culture media were introduced as an additional stressor in some of the cultures.

2. Materials and methods

2.1. Fish cell line

The RTgutGC cell line was isolated from rainbow trout (*Oncorhynchus mykiss*). This cell line origin from the distal portion of the intestine, isolated from a female rainbow trout, and is the only fish intestinal epithelial cell line available for research purposes [1]. The cell line was routinely cultivated as described by Ref. [1]. In short, cells were cultured in Leibovitz -15 medium (L-15) without phenol red (21083027, Gibco, Basel, Switzerland) supplemented with 10% fetal bovine serum (FBS, F7524, Merck, Darmstadt, Germany), 2% 2 mM glutamaxTM 100X (Gibco cat # 35056) and 1% Antibiotic Antimycotic Solution (A5955, Merck, Darmstadt, Germany). The cells were grown in Nunc EasY 75 cm² flasks (156499, ThermoFisher Scientific) at 19 °C, and split 1:2 when confluent by 0.25% trypsin in PBS (P10-021100, Pan Biotech, Aidenbach, Germany).

600 000 cells/well were seeded into 6 well plates (CS3506, Corning Costar, Arizona, USA) for this experiment. After 24 h, media were changed to either complete medium (CM) L15 (L5520, Sigma-Aldrich, Buchs, Switzerland) containing 10% FBS (F7524, Merck, Darmstadt, Germany), 2% 2 mM glutamax and 1% Antibiotic Antimycotic Solution (A5955, Merck, Darmstadt, Germany), or a nutrient deprived (DM) version containing 5% FBS (F7524, Merck, Darmstadt, Germany), no added glutamax, and 1% Antibiotic Antimycotic Solution (A5955, Merck, Darmstadt, Germany). After medium change, some of the cell cultures were exposed to 1 mg/mL RNA from baker's yeast (R6750, Sigma-Aldrich, Buchs, Switzerland). The cells reached 90-95% confluency after 72 h, cultured with and without RNA from baker's yeast, and LPS 100 μ g/mL (L7018, Merck, Darmstadt, Germany) was added to selected wells. Control cultures without addition of RNA from baker's yeast or LPS were included. The cells were harvested 48 h and 72 h following LPS challenge.

2.2. Harvesting for RNA isolation

RTgutGT cells were homogenized directly in 600 μl RTL-Plus buffer (RNeasy ®Plus kit Qiagen) using a syringe and frozen at $-80~^\circ C$ before RNA extraction.

2.3. RNA extraction and conversion into cDNA

Total RNA was extracted using RNeasy ®Plus kit (Qiagen) according to the manufacturer's instructions, and frozen at -80 °C. The quantity and quality of RNA was assessed using the NanoDrop ND-1000 UV Spectrophotometer (NanoDropTechnologies, Wilmington, DE, USA) and the Agilent 2100 Bioanalyzer (Agilent Technologies, Palo Alto, CA, USA). RNA integrity was assessed using the RNA 6000 Nano LabChip® kit (Agilent Technologies, Palo Alto, CA, USA) following the instructions from the supplier. The samples used in this experiment had 260/280 nm absorbance ratios of 2.0 \pm 0.1 and 260/230 nm ratios of 2.4 \pm 0.1 (mean \pm STDEV, n= 24) and RIN-values between 8 and 10 indicating RNA samples suitable for RT-qPCR. Reverse transcriptase was used to convert the RNA template into the more stable cDNA for use in quantitative PCR. A standard curve was made of pooled samples and serial dilutions from 500 to 10 ng were run in triplicates into 96 well PCR plates (VWR, AB06000). The remaining samples were individually diluted and added the RT reaction mix (TaqMan reverse transcription

reagents) prepared. A nonamplification control (nac) and a non-template control (ntc) were added to the PCR plates. The RT reaction was performed with a CFX96TM Thermal Cycler (Bio-RAD system) starting with an incubation step for 10 min at 25 °C, continuing with RT reaction at 48 °C for 60 min by using oligo dTprimers (2.5 μ M) in 30 μ L total volume, and finally with 5 min inactivation at 95 °C. The PCR plates were stored at -20 °C.

2.4. RT-QPCR

Gene expression was quantified with qPCR on the Light Cycler 480 (Roche Applied Sciences, Basel Switzerland). Real Time plates were run on qPCR with a CF384TM Real-Time system (Bio-RAD system, C1000 Touch Thermal Cycler) and the following program: 5 min activation and denaturizing step at 95 °C followed by 45 cycles of 10s denaturizing step at 95 °C, 20s annealing step at 60 °C and a 30s synthesis step at 72 °C, followed by a melt curve analysis and cooling to 4 °C. The Bio-RAD CFX MAESTRO system was used to determine a normalization factor from two reference genes and used to calculate mean normalized expression for the target genes. The stability of the reference genes was calculated by the Bio-RAD system. *Elf1* and *mucin* were the most stable genes in this experiment and used as reference genes (Table 1).

2.5. Statistical analyses

Gene transcription differences between RTgutGC cells cultured in complete L15 medium (cL15), in L-15 medium deprived of nutrients and treatment differences under these conditions, were analyzed by Two Ways ANOVA, with Tukey's multiple comparison test ($\alpha = 0.05$) as indicated. GraphPad Prisms version 8.0 software was used. Significant differences between CM and DM and between treatments are indicated by letters: $a \neq b \neq c$. Treatment differences compared to respective controls not treated with LPS or RNA from baker's yeast, are indicated by *.

3. Results

At the cell harvesting points, 48 h and 72 h post LPS challenge, RNA from baker's yeast (with or without LPS) had been cultured with RTgutGC for 120 h (5 days) and 144 h (6 days) respectively.

3.1. Transcription of immune related genes (IL-1 β , IL-8, INF1, TNF α , TLR3) in RTgutGC cells

Challenging RTgutGC cells with LPS for 72 h induced significantly (p = 0.0062) *IL-1\beta* transcription above the respective control cultures. RNA from baker's yeast induced *IL-1\beta* transcription when measured 48 h (p = 0.0098) and 72 h (p = 0.0467) post LPS challenge. Combining RNA from baker's yeast and LPS, further increased *IL-1\beta* transcription 48 h and 72 h post LPS challenge, but only in RTgutGC cells grown in CM (p < 0.0001). Interaction p = 0.0002. (Fig. 1A).

LPS was the only treatment that induced *IL-8* transcription in these cells, significantly only 72 h (p < 0.0001) post LPS challenge. Combining LPS and RNA from baker's yeast did not increase the LPS induced transcription but the responses were significantly different from respective controls both at 48 h (p = 0.0001) and 72 h (p = 0.0005) post LPS challenge (Fig. 1B).

RNA from baker's yeast, with or without the presence of LPS, induced *INF1* transcription (p < 0.0004) in RTgutGC cells measured 48 h and 72 h following LPS treatment. RTgutGC cells grown in DM and added RNA from baker's yeast increased *INF1* expression 72 h post LPS challenge when compared to cells grown in CM ($a \neq b$, p = 0.0159, $b \neq c$, p < 0.0001). Interaction p = 0.0020. (Fig. 1C).

TNF α was transcribed in RTgutGC cells when exposed to RNA from baker's yeast and in the combination RNA from baker's yeast + LPS following 48 h and 72 h post LPS challenge (p < 0.0001) (Fig. 1D).

TLR3 transcription was induced by LPS or RNA from baker's yeast, and in combination, in RTgutGC cells when measured 48 and 72 h following LPS challenge (p < 0.0054) (Fig. 1E).

3.2. Gene transcription of immune related signaling molecules (irf3, Myd88, $Nf\kappa\beta$, ticam/trif) in RTgutGC cells

In RTgutGC cells, the interferon regulatory factor, *irf3*, was equally induced by LPS or RNA from baker's yeast, or in combination, compared to the respective controls (p < 0.0004), measured 48 h and 72 h following LPS treatment (Fig. 2A).

RTgutGC cells transcribed *Myd88* constitutively, but the transcription was not affected by any of the treatments measured at 48 h and 72 h post LPS treatments (Fig. 2B).

RNA from baker's yeast cultured with or without LPS induced significant $Nf\kappa\beta$ transcription in RTgutGC cells when measured 48 h and 72 h post LPS challenge (p < 0.0155) compared to respective controls.

Table 1 Primer sequences

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Primers	Forward	Reverse	Accesion number
INF1 ^a	CTTGAGCGCAGAATACCTT	TCCTCAAACTCAGCATCATC	FJ184371.1
			AY788890.1
GST-π	TATTGTGGGCTAATGTGTAAGAT	CCCYGAAGAGCTTTGTCG	AB026119.1
ABCC2	CGCTTCCTCAAACACAACGAG	GAACTCTAGACGGATGGCCAG	NM_001124655
IL-1 β	TCCCCATTGAGACTGAAGCC	TTGAGACGGAAAGCAGACGA	AJ223954.1
FAS	ATGCGTATCCAAGCCCAAA	CCCACCAATCCTGGTCATCC	BT073300
GDH	TGTCGGTCGATGAGGTGAAA	TGGCTCCTCCAAATGGAACA	AJ556997
GLS01	TGGGCCATGTGAAGGTATA	ACGCCAAAGTCTTCACACAC	AF390021
IL-8	ATTGAGACGGAAAGCAGAC	CTCAGAGTGGCAATGATCTC	NM_001140710.2
			NM_001124362.1
tnfα	GTGATGCTGAGTCCGAAAT	GTCTCAGTCCACAGTTTHTC	AJ277604.2
			AJ401377.1
TLR3	CTCATCCTCAGCCCTATGT	GCTTGAACGGAGAGGTATTC	DQ459470.1
irf3	AAGCTCACTTCAGGGTTTC	CAGAAGCGGTTGTGTAAGT	NM_001257262.1
			HF565492.1
Myd88	GATGCCTTCATCTGCTACTG	CAAACACACACAGCTTCAAC	AJ878918.1
			NM_001124421.1
nfκβ	CACAGCCAGTTCAGTAACC	TTGCCTCCTCTTCTCATCTC	[27]
trif	GCTAACCATCTGGCTGAAA	CACGGTACACTCTTGGAAAG	[27]
Elf1	TGCCCCTGGACACAGAGATT	CCCACACCACCAGCAACAA	NM_001124339
mucin	TCAACACATTCTCTGACACC	GGCAGTTACTGTACCAAGTC	[27]

^a Primer pair detects long and short forms of interferons [27].



Fig. 1a. Transcription of immune related genes in RTgutGC cells. (A) Challenging RTgutGC cells with LPS for 72 h induced significantly (p = 0.0062) *IL-1\beta* transcription above respective control cultures. RNA from baker's yeast induced *IL-1\beta* transcription when measured 48 h (p = 0.0098) and 72 h (p = 0.0467) post LPS challenge. Combining RNA from baker's yeast and LPS further increased *IL-1\beta* transcription 48 h and 72 h post LPS challenge, but only in RTgutGC cells grown in CM (p < 0.0001). Interaction, p = 0.0002.





Fig. 1b. LPS was the only treatment that induced *IL-8* transcription in these cells, significantly only 72 h (p < 0.0001) post LPS challenge. Combining LPS and RNA from baker's yeast did not increase the LPS induced transcription but the responses were significantly different from respective controls both at 48 h (p = 0.0001) and 72 h (p = 0.0005) post LPS challenge.

LPS alone induced significant $Nf\kappa\beta$ expression when measured 72 h post LPS challenge (p = 0.0038) (Fig. 2C).

RNA from baker's yeast added to RTgutGC cells significantly induced *ticam/trif* transcription when harvested 48 h post LPS challenge. In these cells, the general *ticam/trif* transcription seemed to decline when measured 72 h post LPS challenge, but only significantly in control cultures (p = 0.0027) (Fig. 2D).

3.3. Gene transcription of a multidrug transporter (ABCC2), detoxification enzyme glutathione transferase (GST- π), glutamate dehydrogenase (GDH), fatty acyl synthase (fas) and glutamine synthase 1 (GLS01) in RTgutGC cells

Gene transcription of the transporter protein *ABCC2* was induced at 48 h (p < 0.0001) and 72 h (p < 0.0001) after LPS treatments, compared to controls at 48 h and 72 h. When the RTgutGC cells were

cultured in CM, LPS induced transcription of *ABCC2* was significantly higher than gut cells cultured in DM ($a \neq b.p = 0.0038$) 48 h post LPS treatment. Interaction p = 0.0472. (Fig. 3A).

GST- π transcription was down-regulated (p = 0.0004) when RTgutGC cells were treated with LPS for 48 h (p = 0.0004) compared to the respective controls. Reducing L-15 medium of glutamine and less FBS seemed to give a general reduction in the transcription of *GST*, but significantly only in control cultures measured at 48 h ($a \neq b, p < 0.0001$) and 72 h ($a \neq b, p = 0.0098$) post LPS challenge. Interaction p = 0.031 (Fig. 3B).

Glutamate dehydrogenase (*GDH*) and fatty acyl synthase (*fas*) was transcribed constitutively and equally in all cultures tested (Fig. 3C and Fig. 3D, respectively).

GLS01 was induced at 48 h (p = 0.0121) and 72 h (p < 0.0001) following LPS challenge as compared to control RTgutGC cultures (Fig. 3E).



Fig. 1c. RNA from baker's yeast, with or without the presence of LPS, induced *INF1* transcription (p < 0.0004) in RTgutGC cells measured 48 h and 72 h following LPS treatment. RTgutGC cells grown in DM and supplemented with RNA from baker's yeast, with or without LPS, increased *INF1* expression 72 h post LPS challenge when compared to cells grown in CM ($a \neq b.p = 0.0159$) ($b \neq c, p < 0.0001$). Interaction p = 0.0020.



Fig. 1d. *TNF* α was transcribed in RTgutGC cells when exposed to RNA from baker's yeast and in the combination RNA from baker's yeast + LPS following 48 h and 72 h post LPS challenge (p < 0.0001).

4. Discussion

The lack of cell lines for studying signaling pathways in fish make the intestinal cell line a valuable tool. Especially since experiments in whole fish are to be avoided due to fish welfare. Signaling pathways cannot be evaluated *in vivo* in a controllable way, which means that too many other biological cues influence the results, making it difficult to understand the pathways.

Antigen uptake in the gastrointestinal tract may induce tolerance, lead to an immune response or to infections [37,49–52].

In this experiment, both RNA from baker's yeast and LPS induced expression of several mRNA transcripts in the RTgutGC cell line. LPS stimulated transcription of *IL-1* β , *IL-8*, *TLR3*, *NF* $\kappa\beta$, *irf3*, and the efflux transporter *ABCC2* and glutamine synthase 1, *GLS01*. LPS signaling in teleost seems to differ from mammals as mammalian TLR4 binding to microbial ligand requires MD-2 and CD14 costimulatory molecules [53].



RTgutGC, TLR3

Fig. 1e. *TLR3* transcription was induced by LPS or RNA from baker's yeast, and in combination, in RTgutGC cells when measured 48 and 72 h following LPS challenge (p < 0.0054). (LPS 72 h had only one suitable value therefore no SD in this particular measurement).



Fig. 2a. Transcription of immune related signaling molecules in RTgutGC cells. (A) In RTgutGC cells, *irf3* was equally induced by LPS or RNA from baker's yeast, or in combination, compared to respective controls (p < 0.0004), measured 48 h and 72 h following LPS treatment.

MD2 and CD14 are absent from all fish and amphibian genomes examined to date [54,55]. Interestingly, TLR4 has recently been cloned and characterized in several fish species [56–60]. Still, it seems that LPS is not recognized by fish TLR4 but may be recognized via other, presently unidentified receptors [61]. In mammals LPS activates TLR4 connected to MD2 and CD14 and activates myeloid differentiation adaptor molecule, Myd88, which activates MAPK and NF $\kappa\beta$ downstream. Myd88 is a key adaptor protein required for signaling through all Toll like receptors except Toll like receptor 3 [62,63]. Also, the TIR domain containing adaptor inducing interferon β (TRIF) -dependent pathway is initiated from TLR4 containing endosomes and results in irf3 activation [64]. In fish the signaling pathway starting with LPS binding to its unknown ligand and possible adapters has not yet been fully understood. However, it is well known that LPS can activate Myd88 inducing downstream activation of MAPK and NF $\kappa\beta$. In the present experiment, *Myd88* transcription was not activated by LPS although *NF\kappa\beta* transcription was significantly upregulated when measured 48 h and 72 h post LPS challenge. These observations could be due to the prolonged RTgutGC cell culturing and harvesting as LPS challenge for 24 h was reported to trigger *Myd88* induction in RTgutGC cells [27]. Neither did LPS induce

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Fig. 2b. RTgutGC cells transcribed Myd88 constitutively, and the transcription was not affected by any of the treatments measured at 48 h and 72 h post LPS treatments.



Fig. 2c. RNA from baker's yeast cultured with or without LPS induced significant $Nf\kappa\beta$ transcription in RTgutGC cells when measured 48 h and 72 h post LPS challenge (p < 0.0155) compared to respective controls. LPS alone induced significant $Nf\kappa\beta$ expression when measured 72 h post LPS challenge (p = 0.0038).

any *trif* transcription at 48 h and 72 h post LPS challenge, even though *irf3* transcription was detected at these points. Again, these observations may be due to prolonged culturing as control cultures and RNA from baker's yeast exposed cells harvested at 72 h (144 h for baker's yeast) downregulated *trif* expression compared to the expression at 48 h, respectively. Different immune genes have also different "peaks" depending on specie, tissue, stimulant and stimulation time. Other

groups of genes may have different time frames for optimal expression.

RNA from baker's yeast did not induce *Myd88* transcription but triggered transcription of *TLR3*, *NF\kappa\beta*, *trif*, *irf3*, *TNF\alpha* and *INF1*. In mammals, viral TLRs (TLRs 3, 7, 8, 9) are located within endosomes and recognize viral RNA and DNA, TLR 7/8 sense ssRNA and TLR3 recognize dsRNA [65]. However, in zebrafish the modulation of TLR3 gene expression was reported following infection with a single stranded virus

RTgutGC, Myd88



Fig. 2d. RNA from baker's yeast added to RTgutGC cells significantly induced *ticam/trif* transcription when harvested 48 h post LPS challenge. In these cells, the general *ticam/trif* transcription seemed to decline when measured 72 h post LPS challenge, but only significantly in control cultures (p = 0.0027).



Fig. 3a. Transcription of transporter (ABCC2), detoxification enzyme (GST), glutamate dehydrogenase Fatty acid metabolism (GDH). enzyme (Fas) and glutamine synthase 1 (GLS01) in RTgutGC cells. (A) Gene transcription of the transporter protein ABCC2 was induced 48 h (p < 0.0001) and 72 h (p < 0.0001) after LPS treatment, compared to controls at 48 h and 72 h. When the RTgutGC cells were cultured in CM, LPS induced transcription of ABCC2 was significantly higher than gut cells cultured in DM ($a \neq b, p$ 0.0038). When harvested 48 h following LPS challenge. Interaction p = 0.0472

(ssRNA hemorrhagic septicemia virus VHSV) [66] and the double stranded RNA mimic, Poly I:C, protected Japanese flounder (*P.olivaceous*) following VHSV infection as reported in Ref. [67]. Suggesting that RNA from baker's yeast may be recognized by TLR3 in this RTgutGC cell line and/or possibly to other TLRs [22]. Another option is that the TLR3 primer pairs used in this experiment could also be designed to recognize both single stranded and double stranded RNA. TRIF (TICAM-1) is the functional adapter for both TLR3 and TLR4 in mammals [67], and TLR3 in teleost [68] that may induce NF $\kappa\beta$, irf3, type1interferons and Myd88 independent dendritic cell maturation.

In RTgutGC cell line, only RNA from baker's yeast triggered

transcription of $TNF\alpha$, trif and INF1 and maintained the transcription of INF1 during prolonged culturing and when nutrients were depleted in the medium. For further studies, RNA from baker's yeast should be examined together with virus or virus mimic to elucidate the presence and role of different TLRs in the gut cell line and their role in the anti-viral response.

Besides functioning in immune responses against pathogens, cytokines have been suspected to interact with the tight-junction complexes by rearrangements, down-regulation or internalization of tight junction related proteins. Changes in tight junction have been shown to affect the barrier permeability of the intestinal epithelium and often leads to

RTgut GC, GST- π



Fig. 3b. *GST*- π transcription was down-regulated (p = 0.0004) when RTgutGC cells were treated with LPS for 48 h (p = 0.0004) compared to respective controls. Depriving L-15 medium of glutamine and less FBS seemed to give a general reduction in the transcription of *GST* π , but significantly only in control cultures measured at 48 h ($a \neq b, p < 0.0001$) and 72 h ($a \neq b, p = 0.0098$) post LPS challenge. Interaction p = 0.0311.



Fig. 3c. Glutamate dehydrogenase (GDH) was transcribed constitutively and equally in all cultures tested.

diseased intestinal states [69,70]. Information on the connection between immune parameters and intestinal barrier in the RTgutGC cell line as well in whole fish is scarce. However, the evidence of a functional barrier in the trout RTgutGC cell line [71] is emerging. In salmonids, whole fish, IL-1 β and IL-6 decrease physical barrier tightness while interferons strengthen barrier functionality [72]. The effect of proinflammatory cytokines and how RNA from baker's yeast may modulate intestinal barriers functions should be investigated further in this cell line.

Transcription of *ABBC2* transporter was induced 48 h and 72 h post LPS challenge in the RTgutGC cell line, indicating a function also in

inflammatory responses. This was not observed challenging the cells with RNA form baker's yeast and LPS together. Probably RNA form baker's yeast inhibited the LPS induced response of this gene. This was also observed for the GLS01 transcript. Efflux activities are probably mediated by ABBC1-3 [73] and are catalogized as phase three cellular detoxification proteins. GST is also a detoxification protein present in rainbow trout intestines as GST activity was increased when arsenite III was included in the feed. The arsenite III was transported by ABCC and was expressed in rainbow trout middle intestine and liver [74]. However, cell lines, derived from different tissues have often a high constitutively expression of these transporters compared to respective tissues



Fig. 3d. fas was transcribed constitutively and equally in all cultures tested.



RTgutGC, GLS01

Fig. 3e. GLS01 was induced 48 h (p = 0.0121) and 72 h (p < 0.0001), following LPS challenge as compared to control RTgutGC cultures.

[75]. The functional significance of these ABC efflux transporters must be further addressed particularly before using these cells for toxicological studies.

Previously it was noticed that after seven days of severe depletion of nutrient, only L-15 with salts, the RTgutGC cell line still adhered to the plastic surface where the cells were grown, indicating that the cell line not are particularly sensitive to nutrient depletion [76]. Although the cells got wounded, adding complete L-15 to the cells resulted in rapid repair. In the present experiment, culturing cells in DM reduced, and prolonged culturing with RNA from baker's yeast did not increase the *IL-1\beta* transcription. In contrast, culturing RTgutGC cells in DM but in the

presence of RNA from baker's yeast for a prolonged period of time (120 h and 144 h) seemed beneficial for INF1 transcription. Again, suggesting that RNA from baker's yeast may be protective during viral infections. The detoxification enzyme, GST, transcription was affected by DM but only significantly in control cultures compared to RTgutGC cells cultured in CM. This is interesting since the expression of this detoxification enzyme seemed to be dependent on optimal nutrition during LPS challenge, (which is known to interfere with detoxification signals [77, 78].

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5. Summary

The results indicate that RNA from baker's yeast alone affects immune gene expression and can modulate bacterial and viral induced inflammatory responses.

The RTgutGC cell line provides a convenient, control-able and costeffective way to study fish intestinal signaling pathways following intestinal cell challenging with dietary poly-ribonucleotides, the inflammatory inducer LPS and their interactions. In the RTgutGC cell line, LPS is recognized by its yet unknown ligand(s) and RNA from baker's yeast seem to be recognized by TLRs initiating downward signaling through MAPK and NF $\kappa\beta$, irf3 and ticam/trif, regulating the transcription of proinflammatory cytokines and markers.

Author contributions

Marit Espe and Elisabeth Holen were responsible for the experimental design, Maren Austgulen Hoff performed the cell experiment. Elisabeth Holen wrote the manuscript and manuscript was reviewed and edited by Marit Espe. All authors approved the final version.

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Author statement

Elisabeth Holen planned, wrote and edited the manuscript. Marit Espe planned and edited the manuscript.

Maren Austgulen Hoff did the practical cell culture work.

Declaration of competing interest

This work contain no financial, commercial or any other conflicts of interest.

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