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The combined impact of plant-derived dietary ingredients and acute stress on the intestinal arachidonic acid cascade in Atlantic salmon (*Salmo salar*)

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A study was conducted to assess the effect of substituting high levels of dietary fish oil (FO) and fishmeal (FM) for vegetable oil (VO) and plant protein (PP) on the intestinal arachidonic acid (AA) cascade in the carnivorous fish species Atlantic salmon. Four diets were fed to salmon over a period of 12 months, including a control FMFO diet, with varying replacements of plant-derived ingredients: 80 % PP and 35 % VO; 40 % PP and 70 % VO; 80 % PP and 70 % VO. Subsequently, fish were examined pre- (0 h) and post- (1 h) acute stress for blood parameters and intestinal bioactive lipidic mediators of inflammation (PG). Plasma cortisol responses were greatest in the FMFO group, while 80 % PP and 70 % VO fish exhibited increased plasma chloride concentrations. The *n*-3:*n*-6 PUFA ratio in intestinal glycerophospholipids from 70 % VO groups significantly decreased in both proximal and distal regions due to elevated levels of 18:2*n*-6 and the elongation/desaturation products 20:2*n*-6 and 20:3*n*-6. Increases in *n*-6 PUFA were not concomitant with increased AA, although the AA/EPA ratio did vary significantly. The 40 % PP and 70 % VO diet produced the highest intestinal AA/EPA ratio proximally, which coincided with a trend in elevated levels of PGF_{2α}, PGE₂ and 6-keto-PGF_{1α} in response to stress. PGE₂ predominated over PGF_{2α} and 6-keto-PGF_{1α} (stable metabolite of PGI₂) with comparable concentrations in both intestinal regions. Cyclo-oxygenase-2 (COX-2) mRNA expression was an order of magnitude higher in distal intestine, compared with proximal, and was significantly up-regulated following stress. Furthermore, the 80 % PP and 70 % VO diet significantly amplified proximal COX-2 induction post-stress. Results demonstrate that high replacements with plant-derived dietary ingredients can enhance COX-2 induction and synthesis of pro-inflammatory eicosanoids in the intestine of salmon in response to acute physiological stress.

Cyclo-oxygenase: Eicosanoid: PUFA: PG

Limited marine resources dictate the increased use of terrestrial plant-derived proteins and oils in formulated diets for farmed fish species⁽¹⁾. However, feeding essentially vegetable ingredients to carnivorous fish species introduces foreign compounds to the gastrointestinal tract, which may or may not be tolerated. In mild cases, plant anti-nutritional factors (ANF) reduce digestibility by direct nutrient binding, inhibition of digestive enzymes or adsorption to the intestinal mucosal epithelium^(2,3). More severely, certain ANF elicit inflammatory, or enteritis-like, responses that result in abnormal intestinal morphological changes and development of mucosal lesions⁽²⁾. Observed effects of feeding soyabean meal to Atlantic salmon include shortening of intestinal mucosal folds and brush border microvilli, widening of lamina propria, infiltration of immune cells, reduction in enterocytic supranuclear vacuoles and goblet cell hypertrophy and hyperplasia^(4–8). Furthermore, substituting vegetable oils (VO) for fish oil (FO) ingredients naturally decreases the high *n*-3:*n*-6 PUFA ratio of

a carnivorous fish's evolutionary consistent diet⁽⁹⁾. Alteration of the dietary *n*-3:*n*-6 PUFA ratio can subsequently affect the production of potent bioactive lipidic mediators of inflammation, termed as 'eicosanoids', which are synthesised from C20 PUFA in cellular membranes⁽¹⁰⁾.

In opposition to mammals, EPA (20:5*n*-3) predominates over arachidonic acid (AA; 20:4*n*-6) in membrane phospholipids of salmonid fish, although AA appears to be conserved in phosphatidylinositol⁽¹¹⁾. Although VO contain negligible amounts of AA, the situation is complicated further due to them being rich in linoleic acid (18:2*n*-6) and linolenic acid (18:3*n*-3), which can be converted to dihomo- γ -linolenic acid (DGLA; 20:3*n*-6) and 20:4*n*-3, respectively, by Δ 6 desaturase and elongase, and further to AA and EPA, respectively, by Δ 5 desaturase⁽¹²⁾. Consequently, feeding oils rich in 18:2*n*-6 has resulted in increased levels of AA in membrane phospholipids of Atlantic salmon tissues; an effect that can be attenuated by including a source of 18:3*n*-3, which

Abbreviations: AA, arachidonic acid; ANF, anti-nutritional factor; COX-2, cyclo-oxygenase-2; cPLA₂, cytosolic phospholipase A₂; DGLA, dihomo- γ -linolenic acid; FM, fishmeal; FMFO, control diet of 100 % FM and 100 % fish oil; FO, fish oil; PLA₂, phospholipase A₂; PP, plant protein; Tris, 2-amino-2-hydroxymethylpropane-1,3-diol; VO, vegetable oil; 40PP70VO, 40 % PP and 70 % VO replacement in diet; 80PP35VO, 80 % PP and 35 % VO replacement in diet; 80PP70VO, 80 % PP and 70 % VO replacement in diet.

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competitively inhibits desaturation/elongation of 18:2n-6⁽¹³⁾. It has been suggested that pathologies associated with feeding diets low in n-3:n-6 PUFA ratios and increased membrane AA are due to overproduction of AA-derived, or dienoic, eicosanoids. However, few studies have examined the dual impact of substituting both fishmeal (FM) and FO for plant protein (PP) and VO on the intestine, especially with respect to inflammatory mediators such as eicosanoids. Thus, due to altered fatty acid composition of membranes from VO and ANF from PP, there is potential for a severe inflammatory response in the intestine of salmon.

Inflammation is coordinated locally by an array of cytokines, chemokines, neuropeptides and eicosanoids in response to acute or chronic tissue insult⁽¹⁴⁾. The prostanoid eicosanoids, which include PG and prostacyclins, particularly affect vascular tone and permeability allowing blood plasma exudation and tissue oedema⁽¹⁵⁾. PG are highly potent autacoids that are directly synthesised from AA, EPA and DGLA in cellular membranes and provide an important link between lipid nutrition and severity of inflammatory responses⁽¹⁶⁾. The fatty acid composition of cellular membranes is significantly influenced by dietary fatty acid composition thereby determining the species of C20 PUFA available for PG synthesis. Derivatives of AA are by far the most biopotent eicosanoids over EPA and DGLA, and, consequently, the whole sequence from extracellular stimulus to liberation of AA from cellular membrane phospholipids by phospholipase A₂ (PLA₂) to synthesis of eicosanoids by cyclo-oxygenase (COX), lipoxygenase and P450 cytochrome enzymes is termed as the 'AA cascade'⁽¹⁷⁾. However, it is the prostanoids, COX being the first committed step in PG synthesis, which are involved in gastrointestinal cytoprotection⁽¹⁸⁾.

Therefore, the aim of the present study was to examine key steps in the intestinal AA cascade in response to varying replacement ratios of plant-derived protein and oils. Additionally, as it is known that physiological stress can also affect the intestine⁽¹⁹⁾, fish were challenged with 15 min of acute stress. In mammals, acute stress influences intestinal barrier function by secreted corticotrophin-releasing factor via the hypothalamic–pituitary–adrenal axis or through secreted acetylcholine and serotonin via the enteric nervous system⁽²⁰⁾. Neurotransmitters also stimulate mucosal mast cells to produce a variety of inflammatory mediators, including PG, in response to stress, which stimulate epithelial ion secretion, increase paracellular and transcellular permeability and recruit immune cells⁽²¹⁾. Maintenance of intestinal epithelial integrity is essential in marine fish, due to continual intake and contact with the aquatic milieu, where proximal and distal regions function to regulate digestion and water/electrolyte balance, respectively⁽⁹⁾.

Experimental methods

Experimental animals, diets and stress

Approximately, 6000 Atlantic salmon smolts (355 (SD 92) g) were obtained from AkvaGen A/S (Tingvoll, Norway) and distributed equally between twelve 10 m³ indoor fibreglass tanks at Matre Research Station (Institute of Marine Research, Matredal, Norway). Tanks were supplied continuously with

seawater (34.9 g/l salinity) at a flow rate of 52 l/min, maintained at a constant temperature of 8.9°C (±0.1°C) and O₂ saturation of >80%. Fish were kept under a natural lighting diet regimen except during the October to March period where a 10 h light:14 h dark diet regimen was employed. Both institutional and national guidelines for the care and use of animals were followed, and all experimental procedures were approved by the National Animal Research Authority of Norway.

Four isoenergetic, isolipidic and isoproteic diets were utilised in the experiment, which included a control diet of 100% FM and 100% FO in addition to three experimental diets of varying replacement with PP for FM and VO for FO: 80% PP and 35% VO; 40% PP and 70% VO; 80% PP and 70% VO (Table 1). A blend of rapeseed oil, palm oil and linseed oil (55:30:15, v/v) was utilised as the VO source, while a mixture of maize gluten, wheat gluten and soya concentrate was utilised as the PP source with a minor inclusion of krill meal to enhance palatability and feed intake⁽²²⁾. The VO blend was formulated to obtain a fatty acid profile of saturated, monounsaturated and n-3 PUFA as similar as possible to capelin oil (Table 2). Diets were produced by Skretting ARC (Stavanger, Norway). Fish were fed to satiation twice a day for 12 months by automated feeders followed by collection of excess feed from the tanks. Fish growth, feed intake, nutrient digestibility and utilisation were assessed as previously described and reported⁽²³⁾.

After the 12-month nutritional trial had elapsed, ten fish per tank, which had previously been unfed for 24 h, were bulk anaesthetised in 0.4% (w/v) benzocaine and sacrificed by a sharp blow to the head. This represented unstressed fish at 0 h. Immediately after sampling, the water level was lowered to 10 cm and the remaining fish chased with a net for 15 min to represent acute stress. One hour post-stress (1 h), the fish were again anaesthetised and sacrificed for analysis. The intestine was removed from each fish and the intestinal lumen washed with saline. Samples from proximal and distal regions were taken for molecular biology and frozen in liquid nitrogen. The intestinal mucosa was then collected from proximal and distal regions, with the aid of a glass slide, and frozen in liquid nitrogen for analysis of cytosolic PLA₂ (cPLA₂) activity, PG content and fatty acid composition.

Blood chemistry analyses

Immediately after fish were sacrificed, blood was taken from the caudal vein of fish using heparinised syringes and needles. Haematocrit was measured using heparinised microcapillary tubes and a Compur M1100 haematocrit centrifuge. One hundred microlitres of blood were transferred to Eppendorf tubes and frozen in liquid nitrogen for analysis of Hb. Remaining blood was centrifuged at 13 000 g for 1 min, and the plasma frozen in liquid nitrogen for subsequent assay of cortisol, glucose, lactate, chloride and thiobarbituric acid-reactive substances concentration in addition to glutamate oxaloacetate transaminase, glutamate pyruvate transaminase and alkaline phosphatase activity. Blood Hb was quantified using a commercial kit (QuantiChrom Hemoglobin Assay kit, Universal Biologicals Ltd, Cambridge, UK). Plasma glucose, lactate,

Table 1. Formulation and proximate composition of experimental diets

	Diet			
	FMFO	80PP35VO	40PP70VO	80PP70VO
Ingredient (%)				
Fishmeal*	56.0	12.0	30.0	12.0
Extracted soyabean meal	—	11.0	1.4	11.0
Krill meal†	—	5.0	2.5	5.0
Wheat	15.7	12.3	12.7	12.4
Maize gluten	—	15.0	15.0	15.0
Wheat gluten	—	15.0	9.0	15.0
Fish oil‡	28.0	18.8	8.4	8.6
Rapeseed oil	—	5.6	11.0	11.0
Palm oil	—	3.2	6.1	6.1
Linseed oil	—	1.8	3.6	3.6
Vitamin and mineral premix§	0.3	0.3	0.3	0.3
Proximate composition				
DM (%)	92.3	92.5	92.4	93.2
Protein (% DM)	42.2	42.4	41.2	42.6
Fat (% DM)	34.3	31.8	33.9	32.8
Starch (% DM)	9.1	8.8	8.1	8.6
Ash (% DM)	6.7	5.4	6.5	5.4
Energy (kJ/g DM)	25.1	25.4	25.4	25.3

FMFO, control diet of 100% fishmeal and 100% fish oil; 80PP35VO, 80% plant protein and 35% vegetable oil replacement in diet; 40PP70VO, 40% plant protein and 70% vegetable oil replacement in diet; 80PP70VO, 80% plant protein and 70% vegetable oil replacement in diet.

* Fishmeal South American LT (Consortio, Peru).

† Krill meal (Aker Seafoods Antarctic ASA, Oslo, Norway).

‡ Fish oil Nordic (Nordsildmel, Norway).

§ Vitamin and mineral supplementation is estimated to cover requirements according to NRC, 1993.

176 chloride, glutamate oxaloacetate transaminase, glutamate pyr-
 177 uvate transaminase and alkaline phosphatase were measured
 178 using the COBAS C111 autoanalyzer (Roche Diagnostics,
 179 Basel, Switzerland). Plasma cortisol was analysed by ELISA
 180 (RE52061 IBL-International, Hamburg, Germany) and
 181 plasma thiobarbituric acid-reactive substances as previously
 182 described⁽²⁴⁾.

183 Fatty acid analyses

184 Total lipid was extracted from diets and intestinal mucosa by
 185 the method of Folch⁽²⁵⁾. Lipid classes were separated by
 186 double-development high-performance TLC using methyl
 187 acetate–isopropanol–chloroform–methanol–0.25% aqueous
 188 KCl (25:25:25:10:9, v/v) and hexane–diethyl diethyl ether–
 189 acetic acid (80:20:2, v/v) solvent systems⁽²⁶⁾. Individual lipid
 190 classes were identified by spraying the plate with 0.1%
 191 (w/v) 2',7'-dichlorofluorescein in 95% methanol containing
 192 0.01% (w/v) butylated hydroxytoluene and visualised under
 193 UV light. Total glycerophospholipids, including phosphatidyl-
 194 choline, phosphatidylethanolamine, phosphatidylinositol and
 195 phosphatidylserine, were collectively isolated from high-per-
 196 formance TLC plates and subjected to acid-catalysed transes-
 197 terification as described by Christie⁽²⁷⁾. Resulting fatty acid
 198 methyl esters were resuspended in hexane and quantified by
 199 GC using a HP 5890 gas chromatograph equipped with a
 200 J&N Scientific, Inc. DB-23 fused silica capillary column
 201 (30 m × 0.25 mm inner diameter). **Hydrogen was used as carrier**
 202 **gas and temperature programming was 50–150°C (40°C/min),**
 203 **150–180°C (1.5°C/min) and 180–192°C (0.5°C/min), to a final**
 204 **temperature of 220°C (40°C/min).** Fatty acids were identified

with reference to authentic standards and peak areas quantified
 by HP Chemstation software.

PG analysis

Frozen intestinal mucosa was weighed (approximately 1 g)
 and immediately homogenised in 4 ml of 50 mM 2-amino-2-
 hydroxymethyl-propane-1,3-diol (Tris)–HCl buffer (pH 7.4),
 containing 1 mM EDTA, with thirty up-and-down strokes of
 a Potter–Elvehjem homogeniser kept on ice. The resulting
 homogenate was immediately adjusted to 50% (v/v) metha-
 nol, and 250 ng PGB₂-d₄ was added as a stable isotope internal
 standard. Samples were centrifuged at 10 000 g for 15 min to
 precipitate protein and mucus. Clear supernatants were acidi-
 fied to pH 3.5 by the addition of 0.1 M acetate buffer to yield a
 final methanol content of 15% (v/v). Acidified supernatants
 were then applied to 6 ml solid-phase extraction cartridges
 (Waters Corporation, Milford, MA, USA) that had been pre-
 conditioned with 20 ml methanol and 20 ml ddH₂O. Cartridges
 were subsequently washed with 20 ml of 15% (v/v) methanol,
 20 ml ddH₂O and 10 ml hexane⁽²⁸⁾. Prostanoids were eluted
 from cartridges with 15 ml methyl formate, evaporated under
 a stream of N₂ and stored at –80°C.

Samples were resuspended in 25 µl ethanol and analysed by
 tandem MS coupled to liquid chromatography (LC/electrospray
 ionization-MS/MS). The LC system was an Agilent 1200 Series
 (Agilent Technologies, Inc., Santa Clara, CA, USA) with binary
 pump, variable volume injector and a thermostated autosampler.
 HPLC separation was conducted at 20°C using a gradient solvent
 mixture of two mobile phases: mobile phase A was 5 mM
 ammonium acetate (aqueous); mobile phase B was acetonitrile:
 5 mM ammonium acetate (aqueous; 80:20, v/v). Both mobile

Table 2. Fatty acid composition of experimental diets (% of total fatty acid methyl esters)

	Diet			
	FMFO	80PP35VO	40PP70VO	80PP70VO
14:0	6.4	5.0	2.6	2.8
16:0	15.2	15.0	16.3	16.1
18:0	2.5	2.4	2.8	2.6
20:0	0.2	0.3	0.4	0.4
16:1 <i>n</i> -7	4.7	4.1	1.9	2.1
18:1 <i>n</i> -7	2.0	2.2	2.4	2.3
18:1 <i>n</i> -9	9.5	17.6	30.0	28.9
20:1 <i>n</i> -9	6.7	5.3	3.0	3.3
20:1 <i>n</i> -11	0.5	0.4	0.2	0.2
22:1 <i>n</i> -9	0.9	1.1	1.3	1.3
22:1 <i>n</i> -11	10.4	7.7	3.5	4.1
24:1 <i>n</i> -9	1.1	0.8	0.5	0.5
18:2 <i>n</i> -6	2.3	7.5	12.8	12.7
20:2 <i>n</i> -6	0.3	0.2	0.1	0.1
20:3 <i>n</i> -6	0.0	0.0	0.0	0.0
20:4 <i>n</i> -6	0.9	0.5	0.3	0.3
18:3 <i>n</i> -3	1.4	5.3	9.4	9.3
18:4 <i>n</i> -3	3.5	2.6	1.2	1.3
20:4 <i>n</i> -3	0.7	0.5	0.2	0.3
20:5 <i>n</i> -3	9.8	7.5	3.5	3.9
22:5 <i>n</i> -3	1.2	0.8	0.4	0.4
22:6 <i>n</i> -3	13.0	8.5	5.0	4.7
SFA	25.4	23.5	22.8	22.8
MUFA	36.7	39.8	43.3	43.3
<i>n</i> -3 PUFA	30.5	26.0	19.9	20.3
<i>n</i> -6 PUFA	3.4	8.2	13.3	13.1
<i>n</i> -3: <i>n</i> -6	8.9	3.2	1.5	1.6

FMFO, control diet of 100% fishmeal and 100% fish oil; 80PP35VO, 80% plant protein and 35% vegetable oil replacement in diet; 40PP70VO, 40% plant protein and 70% vegetable oil replacement in diet; 80PP70VO, 80% plant protein and 70% vegetable oil replacement in diet.

235 phases were adjusted to pH 8.5 with ammonia solution. Five
 236 microlitres of the sample were injected onto a Thermo HyPUR-
 237 ITY C4 column (5 μ m, 100 \times 2.1 mm; Thermo Fisher Scientific,
 238 Inc., Waltham, MA, USA) at a gradient of: 1 min of 0% solvent
 239 B at flow 0.2 ml/min; 19 min of 0–50% solvent B at flow
 240 0.2 ml/min; 3 min of 100% solvent B at flow 0.2 ml/min; 5 min
 241 of 100% solvent B at flow 0.8 ml/min; 4 min of 0% solvent B
 242 at flow 1.2 ml/min. The mass spectrometer used was an
 243 Agilent 6410 Triple Quad LC/MS (Agilent Technologies, Inc.)
 244 equipped with an electrospray ionisation source. Source param-
 245 eters included: gas temp 350°C; gas flow 9 l/min; nebuliser
 246 40 psi; capillary 4000 V. Multiple reaction monitoring for data
 247 acquisition and negative ion detection was used (Table 3).
 248 MassHunter software (Agilent Technologies, Inc.) was used
 249 for HPLC system control, data acquisition and data processing.

Table 3. Multiple reaction monitoring (MRM) transitions for LC/electrospray ionization-MS/MS analysis of selected prostanoids

Prostanoid	MRM quantifier (m/z)	MRM qualifier (m/z)	Fragmentor (eV)	Collision energy (eV)
PGB ₂ -d ₄	337 → 179	—	110	18
PGE ₂	351 → 271	351 → 315	110	12
PGF _{2α}	353 → 193	353 → 309	160	25
6-Keto-PGF _{1α}	369 → 163	369 → 245	80	25

Phospholipase A₂ activity 250

Intestinal samples were homogenised as described above and
 251 diluted in Tris–HCl buffer (pH 7.4), containing 1 mM
 252 EDTA, to a 10% (w/v) homogenate followed by centrifuga-
 253 tion at 10 000 g for 15 min at 4°C. The supernatant was
 254 used for determination of cPLA₂ activity by a Cayman
 255 cPLA₂ assay kit (Cayman Chemical Company, Ann Arbor,
 256 MI, USA) and carried out according to the manufacturer's
 257 instructions. Protein concentration of supernatants was
 258 measured using a bicinchoninic acid assay kit (Pierce; Rock-
 259 ford, IL, USA) using bovine serum albumin as a standard. 260

Cyclo-oxygenase-2 gene expression 261

Total RNA was extracted from proximal and distal intestinal
 262 tissues with Tri-reagent (Sigma, St Louis, MO, USA) using
 263 FastPrep homogenization (Lysing matrix D, MPBio, Solon,
 264 OH, USA) before subjected to removal of genomic DNA con-
 265 tamination using a RQ1 RNase-free DNase kit (Promega,
 266 Madison, WI, USA) in accordance with the manufacturer's
 267 instructions. Total RNA (2 μ g) was reverse transcribed to
 268 cDNA in a 20 μ l reaction volume with oligo(dT) primer
 269 using a SuperScript™ III First-strand Synthesis system for
 270 RT-PCR (Invitrogen, Carlsbad, CA, USA). SYBER Green
 271 technology was used for performing qRT-PCR. The reaction
 272 mixture contained SYBER Green PCR Master Mix (Applied
 273 Biosystem, Foster City, CA, USA) and 625 nmol primers.
 274 Salmon elongation factor primers were used as a reference
 275 gene. The primer pairs for COX-2 and elongation factor-1 α
 276 are published elsewhere^(29,30). All reactions were run in tripli-
 277 cate with non-template and non-RT controls on the same
 278 plates, using a MJ Research Chromo4 Real Time 4-color
 279 ninety-six-well PCR system. The reaction was incubated
 280 with cycling conditions as follows: forty cycles of 95°C for
 281 30 s; 56°C for 30 s; 72°C for 30 s. Relative Cox-II/elongation
 282 factor-1 α expression was quantified using Q-Gene⁽³¹⁾. 283

Statistical analysis 284

All statistical analyses were performed using SPSS software
 285 for Windows (SPSS, Chicago, IL, USA). Data were checked
 286 for homogeneity of variances by the Levene's test and,
 287 where necessary, transformed via the arcsin function⁽³²⁾.
 288 Effects of diet and stress treatments on components of the
 289 AA cascade were assessed by multivariate analysis (two-way
 290 ANOVA) using standard general linear model methods
 291 followed, where necessary, by Tukey's *post hoc* and *t* tests.
 292 Differences in blood parameters and fatty acid composition
 293 were assessed by one-way ANOVA. All data are given as
 294 mean values of *n* 5 individual fish, withdrawn randomly
 295 from a triplicate tank experimental design, including the stan-
 296 dard deviation. Significance was accepted at levels of *P* < 0.05,
 297 < 0.01 and < 0.001 as indicated in figure and table legends. 298

Results 299*Fish growth* 300

After the 12-month experimental feeding period, mean fish
 301 weight was significantly higher (*P* < 0.05) in FMFO (3943
 302 (SD 835) g) and 40% PP and 70% VO replacement in diet 303

(40PP70VO; 3967 (SD 882)g) groups compared with 80% PP and 35% VO replacement in diet (80PP35VO; 3590 (SD 766)g) and 80% PP and 70% VO replacement in diet (80PP70VO; 3280 (SD 736)g) groups. However, only the specific growth rate of 80PP70VO fish was significantly reduced (0.86 (SD 0.01)%, $P < 0.05$) in contrast to FMFO (0.94 (SD 0.02)%), 80PP35VO (0.90 (SD 0.01)%) and 40PP70VO (0.94 (SD 0.02)%) fish.

Blood parameters

Several biochemical markers of stress were measured in blood from unstressed fish (0h) and fish 1h preceding 15 min of acute stress (Table 4). Following stress, highest values for plasma cortisol (236.5 ng/ml), glucose (8.5 mmol/l) and thiobarbituric acid-reactive substances (50.2 μM) were observed in blood from FMFO fish, while 80PP70VO fish possessed highest values for blood lactate (21.3 mmol/l) and chloride (154.0 mmol/l). As expected, plasma cortisol levels rose dramatically following acute stress across all dietary groups with FMFO and 80PP35VO fish possessing the respective highest and lowest values. Blood lactate concentrations also rose appreciably in response to stress, more than doubling in most dietary groups but tripling in 80PP70VO fish (6.7–21.3 mmol/l). Basal levels of blood glucose and chloride remained unaffected by dietary treatment; yet, all groups exhibited more modest, and significant, increases with stress. The greatest increases were observed in FMFO (5.3–8.5 mmol/l) and 80PP70VO (5.0–7.5 mmol/l) groups for glucose, whereas only the 80PP70VO diet exacerbated chloride levels following stress (136.4–154.0 mmol/l) compared with other diets. Regarding thiobarbituric acid-reactive substances, an indicator of oxidative stress, levels were unaffected by stress; however, values were significantly lower in 80PP70VO fish (25.3/26.3 μM at 0h/1h) than FMFO controls (42.4/50.2 μM at 0h/1h). Generally, Hb and haematocrit were unaffected by stress and did not vary considerably with dietary treatment. Alkaline phosphatase and glutamate oxaloacetate transaminase appeared as indeterminate markers of stress or tissue damage due to large inter-individual variation. However, glutamate pyruvate transaminase proved much more reliable with increased presence in blood in response to stress across all dietary groups. However, significant increases in blood glutamate pyruvate transaminase were only seen in FMFO fish (19.0–36.7 U/l).

Intestinal phospholipid fatty acid composition

The distribution of *n*-6 and *n*-3 series PUFA in total glycerophospholipids, including phosphatidylcholine, phosphatidylethanolamine, phosphatidylinositol and phosphatidylserine, from proximal and distal intestinal regions is given in Table 5. Regarding the proximal intestine, the *n*-3:*n*-6 PUFA ratio significantly decreased from 5.8 in the FMFO control group to 3.6 in high dietary oil replacement groups (70VO). This was equally due to increased total *n*-6 PUFA and decreased total *n*-3 PUFA. In accordance with elevated levels of 18:2*n*-6 in 70VO diets (Table 2), this fatty acid and elongation/desaturation products derived from it such as 20:2*n*-6 and DGLA were primarily responsible for increases in total *n*-6 PUFA. However, such increases in *n*-6 PUFA

Table 4. Blood parameters of unstressed (0 h) and acutely stressed (1 h) Atlantic salmon fed the four respective diets (Mean values and standard deviations)

	FMFO			80PP35VO			40PP70VO			80PP70VO		
	0h	1h	SD	0h	1h	SD	0h	1h	SD	0h	1h	SD
Hb (g/l)	111 ^{a,b}	86 ^{a,b}	36	102 ^{a,b}	118 ^b	07	113 ^b	100 ^{a,b}	34	108 ^{a,b}	78 ^a	24
Hct (%)	51.9 ^{a,b}	51.4 ^{a,b}	4.5	42.6 ^c	46.8 ^{a,b,c}	2.1	46.0 ^{b,c}	53.3 ^b	7.1	49.8 ^{a,b,c}	51.4 ^{a,b}	4.7
Cortisol (ng/ml)	34.3 ^a	236.5 ^b	58.6	31.4 ^a	163.0 ^c	43.9	42.0 ^a	18.6	59.5	43.1 ^a	202.4 ^{b,c}	55.3
Glucose (mmol/l)	5.3 ^a	8.5 ^b	0.8	4.8 ^a	6.4 ^c	0.6	4.7 ^a	0.5	0.8	5.0 ^a	7.5 ^d	0.6
Lactate (mmol/l)	6.9 ^a	19.2 ^{b,c}	7.7	6.2 ^a	11.9 ^{a,b}	2.7	6.0 ^a	1.1	4.4	6.7 ^a	21.3 ^c	5.9
Chloride (mmol/l)	135.8 ^a	147.4 ^b	4.2	135.0 ^a	144.4 ^b	3.0	137.2 ^a	3.1	2.9	136.4 ^a	154.0 ^c	4.9
TBARS (μM)	42.4 ^{a,b}	50.2 ^a	6.5	37.0 ^b	32.8 ^{b,c}	4.3	34.8 ^{b,c}	10.5	3.9	25.3 ^c	26.3 ^c	2.5
ALP (U/l)	437.4 ^a	547.9 ^a	94.3	620.4 ^a	527.4 ^a	74.9	527.5 ^a	145.2	238.0	586.7 ^a	696.1 ^a	265.6
GOT (U/l)	568.9 ^a	509.7 ^a	130.3	419.6 ^a	401.8 ^a	84.6	441.7 ^a	50.5	51.6	456.8 ^a	367.3 ^a	74.2
GPT (U/l)	19.0 ^a	36.7 ^b	17.8	13.9 ^a	24.6 ^{a,b}	4.7	14.2 ^a	5.8	2.5	15.8 ^a	20.7 ^a	6.7

FMFO, control diet of 100% fishmeal and 100% fish oil; 80PP35VO, 80% plant protein and 35% vegetable oil replacement in diet; 40PP70VO, 40% plant protein and 70% vegetable oil replacement in diet; 80PP70VO, 80% plant protein and 70% vegetable oil replacement in diet; Hct, haematocrit; TBARS, thiobarbituric acid-reactive substances; ALP, alkaline phosphatase; GOT, glutamate oxaloacetate transaminase; GPT, glutamate pyruvate transaminase. ^{a,b,c,d} Mean values within each row followed by superscripts not sharing a common letter are significantly different ($P < 0.05$) as determined by one-way ANOVA.

Table 5. Distribution of PUFA of the *n*-6 and *n*-3 series (% of total fatty acid methyl esters) in total glycerophospholipids from the proximal and distal intestinal mucosa of Atlantic salmon fed the four respective diets

(Mean values and standard deviations)

	Proximal								Distal							
	FMFO	SD	80PP35VO	SD	40PP70VO	SD	80PP70VO	SD	FMFO	SD	80PP35VO	SD	40PP70VO	SD	80PP70VO	SD
SFA	34.7 ^a	1.5	35.1 ^a	0.6	34.8 ^a	1.1	31.0 ^b	1.2	33.2 ^a	0.2	32.4 ^{a,b}	0.5	33.1 ^a	0.9	31.4 ^b	0.4
MUFA	13.0 ^a	0.6	15.9 ^a	2.4	13.1 ^a	0.6	16.2 ^a	0.7	12.0 ^a	0.5	13.6 ^b	0.5	13.3 ^{a,b}	0.5	13.8 ^b	0.2
PUFA	52.3 ^a	2.0	49.0 ^a	1.8	52.1 ^a	0.5	52.7 ^a	0.9	54.8 ^a	0.7	54.0 ^a	0.9	53.7 ^a	0.4	54.8 ^a	0.2
18: 2 <i>n</i> -6	1.2 ^a	0.1	3.5 ^b	0.1	4.4 ^{b,c}	0.8	5.3 ^c	0.4	0.9 ^a	0.1	2.5 ^b	0.1	2.8 ^b	0.4	3.5 ^c	0.1
18: 3 <i>n</i> -6	0.4 ^a	0.0	0.6 ^a	0.3	0.4 ^a	0.1	0.4 ^a	0.3	0.5 ^a	0.0	0.5 ^a	0.3	0.3 ^a	0.0	0.1 ^a	0.0
20: 2 <i>n</i> -6	0.4 ^a	0.1	1.0 ^b	0.1	1.1 ^b	0.0	1.4 ^c	0.1	0.5 ^a	0.1	1.5 ^b	0.2	1.5 ^b	0.1	2.5 ^c	0.2
20: 3 <i>n</i> -6	0.2 ^a	0.0	1.0 ^{a,b}	0.4	0.8 ^{a,b}	0.1	1.5 ^b	0.6	0.1 ^a	0.1	0.4 ^b	0.1	0.4 ^b	0.0	0.6 ^b	0.1
20: 4 <i>n</i> -6	4.2 ^a	0.4	2.3 ^b	0.5	3.7 ^a	0.3	2.3 ^b	0.1	3.3 ^a	0.4	2.4 ^{b,c}	0.2	3.2 ^{a,b}	0.1	2.0 ^c	0.1
22: 4 <i>n</i> -6	0.3 ^a	0.1	0.0 ^b	0.0	0.3 ^a	0.0	0.1 ^b	0.1	0.3 ^a	0.1	0.2 ^a	0.1	0.3 ^a	0.0	0.2 ^a	0.0
22: 5 <i>n</i> -6	1.1 ^a	0.2	0.5 ^b	0.1	0.9 ^a	0.0	0.5 ^b	0.0	0.8 ^a	0.1	0.5 ^b	0.1	0.7 ^{a,c}	0.1	0.5 ^{b,c}	0.0
18: 3 <i>n</i> -3	0.3 ^a	0.0	0.6 ^{a,b}	0.1	0.8 ^b	0.1	1.4 ^c	0.3	0.2 ^a	0.0	0.6 ^{a,b}	0.1	1.0 ^{b,c}	0.2	1.1 ^c	0.1
18: 4 <i>n</i> -3	0.2 ^a	0.1	0.0 ^b	0.0	0.0 ^b	0.0	0.2 ^a	0.1	0.1 ^a	0.0	0.0 ^b	0.1	0.0 ^b	0.0	0.1 ^a	0.0
20: 3 <i>n</i> -3	0.1 ^a	0.0	0.2 ^{a,b}	0.0	0.3 ^{b,c}	0.1	0.4 ^c	0.1	0.2 ^a	0.0	0.4 ^b	0.1	0.6 ^c	0.0	0.9 ^d	0.0
20: 4 <i>n</i> -3	0.6 ^a	0.1	1.1 ^a	0.2	0.7 ^a	0.1	1.5 ^a	0.8	0.8 ^{a,b}	0.1	0.9 ^b	0.1	0.6 ^a	0.1	0.9 ^b	0.1
20: 5 <i>n</i> -3	12.6 ^a	1.6	10.5 ^a	1.8	8.7 ^a	1.5	9.6 ^a	1.3	10.0 ^a	0.3	8.4 ^{a,b}	1.0	7.2 ^b	0.1	8.4 ^{a,b}	0.8
22: 5 <i>n</i> -3	2.3 ^a	0.4	2.4 ^a	0.2	2.5 ^a	0.3	2.8 ^a	0.3	3.1 ^a	0.5	3.5 ^a	0.5	2.9 ^a	0.2	5.0 ^b	0.5
22: 6 <i>n</i> -3	28.5 ^a	3.4	25.2 ^a	0.8	27.6 ^a	2.3	25.3 ^a	3.4	34.0 ^a	1.2	32.1 ^a	1.2	32.3 ^a	0.3	28.8 ^b	0.4
<i>n</i> -3 PUFA	44.5 ^a	2.7	40.1 ^a	2.3	40.6 ^a	1.2	41.2 ^a	1.8	48.5 ^a	0.5	45.9 ^b	0.7	44.6 ^b	0.2	45.3 ^b	0.2
<i>n</i> -6 PUFA	7.8 ^a	0.9	8.9 ^a	0.4	11.5 ^b	0.6	11.5 ^b	1.0	6.3 ^a	0.2	8.0 ^b	0.6	9.1 ^{b,c}	0.3	9.5 ^c	0.0
<i>n</i> -3: <i>n</i> -6	5.8 ^a	1.0	4.5 ^{a,b}	0.5	3.6 ^b	0.3	3.6 ^b	0.4	7.7 ^a	0.2	5.7 ^b	0.5	4.9 ^c	0.2	4.7 ^c	0.0
AA/EPA	0.3 ^{a,b}	0.0	0.2 ^a	0.1	0.4 ^b	0.1	0.2 ^a	0.0	0.3 ^{a,b}	0.0	0.3 ^a	0.0	0.4 ^b	0.0	0.2 ^a	0.0
AA/DGLA	26.1 ^a	2.4	1.8 ^b	0.6	4.5 ^b	0.6	1.7 ^b	0.6	30.0 ^a	0.5	4.8 ^{b,c}	0.2	7.5 ^b	0.1	3.4 ^c	0.4

FMFO, control diet of 100% fishmeal and 100% fish oil; 80PP35VO, 80% plant protein and 35% vegetable oil replacement in diet; 40PP70VO, 40% plant protein and 70% vegetable oil replacement in diet; 80PP70VO, 80% plant protein and 70% vegetable oil replacement in diet; AA, arachidonic acid; DGLA, dihomogamma-linolenic acid.

^{a,b,c,d} Mean values within each row, with respect to proximal and distal regions, followed by superscripts not sharing a common letter are significantly different ($P < 0.05$) as determined by one-way ANOVA.

Intestinal arachidonic acid cascade in salmon

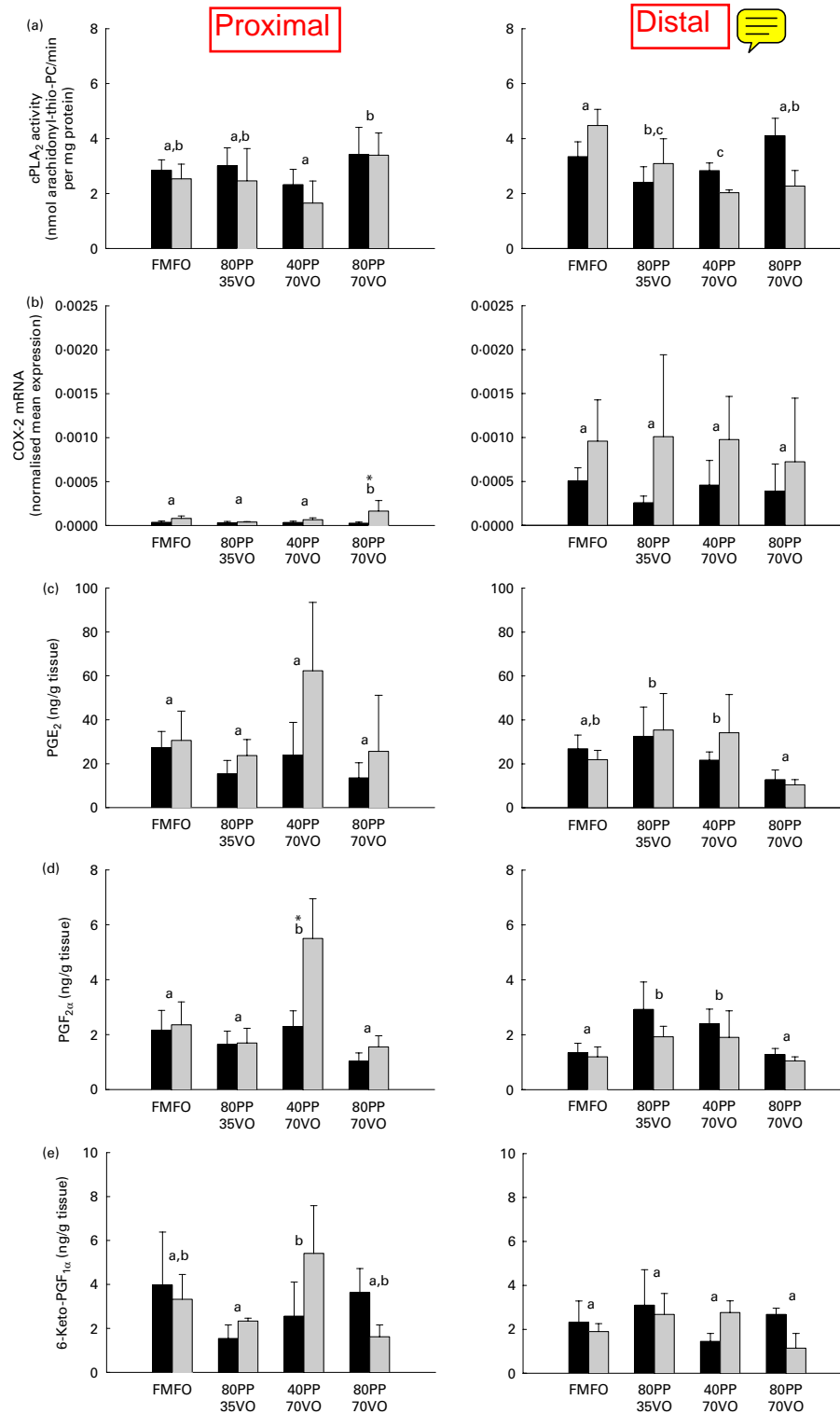


Fig. 1. Cytosolic phospholipase A_2 (cPLA $_2$) activity, cyclo-oxygenase-2 (COX-2) gene expression and levels of PGE $_2$, PGF $_{2\alpha}$ and 6-keto-PGF $_{1\alpha}$ in the intestine of Atlantic salmon-fed experimental diets and subjected to no stress (0h) or sampled 1h post-acute stress (1h). FMFO, control diet of 100% fishmeal and 100% fish oil; 80PP35VO, 80% plant protein and 35% vegetable oil replacement in diet; 40PP70VO, 40% plant protein and 70% vegetable oil replacement in diet; 80PP70VO, 80% plant protein and 70% vegetable oil replacement in diet. Vertical bars represent means of triplicate tanks with standard deviations. Results of a two-way ANOVA regarding significant effect of diet, stress and dietary*stress (D \times S) interactions are displayed. ^{a,b,c} Mean values, for the no-stress and stress Q3 conditions combined, with unlike superscript letters were significantly different ($P < 0.05$; *post hoc* test). Significant differences with stress within dietary groups are indicated by asterisks (*) and were determined by *t* tests. (a) Proximal: diet, $P < 0.05$; stress, NS; D \times S, NS. ■, 0h; □, 1h. Distal: diet, $P < 0.001$; stress, NS; D \times S, $P < 0.001$. (b) Proximal: diet, $P < 0.01$; stress, $P < 0.001$; D \times S, $P < 0.001$. ■, 0h; □, 1h. Distal: diet, NS; stress, $P < 0.01$; D \times S, NS. (c) Proximal: diet, $P < 0.05$; stress, $P < 0.05$; D \times S, NS. ■, 0h; □, 1h. Distal: diet, $P < 0.01$; stress, NS; D \times S, NS. (d) Proximal: diet, $P < 0.001$; stress, $P < 0.001$; D \times S, $P < 0.001$. ■, 0h; □, 1h. Distal: diet, $P < 0.001$; stress, $P < 0.05$; D \times S, NS. (e) Proximal: diet, $P < 0.005$; stress, NS; D \times S, $P < 0.05$. ■, 0h; □, 1h. Distal: diet, NS; stress, NS; D \times S, $P < 0.05$.

361 were not reflected in AA levels. In 80PP35VO and 80PP70VO
 362 fish, AA significantly decreased to 2.3% compared with 4.2%
 363 and 3.7% observed in respective FMFO and 40PP70VO
 364 groups. Dietary groups with lowest levels of AA also pos-
 365 sessed the highest levels of the $\Delta 5$ desaturase competitor
 366 20:4n-3. The AA/DGLA ratio varied considerably from
 367 26.1 in FMFO fish to a minimum of 1.7 in 80PP70VO fish.
 368 However, the AA/EPA ratio was more conserved with
 369 values ranging between 0.4 and 0.2. The highest ratio of 0.4
 370 was observed in the 40PP70VO group, which consequently
 371 possessed the second highest, after FMFO, AA/DGLA ratio
 372 of 4.5. Although there were generally reduced levels of EPA
 373 in fish-fed experimental diets, they were non-significant
 374 owing to a lack of dietary 18:3n-3 precursor retained in phos-
 375 pholipids and selective retention of C20 and C22 PUFA.

376 Similar trends in fatty acid composition were noted in the
 377 distal intestine as for proximal with respect to dietary treat-
 378 ment. Generally, n-3:n-6 ratios were higher in distal intestine
 379 ranging from 7.7 in the FMFO group to 4.7 in the 80PP70VO
 380 group. Less of dietary abundant 18:2n-6 was retained in distal
 381 phospholipids of fish-fed high VO replacements; yet,
 382 elongation appeared to accumulate as the 'dead-end' product
 383 20:2n-6. 'True' elongation-desaturation of 18:2n-6 to
 384 DGLA appeared to be less significant in the distal intestine.
 385 Highest amounts of AA were again observed in the FMFO
 386 group (3.3%) yielding an AA/DGLA ratio of 30.0. However,
 387 the highest AA/EPA ratio was observed in the 40PP70VO
 388 group (0.4), which consequently possessed the second highest
 389 AA/DGLA ratio (7.5). Relative to proximal, the distal region
 390 exhibited higher total n-3 PUFA, which was due to increased
 391 C22 n-3 PUFA whereas levels of EPA were actually lower.

392 *Intestinal arachidonic acid cascade*

393 Various stages in the AA cascade are shown in Fig.1 for prox-
 394 imal and distal regions of the intestine with respect to dietary
 395 treatment and stress. Effects of diet and stress on cPLA₂
 396 activity were indistinct for both regions of the intestine,
 397 although diet appeared to hold greater influence. There was
 398 a significant up-regulation of COX-2 in both proximal and
 399 distal intestine in response to stress with all dietary treatments.
 400 However, COX-2 expression, both pre- and post-stress, was
 401 approximately an order of magnitude higher, relative to the
 402 reference gene β -actin, in the distal intestine compared with
 403 the proximal region. Regarding proximal COX-2, stress
 404 usually elicited a twofold increase in expression across all
 405 dietary treatments. Furthermore, the degree of inter-individual
 406 variability of distal COX-2 expression greatly increased when
 407 induced in response to acute stress. Dietary treatment also had
 408 a significant effect on proximal COX-2 expression where the
 409 80PP70VO diet increased the severity of up-regulation post-
 410 stress by an order of magnitude (2.6×10^{-5} – 2.0×10^{-4} nor-
 411 malised mean expression). Despite the disparity in COX-2
 412 expression between proximal and distal intestine, PG levels
 413 were generally similar between these regions with PGE₂
 414 being present at approximately a tenfold higher concentration
 415 than PGF_{2 α} and 6-keto-PGF₁. However, in opposition to the
 416 dietary effect of 80PP70VO on COX-2 induction, it was the
 417 40PP70VO diet that significantly increased PGF_{2 α} levels
 418 (2.3–5.5 ng/g) in the proximal intestine of fish subjected
 419 to stress. This tendency was also observed for PGE₂

(39.8–103.7 ng/g) and 6-keto-PGF_{1 α} (2.6–5.4 ng/g) in the 420
 proximal intestine of fish fed the 40PP70VO diet. No 421
 clear trends for PG synthesis in response to stress could be 422
 discerned in the distal intestine, although results indicate a 423
 general increase in PGE₂ and PGF_{2 α} with 80PP35VO and 424
 40PP70VO diets. 425

426 **Discussion**

427 The present study has demonstrated that high substitution with 427
 VO, in combination with high and low levels of PP, in diets 428
 for the carnivorous fish species Atlantic salmon can elevate 429
 COX-2 induction and synthesis of pro-inflammatory PG in 430
 the proximal intestine in response to acute stress. Furthermore, 431
 there was a general up-regulation of COX-2 in both regions of 432
 the intestine 1 h post-stress, but particularly in the distal intes- 433
 tine where COX-2 expression was an order of magnitude 434
 higher than proximal. To the authors' knowledge, this is the 435
 first evidence that both diet and acute stress can impact the 436
 AA cascade in the intestine of teleost fish. Furthermore, 437
 major dienoic series-2 PG, derived from AA, were directly 438
 quantified by LC/electrospray ionisation-MS/MS. The greatest 439
 dietary effects on the AA cascade in response to stress were 440
 observed in the proximal intestine where COX-2 induction 441
 was greatest with the highest substitutions with PP and VO 442
 (80PP70VO), while elevated PG levels were observed in fish 443
 intestinal phospholipids with the highest AA/EPA ratio result- 444
 ing from the 40PP70VO diet. 445

446 Disturbance of osmoregulatory capacity is a characteristic 446
 response to stress in fish where, in marine species, a large 447
 intestinal uptake of seawater and extrusion of Na⁺ and Cl⁻ 448
 ions are required⁽³³⁾. Typical indicators of the stress response, 449
 such as elevated blood cortisol, glucose, lactate and Cl⁻, were 450
 present in all fish 1 h post-stress. However, it was the 451
 FMFO-fed fish that exhibited the highest plasma cortisol 452
 and glucose levels in reaction to acute stress. The production 453
 of plasma cortisol, via the hypothalamic-pituitary-interrenal 454
 axis, and its stimulatory effect on ion-transporting enzymes 455
 (Na⁺-K⁺-ATPase) and glucose production are well documen- 456
 ted in teleost fish⁽³³⁾. In the present study, the greatest increase 457
 in plasma cortisol was observed in the FMFO-fed fish, while 458
 fish fed on replacement diets, with lower n-3:n-6 ratios, 459
 tended to have a lower plasma cortisol response. Furthermore, 460
 maximum plasma Cl⁻ levels were exhibited by fish fed on the 461
 highest replacement diet (80PP70VO). Similarly, a previous 462
 study has shown that feeding AA-supplemented diets to gilt- 463
 head seabream (*Sparus aurata*) reduced plasma cortisol 464
 levels in response to acute stress, which was also associated 465
 with increased plasma Cl⁻ levels⁽³⁴⁾. Conversely, dietary n-6 466
 PUFA have been shown to enhance plasma cortisol levels in 467
 stressed gilthead seabream larvae and juvenile chinook 468
 salmon (*Oncorhynchus tshawytscha*)^(35,36). However, the 469
 effect of plasma cortisol on osmoregulation cannot be con- 470
 sidered in isolation, as catecholamines, prolactin and vasopres- 471
 sin also play a role in regulating water and electrolyte 472
 balance⁽³⁷⁾. Clearly, there is a balance to be met between 473
 the dietary n-3:n-6 ratio, elongation/desaturation capacity, 474
 levels of AA-derived PG and severity of the stress response 475
 in fish, which is probably species specific. 476

477 The predominant fatty acids in membranes of marine fish, 477
 present at the sn-2 position of glycerophospholipids, are 478

479 EPA and DHA of the *n*-3 PUFA series not AA of the *n*-6
 480 series; a situation that is reversed in mammals⁽¹¹⁾. Despite
 481 this, fish COX-1 and -2 have a pronounced discrimination
 482 towards AA and against EPA and DHA⁽³⁸⁾. Ultimately, the
 483 major factor in determining the species of C₂₀ PUFA precursors
 484 available for eicosanoid synthesis in cellular NEFA pools
 485 is the dietary ratio of *n*-3:*n*-6 PUFA^(10,12,39). Previous dietary
 486 studies in Atlantic salmon have described an increased AA/
 487 EPA ratio in tissue membrane phospholipids when fed VO
 488 containing high levels of 18:2*n*-6^(13,40,41). However, this
 489 was concomitant with the accumulation of DGLA – an
 490 alternative substrate to AA and EPA for eicosanoid synthesis.
 491 Concerning the present study, decreasing the dietary *n*-3:*n*-6
 492 PUFA ratio resulted in a decreased *n*-3:*n*-6 PUFA ratio in
 493 intestinal phospholipids due to accumulation of 18:2*n*-6 and
 494 elongation/desaturation products derived from it such as
 495 20:2*n*-6 and DGLA. Little of dietary 18:3*n*-3, or its Δ6 desaturase
 496 product 18:4*n*-3, was present in phospholipids,
 497 although some incorporation of the Δ6 desaturation/elongation
 498 product 20:4*n*-3 did occur. The fact that little 18:3*n*-3 accumu-
 499 lated in phospholipids emphasises enterocytes as proficient
 500 sites of β-oxidation and/or elongation–desaturation in Atlan-
 501 tic salmon⁽⁴²⁾ with enhanced EPA and DHA in phospholipids,
 502 relative to dietary levels, showing desaturases exhibit a
 503 marked preference for PUFA of the *n*-3 series⁽⁴³⁾.

504 Relative levels of intestinal AA generally decreased in com-
 505 parison with the control, except in the 40PP70VO group where
 506 the AA/EPA ratio peaked at 0.4. Conversely, the 80PP35VO
 507 and 80PP70VO groups possessed the lowest AA/EPA ratios
 508 of 0.2 with an apparent inverse correlation between AA and
 509 20:4*n*-3 levels in phospholipids. This most likely arose due
 510 to differential metabolism and intracellular trafficking of diet-
 511 ary 18:2*n*-6 and 18:3*n*-3 towards Δ6 desaturase, which pos-
 512 sesses greater affinity for *n*-3 series PUFA, consequently
 513 increasing production of 20:4*n*-3 that further inhibits the for-
 514 mation of AA from DGLA via Δ5 desaturase^(12,13). This is
 515 supported by low AA/DGLA ratios in 80PP35VO and
 516 80PP70VO groups that correspond to the higher levels of
 517 20:4*n*-3 present. Similar trends were observed in the distal
 518 intestine, although the major elongation/desaturation product
 519 in distal intestine was the dead-end product 20:2*n*-6. Thus,
 520 the lack of Δ6 activity resulted in higher AA/DGLA ratio
 521 than proximal. However, C₂₂ *n*-3 PUFA, including 22:5*n*-3
 522 and DHA, appeared to be selectively incorporated into phos-
 523 holipids in the distal intestine over C₂₀ *n*-3 PUFA such as
 524 EPA. Thus, due to retention of C₂₂ *n*-3 PUFA, the *n*-3:*n*-6
 525 ratio tended to be higher in the distal intestine, although
 526 AA/EPA ratios were comparable with proximal.

527 The highest AA/EPA ratio in proximal intestinal phospholi-
 528 pids from fish of the 40PP70VO group also coincided with
 529 enhanced synthesis of AA-derived PG, such as PGE₂, PGF_{2α}
 530 and 6-keto-PGF_{1α} (the stable metabolite of PGI₂), in response
 531 to acute stress. The importance of PG in fish physiology has
 532 been demonstrated with roles in ion transport^(44,45), vasoactivi-
 533 ty^(46–48) and intestinal muscular tone^(49,50). From mammalian
 534 literature, the majority of intestinal PG is produced by immune
 535 cells of the lamina propria and submucosa, although entero-
 536 cytes are capable to a lesser extent⁽⁵¹⁾. Although PG are
 537 involved in normal maintenance of intestinal epithelial integ-
 538 rity, they perform important roles in ‘adaptive cytoprotection’
 539 from aggravating factors such as PG-stimulated secretion of

HCO₃⁻ where PG efficacies are in the order: PGE₂ > 540
 PGF_{2α} > PGA₂ > PGD₂ > PGI₂^(15,51). The gastro-protective 541
 properties of PG were demonstrated in eel (*Anguilla anguilla*) 542
 gastric mucosa where exogenously added PG prevented indo- 543
 methacin/aspirin-induced mucosal erosion by stimulation of 544
 serosal to mucosal HCO₃⁻ secretion⁽⁵²⁾. Reported concen- 545
 trations of PGE in rainbow trout (*Oncorhynchus mykiss*) pylo- 546
 ric caeca and proximal/distal intestine approximate at 150 ng/g 547
 (w/w)⁽⁵³⁾, which is more than twice the maximum level of 548
 PGE₂ observed in the present study. Although dienoic PG 549
 are involved in inflammatory responses⁽¹⁰⁾, no apparent mor- 550
 phological changes were observed in the intestines of stressed 551
 fish fed the 40PP70VO diet. However, previous studies in 552
 salmonid fish have revealed that the proximal intestinal 553
 epithelium is particularly susceptible to acute stress with sub- 554
 stantial damage to intercellular junctional complexes appear- 555
 ing within 1 h post-stress^(54,55). A similar response to stress 556
 is typical in mammalian intestine, via the brain–gut axis, 557
 which is characterised by increase in epithelial permeability 558
 to large antigenic molecules, mast cell activation, disruptions 559
 in osmoregulation and sloughing of mucus⁽¹⁹⁾. 560

561 Acute stress was associated with the up-regulation of 561
 COX-2 in both regions of the intestine, although COX-2 562
 expression was an order of magnitude higher in the distal 563
 intestine compared with proximal. However, contrary to the 564
 traditional view that COX-2 is induced in response to patho- 565
 physiological reactions and COX-1 serves as a housekeeping 566
 enzyme for maintenance of mucosal integrity, recent findings 567
 indicate that both isoenzymes can act either alone or in concert 568
 towards mucosal defence⁽⁵⁶⁾. Therefore, it would be desirable 569
 to assess expression of COX-1, in addition to COX-2, in prox- 570
 imal and distal regions before drawing any firm conclusions. 571
 The distal intestine in marine fish performs an important 572
 osmoregulatory function with the transport of Na⁺ and Cl⁻ 573
 ions. Similarly, high COX-2 expression has been demon- 574
 strated in gills especially in response to environmental stress 575
 such as salinity acclimation where PG regulate NaCl secretion 576
 in branchial chloride cells⁽⁵⁷⁾. However, a study in land-locked 577
 Atlantic salmon concluded that COX-2 expression may be 578
 more constitutive, rather than inducible, in osmoregulatory 579
 organs such as gill⁽⁵⁸⁾, which could explain the profound dis- 580
 parity in COX-2 expression between proximal and distal intes- 581
 tinal regions. Studies on the euryhaline killifish (*Fundulus* 582
heteroclitus) also inferred that gill COX-2 constitutively 583
 expressed with acute transfer from freshwater to seawater is 584
 associated with transient inductions in expression⁽⁵⁷⁾. It 585
 could also account for the more pronounced inflammatory 586
 effects observed in the distal region of salmon-fed diets con- 587
 taining ANF⁽⁹⁾. Despite the difference in COX-2 expression 588
 between the two regions, similar concentrations of PG were 589
 present. However, the situation could be complicated further 590
 as a second inducible COX-2 orthologue, termed as COX- 591
 2b, has recently been identified in a related salmonid species, 592
 rainbow trout (*Oncorhynchus mykiss*), which exhibits differ- 593
 ential induction to alternative inducers⁽⁵⁹⁾. Regarding the proxi- 594
 mal intestine, high dietary replacement with both PP and VO 595
 increased COX-2 induction in response to stress. In fish, acute 596
 stress is known to increase intestinal permeability in proximal 597
 regions with distal regions less affected^(54,60). Since the 598
 80PP70VO diet actually reduced the AA/EPA ratio in proxi- 599
 mal phospholipids, enhanced COX-2 induction points towards 600

601 the high PP component rather than high VO. The importance
602 of COX-2 in preventing intestinal pathology in response to
603 dietary antigens has been previously highlighted in mice⁽⁶¹⁾.

604 From mammalian literature, PG are an integral modulatory
605 component in cytoprotection, maintenance of epithelial barrier
606 function and regulation of inflammatory responses in the gas-
607 trointestinal tract. In fish, certain PG have been shown to exert
608 similar effects with additional specialised functions involving
609 osmoregulation in gill and distal intestine. The present study
610 has indicated that these functions could be affected by high
611 levels of plant-derived ingredient inclusion in formulated
612 diets for carnivorous fish – especially in response to acute
613 stress. Previous studies have shown that the proximal intestine
614 is particularly susceptible to stress, while plant ANF cause
615 inflammation distally. Although no enteric morphological
616 changes were detected with dietary treatment (histology not
617 shown), such increases in inflammatory indicators 1 h post-
618 stress could affect nutrient absorption proximally and osmor-
619 egulation distally following acute stress episodes which
620 could impact on fish health and welfare in general.

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629 flicts of interest perceived to bias the study. A. O. carried
630 out tissue lipid extractions, fatty acid analyses, phospholipase
631 assays and data analysis. C. J. and A.-E. O. J. performed the
632 gene expression part of the study. T. E. and A. S. carried
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Author Queries

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- Q1** Please check the edit of sentence 'Hydrogen was used as carrier gas... 220°C (40°C/min)'.
- Q2** Please provide the equivalent SI unit values for those given in the non-SI unit (U/l).
- Q3** Please check and approve the edit of caption and artwork of Fig. 1 and also check the significance statement.
- Q4** We have changed the values given in 'g/dl' to 'g/l' in Table 4. Please check and confirm.