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1 Biochemical composition of copepods for evaluation of feed quality in  
2 production of juvenile marine fish.

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11

12

13 **Abstract**

14

15 To increase current knowledge on the nutritional value of natural prey organisms, the  
16 biochemical components of mainly three copepods (Acartia grani, Centropages  
17 hamatus, and Eurytemora affinis) from a marine pond system were analysed once a  
18 week from spring until late fall, over two years. The analysed components were total  
19 lipid, lipid class composition, total lipid fatty acid composition, free amino acids, total  
20 protein, protein-bound amino acids, pigment (astaxanthin and  $\beta$ -carotene), and  
21 vitamins (A, thiamine, riboflavin, C, D<sub>3</sub>, and E). Copepod dry weight (DW), dry  
22 matter (% of wet weight), and ash content (% of DW) were also determined. The data  
23 are unique due to the homogenous content of copepods in the samples and the long  
24 time span of sampling. The copepods were characterised by moderate levels of lipids  
25 (6.9-22.5% of DW), with polar lipids accounting for 37.9 to 70.2% of the total lipid.  
26 The most abundant fatty acids in total lipid (as % of total lipid) were 16:0 (palmitic

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27 acid, 10.8-17.1%), 20:5n-3 (EPA, 8.3-24.6%), and 22:6n-3 (DHA, 13.9-42.3%). The  
28 amount of 20:4n-6 (ARA) was generally low (0-2.6%), giving an EPA/ARA range  
29 between 7.5 and 49.5. The DHA/EPA ratio was between 1.0 and 4.9. Free amino acids  
30 (FAA) constituted between 4.3 and 8.9% of copepod DW, and varied with salinity.  
31 Glycine, taurine, and arginine dominated FAA, and the fraction of indispensable  
32 amino acids varied between 15.5 and 26.8%. Protein, as back-calculated from the  
33 protein-bound amino acids (PAA), amounted to 32.7-53.6% of copepod DW, and  
34 contained a stable fraction of indispensable amino acids (37.3-43.2% of PAA).  
35 Glutamine/glutamic acid, asparagine/aspartic acid, leucine, alanine, and glycine were  
36 the most abundant PAA. Astaxanthin was abundant in the copepods (413-1422 µg/g  
37 DW), while β-carotene was not found. High but variable concentrations of vitamin C  
38 (38-1232 µg/g DW) and vitamin E (23-209 µg/g DW) were found, while vitamin A  
39 and D<sub>3</sub> occurred in trace amounts or were not detected. Detectable levels were found  
40 for both thiamine (3.5-46.0 µg/g DW) and riboflavin (23.2-35.7 µg/g DW). The data  
41 may generate an important base for improvement of live feed enrichment emulsions or  
42 formulated feeds used during larval and early juvenile stages in marine fish culture.

43  
44  
45 **Keywords:** Lipid class composition, Fatty acids, PUFA, DHA, EPA, TAG,  
46 Phospholipid, Protein content, Free amino acids, Pigments, Astaxanthin, Vitamin A,  
47 Ascorbic acid, Vitamin D, Vitamin E, Thiamine, Riboflavin, Larval nutrition,  
48 Essential nutrients.

## 49 1. Introduction

50

51 High survival and growth, normal pigmentation, and low frequencies of skeletal  
52 deformities are characteristics of marine fish reared on natural assemblages of marine  
53 zooplankton that mainly consists of copepods (Næss et al., 1995; van der Meeren and  
54 Naas, 1997; Støttrup et al., 1998; Shields et al., 1999; Finn et al., 2002; Hamre et al.,  
55 2002). This has been particularly evident for Atlantic halibut (Hippoglossus  
56 hippoglossus) and Atlantic cod (Gadus morhua). In the latter case, lagoon or  
57 mesocosm rearing is still superior to intensive fry production with rotifers and Artemia  
58 as feed. Using copepods as feed compared to intensive rearing of cod larvae on rotifers  
59 has indicated a significant nutritional influence on juvenile quality and growth  
60 (Imstrand et al., 2006). The superiority of copepods for larviculture of marine fish has  
61 recently increased the interest for controlled culture of copepods (Støttrup, 2003; Lee  
62 et al., 2005).

63

64 A number of beneficial effects have been linked to copepod nutrient composition in  
65 relation to early larval nutrition. In particular, emphasis has been put on lipid  
66 composition, and the content and ratio of the polyunsaturated fatty acids (PUFA)  
67 docosahexaenoic acid (DHA), eicosapentaenoic acid (EPA), and arachidonic acid  
68 (ARA) (Scott and Middleton, 1979; Seikai, 1985; Kanazawa, 1993; Reitan et al., 1994;  
69 Reitan et al., 1997; Nanton and Castell, 1998; Venizelos and Benetti, 1999; Bell et al.,  
70 2003). The composition of lipid classes and distribution of certain fatty acids between  
71 neutral and polar lipids has also gained some attention in lipid nutrition of fish (Olsen  
72 et al., 1991; Coutteau et al., 1997; Geurden et al., 1998; McEvoy et al., 1998; Sargent  
73 et al., 1999).

74

75 Further, Nakamura et al. (1986) concluded that insufficient skin pigmentation  
76 (melanin) was a result of rhodopsin deficiency, and hence deficiency in the rhodopsin  
77 precursors DHA and retinol (vitamin A). In this respect, deficiencies in compounds  
78 like carotenoids, thiamine, riboflavin, and cholecalciferol (vitamin D<sub>3</sub>) may be  
79 considered. Nutrients with antioxidative properties, comprising astaxanthin, ascorbic

80 acid (vitamin C), and tocopherol (vitamin E), may also be of importance. For example,  
81 vitamin C appears to enhance the ability of fish larvae to resist stress and infections  
82 (Merchie et al., 1997).

83

84 As marine fish larvae have a high growth potential, they have high dietary  
85 requirements for protein and essential amino acids. In addition, fish larvae use of  
86 amino acids for energy (Rønnestad et al., 1999b; Wright and Fyhn, 2001), which will  
87 further increase the demand for dietary amino acids and protein. Consequently, some  
88 essential amino acids have been suggested as limiting for larval growth (Conceição et  
89 al., 1997; Aragao et al., 2004b). Thus, increased knowledge on the variation in both  
90 content and composition of free amino acids and protein in the natural diet will be  
91 essential in current understanding on the importance of these factors in larval  
92 development and survival.

93

94 Data on biochemical composition of copepods are fragmentary, both with respect to  
95 what parameters investigated, and how they vary between copepod species and  
96 seasons. Most previous work has concentrated on lipid and fatty acid compositions  
97 (Gatten et al., 1983; Watanabe et al., 1983; Witt et al., 1984; Sargent and Henderson,  
98 1986; Fraser and Sargent, 1989; Klungsøyr et al., 1989; Olsen et al., 1991; van der  
99 Meeren et al., 1993; Norsker and Støttrup, 1994; Evjemo and Olsen, 1997; Evjemo et  
100 al., 2003; Morehead et al., 2005). But there are also some data on amino acids and  
101 protein (Fyhn et al., 1993; 1995; Helland et al., 2003a,b,c), pigments (Rønnestad et al.,  
102 1998), and vitamins (Mæland et al., 2000). There are however, to our knowledge, no  
103 studies describing the seasonal variation in both macro- and micronutrients in natural  
104 prey organisms of fish larvae. The present work includes copepods sampled weekly  
105 from a marine pond system over two years from spring to late autumn, and is an  
106 attempt to establish more comprehensive database on a number of biochemical  
107 components in copepods that are nutritionally important for fish larvae. The work  
108 includes analyses of dry matter, ash content, lipids, fatty acids, protein content,  
109 protein-bound amino acids, free amino acids, pigments, and vitamins. Such data will  
110 be valuable in the on-going research to improve enrichment emulsions and nutritional

111 quality of live feed used in marine fish culture, as well as for development of  
112 formulated starter or early weaning diets for marine fish larvae.

113

114

## 115 **2. Materials and methods**

116

### 117 *2.1. Copepod production and collection system*

118

119 Copepods were collected during 2000 and 2001 from the marine pond system  
120 “Svartatjern” (Naas et al., 1991; van der Meeren, 2003), which is situated near  
121 Institute of Marine Research (IMR), Austevoll Research Station at 60°N on the west  
122 coast of Norway. Svartatjern is a 20,000 m<sup>3</sup> seawater pond, with largest depth of 3.5  
123 m, and in which all the water can be pumped out and replaced over 3-4 weeks period.  
124 A management protocol has been established since the system was started in 1984,  
125 which includes draining and refilling the pond twice a year (in early February and  
126 early July). Seawater was pumped from 35 m depth in the open fjord outside the pond,  
127 and filtered through a UNIK-900 wheel filter (Unik Filtersystem AS, Os, Norway)  
128 with 80 µm mesh size (Støttrup, 2005; van der Meeren and Naas, 1997). From March  
129 to mid-October, the pond was fertilised weekly or daily depending on weather with  
130 agricultural NPK 21-4-10 fertiliser (no trace elements were listed: Yara Norge AS,  
131 Oslo, Norway). Fertilisation was always stopped when secci-disk readings became less  
132 than 1.5 m. This would ensure a net primary production in the whole water column.  
133 The pond was also gently mixed with a propeller placed at 2 m depth. This prevented  
134 stratification and formation of oxygen depletion in the bottom layer. This production  
135 cycle gives relatively pure populations of mainly calanoid copepods, which are the  
136 dominant plankton of Norwegian coastal lagoon systems (Næss, 1996). During winter  
137 and pond draining, the copepods survive in the sediments as resting or dormant eggs  
138 (Næss, 1991).

139

140 In addition to filtering the incoming water, the UNIK-900 wheel filter was also used  
141 for copepod collection from Svartatjern (van der Meeren, 2003). The collection and

142 concentration system was placed inside a small building on a raft in the middle of  
143 Svartatjern, and consisted of a slow-impeller-pump (1250 rpm) with up to 1000 l/min  
144 capacity, the filter, and six collection and settling tanks. The pump was submerged to 2  
145 m depth and lifted pond water into the first compartment of the wheel filter. A rotating  
146 fibreglass wheel equipped with 800  $\mu\text{m}$  plankton net sorted out objects too big for  
147 being copepods (e.g. hydromedusas), and the water entered the second compartment  
148 which was limited by a second wheel with 250  $\mu\text{m}$  plankton net. The copepods were  
149 trapped on this latter wheel filter, flushed off into a funnel, and drained down into a set  
150 of six 250 l round fibreglass tanks with conical bottoms. When these tanks were filled  
151 to the outlet, outputs from the filter bypassed these collection tanks, enabling  
152 sedimentation of dead plankton and other organic debris. A timer controlled the wheel  
153 filter and pump so collection and sedimentation could take place automatically during  
154 night and early morning. In this manner, the remaining live zooplankton could  
155 immediately be concentrated in the morning by slowly flushing the tank content  
156 through an 80  $\mu\text{m}$  conical plankton net submerged in the pond water. In the tanks, an  
157 inner tube with openings 15 cm above the cone prevented settled material from  
158 entering the drained water. Further, air and oxygen were supplied at the bottom of the  
159 submerged net to prevent the collected copepods from settling in the net cone. From  
160 experience, settling would induce heavy mortality among the copepods.

161

162 In addition to collection of copepods, 60 ml water samples were taken at 2 m depth  
163 and preserved in 0.6 ml of a glutaraldehyde-Lugol solution (Rousseau et al., 1990) for  
164 determination and enumeration of algal species and groups in the pond.

165 Hydrographical data (Table 1) were monitored twice a week with WTW portable  
166 meters (WTW LF 330 with Tetra Con 325 probe for salinity and temperature, and  
167 WTW Oxi 330 with CellOx 325 electrode for oxygen; WTW GmbH, Weilheim,  
168 Germany). Water samples for pH measurements and nutrient analyses were collected  
169 once a week and analysed for nitrate (including nitrite), orthophosphate, and silicate,  
170 using standard procedures (Koroleff, 1983). A Radiometer PHM 210 (London  
171 Scientific Ltd, London Ontario, Canada) was used for pH readings, and nutrients were  
172 quantified on a Shimadzu UV-160 UV-visible Recording Spectrophotometer

173 (Shimadzu Corp., Kyoto, Japan). Copepods, nutrient and algal samples, and  
174 hydrography were always collected between at 09:00 and 10:00 h.

175

176 In 2001, a single sample of zooplankton was also collected from the Hyltro lagoon in  
177 Austevoll, another coastal marine lagoon system previously used for copepod  
178 production and juvenile marine fish rearing (Øiestad et al., 1985). However, low  
179 copepod biomass prevented further collection from this system. Therefore, no  
180 hydrography, nutrients, or phytoplankton samples were collected from the Hyltro  
181 lagoon. Moreover, to be able to directly compare the copepod samples with intensive-  
182 produced live feed for marine fish larvae, one sample of the rotifer Brachionus  
183 plicatilis and three samples of Artemia franciscana (Great Salt Lake strain) were  
184 included during the 2000 season. The rotifers were reared at IMR with Isochrysis  
185 galbana and Rotimac (Bio-Marine Aquafauna Inc., Hawthorne, CA, USA) as feed.  
186 Two of the Artemia samples were 1-day old metanauplii obtained from IMR and from  
187 the commercial cod and halibut fry producer Austevoll Marin Yngel AS (AMY),  
188 respectively. Both these Artemia groups were enriched with DC-DHA Selco (INVE  
189 Aquaculture, Dendermonde, Belgium). The third sample was 3-day old Artemia from  
190 AMY, which also used Algamac 2000 (Bio-Marine Aquafauna Inc.) as feed in  
191 addition to the DC-DHA Selco for this on-grown Artemia group. To compare  
192 biochemical components of copepod nauplii (sieved through 150 µm and retained on  
193 80 µm plankton nets) and the older stages of copepods in the 250-800 µm fraction,  
194 three samples of nauplii from Svartatjern were included during the 2000 season. The  
195 collected nauplii biomasses were insufficient for other analyses than lipids, dry weight,  
196 and content of dry matter and ash.

197

198 In the following, samples from the Svartatjern pond are referred to as copepods and  
199 nauplii, the sample from the Hyltro lagoon as zooplankton, and the samples of the  
200 intensive produced live feed as rotifers and Artemia.

201

202 *2.2. Sample preparation*

203



204 The collected copepods were transported live for 10 min in a black 12-l-bucket to the  
205 sample preparation laboratory. Here, the copepods were placed in a mixing column of  
206 6 l volume and 9.5 cm diameter (van der Meeren, 2003), with densities between 400  
207 and 900 copepods/ml. To ensure proper mixing and sufficient oxygen supply, air and  
208 oxygen were mixed and bubbled gently from the tip of the cone at the bottom of the  
209 column. With this arrangement, copepods could easily be kept alive for more than 4 h,  
210 which was sufficient to prepare the samples for biochemical analyses. The bubbling  
211 also led to a homogenous distribution of copepods in the column, as shown from a  
212 biomass of  $2.6 \text{ g} \pm 0.12$  (mean wet weight  $\pm$  SD) among 10 subsequent samples of  
213 equal volume collected through a silicon tube placed 15 cm above the cone bottom.  
214 Further, the relationship between sample size in ml (V) and sample wet weight in  
215 grams (WW) showed high correlation among 5 replicate samples of unequal volume in  
216 the range of 50 to 500 ml ( $V = 258.98 \text{ WW} - 26.379$ ,  $R^2 = 0.9989$ ). Similarly, the  
217 relationship between actual counts of copepods from these samples (N) and V also  
218 showed high correlation ( $N = 138.46 V + 753.26$ ,  $R^2 = 0.9942$ ). In this way,  
219 uniformity of collected biomass among repeated samples from the column was  
220 demonstrated.

221

222 Aliquots of copepods were sampled from the column for the following biochemical  
223 analyses: lipid classes and total lipid fatty acids, pigments, protein and free amino  
224 acids, lipid-soluble vitamins, and water-soluble vitamins. In addition, one aliquot was  
225 collected to determine individual copepod wet weight, followed by another aliquot for  
226 determination of dry matter and ash content. Between 0.5 and 2.7 g copepod wet  
227 weight were sampled for each analysis. Finally, an aliquot of 50 ml was preserved with  
228 0.9 ml Lugol solution for identification of copepod species and stages, as well as other  
229 zooplankton species. Copepod samples were also made available for iodine analyses  
230 (published in Moren et al., 2006).

231

232 Wet weight was determined in all unpreserved samples by weak vacuum filtration at  
233 680 mm Hg (van der Meeren, 2003). The unit was equipped with 52 mm diameter  
234 filter disks of 60  $\mu\text{m}$  mesh size plankton net (Sefar Nitex 03-60/35, Sefar Holding Inc.,

235 Freibach, Switzerland). To remove salt, the samples were flushed 2-3 times with 10‰  
236 salt water made from distilled water and 0.2 µm filtered 35‰ seawater. Salinity lower  
237 than 10‰ was observed to burst the copepod exoskeleton, with subsequent loss of  
238 biomass. The resulting semi-dry “cake” of copepods was further divided into sub-  
239 samples by a spatula and transferred to pre-weighed Nunc cryotubes with an externally  
240 treaded lid. The cryotubes were then quickly weighed to nearest 0.1 mg on a Mettler  
241 AE200 (Mettler-Toledo Inc., Columbus, OH, USA). Lipid samples were then  
242 immediately frozen in liquid nitrogen, while the samples for the other biochemical  
243 components were quickly placed in an -80°C freezer. By this procedure, a short time  
244 (3-5 min) was ensured from sample collection to placement in freezer.

245

246 The sample for determination of individual copepod WW was first filtered and  
247 weighed as described above, then 75 to 100 ml of 10‰ salt water was added along  
248 with a few drops of Lugol solution to improve contrast, and finally ten well-mixed  
249 aliquots of 0.2-0.5 ml were collected from the sample and counted to determine the  
250 total number of copepods. A Leica MS5 stereo Microscope with options for both light  
251 and dark field (Leica Microsystems GmbH, Wetzlar, Germany) was used for counting.  
252 Variation among the 10 counts was low, with an average coefficient of variation of  
253 11%.

254

255 After freezing, the sample for determination of dry matter content was dried in a Heto  
256 FD8 freeze-drier (Heto-Holten AS, Allerød, Denmark). A freeze-drying period of 72 h  
257 was necessary to reach stable weight. To ensure reliable dry weight (DW)  
258 measurements over a range of different sample sizes, the sample DW in g was  
259 regressed on the corresponding WW for 9 replicate samples between 0.5 and 5.0 g wet  
260 weight. This sample series showed high linear correlation ( $DW = 0.140 WW + 0.004$ ,  
261  $R^2 = 0.999$ ). Amount of dry matter (% of WW) was calculated, and ash content (% of  
262 DW) was determined by combusting at 550°C for 24 h in pre-weighed porcelain  
263 crucibles.

264

265 The frozen samples for analysis of total protein, protein-bound amino acids, and free  
266 amino acids were also freeze-dried and weighed for determination of DW before being  
267 shipped in dry condition to the laboratory for analysis. All other samples were packed  
268 on dry ice and kept frozen when shipped to the analytical laboratories within 3 h.  
269 Preparation of the zooplankton, rotifer, and *Artemia* samples was in all respects similar  
270 to the copepod samples.

271

272 After the sample preparations were completed, copepod viability of the remaining  
273 biomass was checked by a light-dark test. A sample of copepods was placed on a Petri  
274 dish with seawater, and partly covered by aluminium foil. The cover was then moved  
275 to the other half of the disk. In both cases, almost 100% of the copepods gathered  
276 under the shadowed area within a short time. This was consistent throughout the  
277 sampling seasons, showing no mortality during sample collection. In addition, the  
278 samples were inspected under the Leica stereo microscope for damages on the  
279 copepod antennae and tail, and for content of organic debris (van der Meeren, 2003).

280

### 281 *2.3. Analytical methods*

282

#### 283 *2.3.1. Lipids and fatty acids*

284

285 Frozen samples were homogenized in solvent using an Ultra Turrax (IKA Werke  
286 GmbH, Staufen, Germany) and total lipid extracted according to the method of Folch  
287 et al. (1957). After evacuation of the solvent under nitrogen, water was evacuated  
288 under vacuum over dry sodium hydroxide, and total lipid quantified gravimetrically.  
289 The lipid was then stored in chloroform:methanol (2:1) under nitrogen at -80°C until  
290 used for further analysis. Lipid class composition was assessed using the HPTLC  
291 double development method of Olsen and Henderson (1989). For fatty acid analysis of  
292 total lipid, portions of the samples were subjected to the sulphuric acid catalysed  
293 transesterification method of Christie (1982), extracted into hexane, and stored at –  
294 80°C until analysed. Quantitative analysis of fatty acid methyl esters were carried out  
295 by gas liquid chromatography using a HP 5890 gas chromatograph (Hewlett Packard

296 Labs Inc., Palo Alto, CA, USA) equipped with a J&N Scientific Inc DB-23 fused silica  
297 column (30 m x 0.25 mm i.d.) as described by Olsen et al. (2004). Abbreviations for  
298 lipid classes and fatty acids used in the text are given in Table 2.

299

### 300 2.3.2. Protein and amino acids

301

302 Sub-samples (15-25 mg) of the freeze-dried samples were extracted in Eppendorf  
303 tubes in 1 ml 6% tri-chloro-acetic acid (TCA) under rotation (Heto Rota-Mix) for 24 h  
304 at 4°C. After centrifugation (15000 x g, 10 min, 4°C), the supernatant was used for  
305 free amino acid (FAA) analysis after appropriate dilution in borate buffer (100 mM,  
306 pH 10.4). The precipitate was washed once in 6% TCA, re-centrifuged, and transferred  
307 to a 10 ml tube and dissolved in 4 ml of 1 M NaOH by rotation for 48 h at room  
308 temperature for analysis of total protein and protein-bound amino acids (PAA). After  
309 centrifugation (15000 x g, 10 min, 20°C), the supernatant was collected and  
310 appropriately diluted to 0.5 M NaOH with distilled water, and used for determination  
311 of total protein by the method of Lowry et al. (1951), using the micro-modification of  
312 Rutter (1967) with bovine serum albumin (BSA, Sigma A-7638) in 0.5 M NaOH as  
313 standard and 0.5M NaOH as blank. The colour was allowed to develop in darkness for  
314 30 min and, after an additional mixing, the sample absorbance was read on a Perkin  
315 Elmer Biolambda spectrophotometer (PerkinElmer Inc., Waltham, MA, USA) at 750  
316 nm. Preliminary tests showed no increase in the protein or FAA contents of the freeze-  
317 dried copepod, Artemia, or rotifer material by Potter-Elvehjem glass-glass  
318 homogenisation, so direct extraction of the freeze-dried material in TCA or NaOH was  
319 routinely used in this study.

320

321 An aliquot (200 µl) of the NaOH supernatant was added concentrated HCl to reach  
322 final concentration of 6 M HCl to allow acid protein hydrolysis (106°C, 24 h) in N<sub>2</sub>-  
323 flushed stoppered glass vials. Samples of 6 M HCl were included in the hydrolysis as  
324 blank controls. The hydrolysed samples were neutralised by addition of equal volume  
325 of 6 M NaOH and appropriately diluted in the borate buffer before analysis. All

326 reagents used in the analyses were prepared from glass-distilled, ion-exchanged  
327 (Millipore Milli-Q) water with a resistance of 18 M $\Omega$ .

328

329 Amino acid analysis was performed by reversed-phase chromatography using a Gilson  
330 HPLC (Gilson Medical Electronics Inc., Middleton, WI, USA) with fluorometric  
331 detection (OPA and FMOC reagents) and connected to an ASTED (Automated  
332 Sequential Trace Enrichment of Dialysates) sample robot and a 3 x 150 mm, 3  $\mu$ m  
333 particle size Inertsil ODS-3 column from Varian (Varian Inc., Palo Alto, CA, USA).  
334 The analytical reproducibility based on repetitive analyses of standards was <1% for  
335 all amino acids except proline (4%). The applied HPLC procedure did not separate  
336 phosphoserine and aspartic acid. In the analysis of FAA of the 2001 samples, the  
337 glycine peak dominated the following threonine peak so it could not be resolved or  
338 quantified. Protein-bound tryptophan is difficult to quantify after acid hydrolysis since  
339 it is partly destroyed by the treatment. Gilson Unipoint 715 Software, version 2.10 was  
340 used for peak analysis and sample integration.

341

342 The PAA values ( $\mu$ moles/mg DW of analysed material) were converted to the  
343 equivalent protein content and expressed both in molar terms of the various amino  
344 acids ( $\mu$ moles/mg DW), and in weight-specific terms as an equivalent to protein  
345 content ( $\mu$ g/mg DW). Abbreviations for the amino acids used in the text are the lower  
346 case equivalents to abbreviations used in Tables 3 and 4. The terminology of  
347 dispensable (DAA) and indispensable (IAA) amino acids are used according to Harper  
348 (1983) and the following 10 amino acids are termed IAA for fishes according to  
349 Wilson (1985): arg, his, ile, leu, lys, met, phe, thr, trp, and val. The inclusion of arg  
350 and tyr among the IAA in this study of the natural feed organisms of fish larvae is in  
351 agreement with results on embryonic and neonatal vertebrate nutrition which  
352 document their strong dependency on amino acids (e.g. Rønnestad et al., 2003; Wu et  
353 al., 2004; Dabrowski et al., 2005; Urschel et al., 2006, 2007).

354

355 *2.3.3. Pigments*

356

357 The frozen samples were added acetone and homogenized on ice using an Ultra Turrax  
358 homogenizer. Moisture was removed by means of  $\text{Na}_2\text{SO}_4$  and samples stored at  $-80^\circ\text{C}$   
359 until analysed. Astaxanthin and  $\beta$ -carotene were quantified using a HP automated  
360 sample injector (G1329A ALS), a G1315A DAD diode array detector and G1316A  
361 ColComp column temperature controller, maintained at a constant temperature of  $4^\circ\text{C}$ .  
362 Separation was performed using tandem installed Chromspher 5 mm C18 columns  
363 (100 mm x 3 mm i.d.) with a guard column of C18 material (Chromsep guard column  
364 SS) preceding the main column. The mobile phase was  
365 acetonitrile:dichlormethane:methanol:propionic acid:water (61:20:7.6:5.7:5.7), which  
366 was filtered before use. Vitamin C (263 mg/l) was added to the mobile phase as an  
367 antioxidant. The flow rate was isocratic at 1 ml/min. Both column and auto injector  
368 temperatures were maintained at  $1^\circ\text{C}$ . Peaks were detected at 476 nm for astaxanthin  
369 and  $\beta$ -carotene, and subsequently quantified with reference to authentic standards.  
370 Each sample was analysed in triplicates. Data were stored and processed using HP  
371 Chemstation software.

372

#### 373 2.3.4. *Vitamins*

374

375 All analyses of vitamins were performed on thawed samples and related to wet sample  
376 weight. After analysis, data were converted relative to DW by dividing with the dry  
377 matter fraction obtained from separate samples as described above in section 2.2.  
378 Whenever vitamin concentration was between the detection and quantification limits,  
379 it was denoted as trace amounts. However, to reduce error and variation, particularly at  
380 low vitamin concentrations, the trace values were included in the calculations of  
381 average vitamin levels.

382

383 Samples for analyses of the lipid soluble vitamins were homogenised and weighed into  
384 screw-capped glass tubes, saponified, and extracted with hexane. Vitamin D was up-  
385 concentrated by passage over a preparative normal phase HPLC column, where the  
386 isomeres  $\text{D}_2$  and  $\text{D}_3$  eluted as one peak, which was collected. The collected fraction  
387 was then subjected to analytical reverse phase HPLC with UV detection at 275 nm,

388 which separates the vitamin D isomers. Vitamin D<sub>3</sub> was quantified by using vitamin  
389 D<sub>2</sub> as internal standard and vice versa. Vitamin D<sub>2</sub> was not detected at all in the  
390 samples. The method and instrumentation are described in detail in Horvli and Lie  
391 (1994) and CEN (1999a).

392

393 Vitamin A was subjected to normal phase HPLC with UV detection at 325 nm and  
394 quantified by external standards according to method and instrumentation described in  
395 Moren et al. (2004a). This method gives a large peak with similar retention time as all  
396 trans retinol in samples from Artemia. However, later work has shown, by the use of a  
397 diode array detector, which produces UV spectra of the peaks, that this compound is  
398 not vitamin A (Moren et al., 2005). The tocopherols (vitamin E isomers) were also  
399 analysed by normal phase HPLC, detected by fluorescence at 295 nm excitation and  
400 330 nm emission and quantified using external standards (CEN 1999b). Given relative  
401 to wet weight of the sample, the detection and quantification limits of the analytical  
402 methods are 6 and 20 ng/g for vitamin D, 8 and 28 ng/g for vitamin A, 11 and 38 ng/g  
403 for  $\alpha$ -tocopherol, and 8 and 28 ng/g for the other tocopherols, respectively.

404

405 The samples for ascorbic acid (vitamin C) were homogenised and extracted in meta-  
406 phosphoric acid with dithiothreitol, which reduces de-hydro ascorbic acid to ascorbic  
407 acid. Compounds in the extract were separated by reverse phase HPLC, and ascorbic  
408 acid was detected by amperometrically at 0.6 V and quantified using external  
409 standards (Mæland and Waagbø, 1998). The B vitamins, thiamine and riboflavin, were  
410 analysed by semi-automated microbiological methods which are detailed in Mæland et  
411 al. (2000). Detection and quantification limits of the methods relative to wet weight of  
412 the sample are 0.35 and 1.1  $\mu\text{g/g}$  for vitamin C, 1.3 and 4.3  $\mu\text{g/g}$  for riboflavin, and  
413 0.02 and 0.2  $\mu\text{g/g}$  for thiamine, respectively.

414

#### 415 2.4. Statistical analysis

416

417 Differences in biochemical indices were tested by Students t-test after checking for  
418 normal distribution by Kolmogorov-Smirnov tests for normality (goodness of fit,

419 Lilliefors P-values). Student t-tests were carried out for copepods between the two  
420 years, and between copepods and copepod nauplii in 2001. Whenever the biochemical  
421 indices were percentages, arcsine transformation was carried out before statistical  
422 testing as suggested by Sokal and Rohlf (1995). Differences among means were  
423 considered statistically significant at  $P < 0.05$ .

424

425

### 426 **3. Results**

427

#### 428 *3.1. Hydrography and phytoplankton*

429

430 Temperature in Svartatjern during sample collection (Table 1) typically started  
431 between 7-9°C in the spring, rising in May to around 15-16°C with a peak of 18-19°C  
432 before emptying the pond in mid-summer. After refilling in late July, temperature was  
433 in the range of 17-18°C until early September, and dropped gradually to 7-6°C at early  
434 December. Salinity started in the range of 30-31‰ every time the pond was, but  
435 dropped slowly over time due to precipitation run-off. At salinities below 24‰, new  
436 salt water was pumped into the system. Average salinity was 25.2 and 26.3‰ for 2000  
437 and 2001, respectively (Table 1). Oxygen saturation fluctuated with algal production,  
438 being highest during periods of net primary production at good light conditions (March  
439 to October). During intensive primary production in May and June, water became  
440 supersaturated with oxygen (up to 160% saturation) and with corresponding high pH  
441 level up to 9.1 (Table 1). Average Secchi disc readings were 1.4 and 1.7 m in 2000 and  
442 2001, respectively. Algal nutrients (Table 1) were low during the seasons of net  
443 primary production, but increased quickly from mid-October when light intensity and  
444 photoperiod declined.

445

446 Many of the phytoplankton species present in the pond were small (3-5  $\mu\text{m}$ ) single-  
447 celled specimens that were not possible to identify. This confined between 81.9 and  
448 99.9% of monads and flagellates, which overall was the most abundant phytoplankton  
449 group (Fig.1), with densities in the range of 21 to 378 cells/ $\mu\text{l}$  (2000), and 1 to 269



450 cells/ $\mu\text{l}$  (2001). Both years, cell densities of monads and flagellates fell below 30  
451 cells/ $\mu\text{l}$  at end of October. Similarly, all other phytoplankton groups also quickly  
452 declined in late autumn (Fig. 1). Considering abundances above 5 cells/ $\mu\text{l}$ ,  
453 Rhizosolenia fragilissima was initially the most abundant diatom (Bacillariophyceae)  
454 with 19 cells/ $\mu\text{l}$  during late May of the 2000 season. This was followed by the green  
455 algae (Chlorophyceae) Gloeocystis sp (5 cells/ $\mu\text{l}$ ) and Oocystis sp (11 cells/ $\mu\text{l}$ ) in last  
456 half of June, with late September appearance of the diatoms Skeletonema costatum (10  
457 cells/ $\mu\text{l}$ ) and a small Chaetoceros sp (93 cells/ $\mu\text{l}$ ) in October.

458

459 In 2001, the green alga Nephrocytium sp (11 cells/ $\mu\text{l}$ ) was abundant in April and first  
460 half of May, followed by Gloeocystis sp (22 cells/ $\mu\text{l}$ ) and Oocystis sp (16 cells/ $\mu\text{l}$ ) that  
461 lasted until end of August. R. fragilissima peaked at 9 cells/ $\mu\text{l}$  in late May, but was  
462 abundant until late July. Among the diatoms, a small Thalassiosira sp bloomed to 12  
463 cells/ $\mu\text{l}$  in late July and lasted to mid-October, while Nitzschia closterium went up to a  
464 maximum of 43 cells/ $\mu\text{l}$  during its blooming period in September and October. Other  
465 algae just exceeding 5 cells/ $\mu\text{l}$  in 2001 were Katodinium sp (Dinophyceae) in mid-  
466 June and Emiliana huxleyi (Haptophyceae) in late July. Ciliates were often dominated  
467 by Strombidium sp, and reached high levels of more than 100 cells/ml several times  
468 during late spring and autumn both years (Fig. 1).

469

### 470 3.2. Copepod species and stages

471

472 Three species of copepods dominated the samples from Svartatjern: Eurytemora  
473 affinis, Centropages hamatus, and Acartia grani (Fig. 2). These copepods typically  
474 occurred in single or paired dominance, and a substantial fraction of all three species  
475 together was therefore rarely observed and only during short transitions. In 2001, the  
476 common succession pattern previously observed in Svartatjern from spring to autumn  
477 (Eurytemora-Centropages-Acartia-Centropages-Eurytemora) was shifted, as A. grani  
478 had its main season before the pond was emptied at mid-summer, and therefore  
479 overlapped with E. affinis in May. In this sense, the seasonal succession pattern  
480 diverged the two years of copepod collection. Other copepod species constituted

481 maxima of 2.4% (2000) and 3.4% (2001) of the total zooplankton items in the samples  
482 (Fig. 2). Of non-copepod zooplankton species in Svartatjern, the cladoceran Podon sp  
483 occurred only during short periods and contributed up to 13.1% (2000) and 20.5%  
484 (2001) of single samples (Fig. 2). Podon sp was most abundant during September both  
485 years. The other brief contributor to the non-copepod zooplankton was young medusa  
486 stages of Sarsia sp, with 11.3% of the plankton numbers and only found in the 18-  
487 May-sample of 2001.

488

489 The nauplii sample from April 2001 contained both copepod nauplii (55%) and first  
490 copepodid stages (45%). In this sample, 32% was A. grani, while C. hamatus and E.  
491 affinis constituted the rest. Copepodids were not found in the other two nauplii  
492 samples from late July and mid-September 2001, in which A. grani comprised 65 and  
493 39%, respectively. In the Hyltro lagoon sample, E. affinis constituted 43.3% of  
494 enumerated zooplankton, while other observed zooplankton species or groups were the  
495 copepod Paracalanus parvus (2.7%), copepod nauplii (16.7%), decapod zoeae (32.4%),  
496 and Sarsia sp medusae (4.8%).

497

### 498 3.3. Zooplankton size, dry matter and ash content

499

500 Individual copepod DW (Fig. 3, Table 2) was in the ranges of 5.3-13.7  $\mu\text{g}$  (2000) and  
501 4.2-13.9  $\mu\text{g}$  (2001). In 2000, DW increased with time and reached maximum values in  
502 late June, and another maximum in October. In contrast, the 2001 copepods were  
503 biggest in late May, and smallest in November. The DW of individual zooplankton  
504 from the Hyltro lagoon was 9.9  $\mu\text{g}$ . Copepod nauplii (Table 2) had low DW in two of  
505 the samples (0.18 and 0.25  $\mu\text{g}$  per nauplius at end of July and mid-September,  
506 respectively), while DW was 1.46  $\mu\text{g}$  per nauplius in the late-April sample, reflecting a  
507 higher content of young copepodid stages observed in this latter sample. The rotifers  
508 weighed 0.61  $\mu\text{g}$  per individual (Table 2), while 1-day-old Artemia was 2.12 and 2.14  
509  $\mu\text{g}$  and 3-day-old Artemia was 2.48  $\mu\text{g}$ .

510

511 Dry matter content in the copepods was quite stable and averaged 14.9 and 15.3% of  
512 WW for 2000 and 2001, respectively (Fig. 3, Table 2). Dry matter content of the  
513 nauplii was quite similar to the copepods (Table 2). In contrast, the zooplankton  
514 contained more dry matter (17.7%). Rotifers contained less dry matter (13.2%) than  
515 copepods, and Artemia even less (8.9-10.8%).

516

517 Average ash content was quite constant both years, and within 9.5 and 10.5% of DW  
518 for the copepods, nauplii, rotifers, and Artemia (Table 2, Fig.3). This contrasted the  
519 zooplankton sample, which contained 14.3% ash.

520

### 521 3.4. Lipids and fatty acids

522

523 The total lipid content (TL) in the copepods was relatively low and stable, with the  
524 exception of one sample that was 220  $\mu\text{g}/\text{mg}$  DW, corresponding to 22% of DW  
525 (Table 2, Fig. 4). Average copepod TL in 2000 and 2001 was close (108 and 111  
526  $\mu\text{g}/\text{mg}$  DW), while TL of the copepod nauplii (86  $\mu\text{g}/\text{mg}$  DW) was significantly lower  
527 than in the copepods. The zooplankton had higher TL than that found in copepods and  
528 was more similar to the rotifers (Table 2), while Artemia was loaded up with a lipid  
529 content of approximately 25% of DW.

530

531 Regarding lipid class composition, the main components of the copepod neutral lipids  
532 were TAG and cholesterol. TAG averaged 2.6 and 2.2% of copepod DW in 2000 and  
533 2001, respectively, which corresponded to 21.9 and 20.2% of TL for the two years  
534 (Table 2, Fig. 4). Similarly, mean cholesterol levels were 1.5 and 1.3% of copepod  
535 DW, equivalent to 13.2 and 12.4 % of TL in 2000 and 2001, respectively. Copepod  
536 nauplii had lower fractions of TAG and cholesterol than the average values of the  
537 copepods samples, but only statistically significant for cholesterol. TAG showed a  
538 large variation among both copepod and nauplii samples. The zooplankton displayed  
539 almost twice the amount of TAG (4.2% of DW and 29.4% of TL) compared to  
540 copepods, and rotifers had even more TAG (6.1% of DW and 39.4% of TL). In  
541 Artemia, TAG constituted as much as 16.8-19.6% of DW (69.0-77.1% of TL). It

542 should also be noted that the algae-derived neutral glyco glycerolipids (galactocides) in  
543 combination with neutral glycosphingolipids (cerebrocides) or sulfoglycerolipids  
544 (sulfolipids) were more or less absent in rotifers and Artemia (Table 2: MGDG+CB  
545 and DGDG+SL). Significant differences in copepod neutral lipids between the two  
546 years were only detected for MGDG+CB.

547

548 Amounts of polar lipids in the copepods averaged 6.2 and 6.3% of copepod DW for  
549 2000 and 2001, respectively, with a relatively stable fraction averaging 57.1% (2000)  
550 and 58.2% (2001) of TL (Table 2, Fig. 4). Polar lipid content in rotifers was more  
551 similar to copepods, constituting 6.1% of DW but corresponding only to 39.8% of TL.  
552 Copepod nauplii and the zooplankton sample had somewhat lower content of polar  
553 lipids (5.4 and 5.1% of DW, equivalent to 63.1 and 36.0% of TL, respectively). In  
554 contrast, polar lipids in Artemia were lower and between 3.9 and 5.0% of DW (15.4-  
555 20.5% of TL). The major phospholipids in copepods and copepod nauplii were PC and  
556 PE, each having average levels between 1.5 and 2.0% of DW and 17.6-20.5% of TL  
557 (Table 2, Fig. 4). Significant difference in copepod phospholipid class composition  
558 between the two years was only found for PS. PC and PE also dominated  
559 phospholipids in the zooplankton and the rotifer samples (1.5-2.1% of DW and 10.6-  
560 13.7% of TL), as well as in the Artemia samples (1.2-1.9% of DW and 4.8-7.6% of  
561 TL).

562

563 In the copepods, PUFA dominated the TL fatty acid composition, accounting for 63.3  
564 and 64.2% of TL in 2000 and 2001, respectively (Table 2). Variation in PUFA was  
565 low between the samples within each year. Although not significantly different from  
566 the copepods, PUFA fraction in copepod nauplii was even higher (69.4% of TL), on  
567 the expense of MUFA. Zooplankton was more similar to rotifers and Artemia, with  
568 PUFA levels ranging between 43.6 and 48.5% of TL. Compared to copepods, these  
569 reduced levels of PUFA were balanced by increased fractions of MUFA (20.1-34.8%  
570 of TL).

571

572 Among the single fatty acids, DHA was abundant in the copepod samples, averaging  
573 34.4 and 32.9% of TL for 2000 and 2001, respectively (Table 2, Fig. 5). The copepod  
574 nauplii averaged 40.5% DHA, which was significantly higher than for the copepod  
575 samples in 2001. These high levels contrasted the DHA fraction of 17.3% found in the  
576 zooplankton sample. In the intensively produced live feed, DHA was between 10.6  
577 and 20.0%, with highest level in the 3-day on-grown Artemia. In the copepods,  
578 averages of EPA were between 16.2 and 17.4% of TL, including copepod nauplii and  
579 zooplankton. However, in rotifers and Artemia EPA was lower, ranging between 7.1  
580 and 9.2%, respectively. Another abundant fatty acid was palmitic acid (16:0), which  
581 was between 13.7 to 19.7% of TL in all groups (Table 2). Among other important fatty  
582 acids, ARA was very low in the copepod and copepod nauplii samples and even below  
583 detection limit in many samples. This contrasted that of zooplankton, rotifers, and  
584 Artemia where ARA was more abundant, ranging between 1.6 and 3.2% of TL.  
585 Significant differences in fatty acids composition between the copepod samples from  
586 2000 and 2001 were mainly found among the fatty acids with 18 carbon atoms (C18),  
587 along with myristic acid (14:0). Similarly, significant lower fractions among C18 fatty  
588 acids were also found for copepod nauplii when compared with the copepod samples  
589 from the same year (Table 2).

590

591 The average DHA/EPA ratio was 2.1 and 2.2 for copepods in 2000 and 2001,  
592 respectively (Table 2, Fig. 5). Copepod nauplii had somewhat higher DHA/EPA ratio,  
593 but not significantly different from the 2001 copepods. The zooplankton had the  
594 lowest DHA/EPA ratio (1.1), while intensively reared live feed varied between 1.4 and  
595 2.2, the latter belonging to 3-day on-grown Artemia. The EPA/ARA ratio was in  
596 general very high in copepods and copepod nauplii (on average between 23.2 and  
597 27.7), and also relatively high in the zooplankton sample (10.3). This contrasted the  
598 EPA/ARA ratios in rotifers (3.7) and Artemia (2.9-4.0). A similar pattern was seen for  
599 the (n-3)/(n-6) ratio, which was highest in copepods and lowest in the rotifers (Table 2,  
600 Fig. 5).

601

602 *3.5. Protein and protein-bound amino acids*

603

604 The protein content determined by the Lowry method using BSA as reference standard  
605 averaged 38.3 and 56.5% of copepod DW for 2000 and 2001, respectively (given as  
606  $\mu\text{g}/\text{mg}$  DW in Table 3). This difference was significant, but did not correspond to a  
607 similar magnitude in the protein calculated from weight-specific protein-bound amino  
608 acids ( $\text{PAA}_w$ ). Although still significantly different, the average  $\text{PAA}_w$  values in  
609 copepods from the two years were more similar, and corresponded to 44.4 and 41.3%  
610 of copepod DW in 2000 and 2001, respectively. Variation in  $\text{PAA}_w$  over time was low  
611 (Table 3, Fig. 6) as indicated by a coefficient of variation close to 10%. No significant  
612 correlations were observed between protein determined by the Lowry method and  
613 protein calculated as  $\text{PAA}_w$  for any of the two years with copepod samples. Some  
614 discrepancy also occurred between the two methods of protein content determination  
615 in the zooplankton sample (36.6 vs. 30.3% for the Lowry vs.  $\text{PAA}_w$  method), while  
616 protein contents determined by the two methods were more in agreement for rotifers  
617 and Artemia samples (Table 3). Rotifers were lowest in  $\text{PAA}_w$ -calculated protein  
618 content (24.8% of DW), followed by 1-day-old and 3-day-old Artemia (27.8 to 36.8%  
619 of DW). The reasons for the discrepancies in protein determination between the Lowry  
620 and the  $\text{PAA}_w$  methods for zooplankton and copepods were not clarified.

621

622 The concentration of protein-bound amino acids ( $\text{PAA}_c$ ) was lowest in rotifers (2.3  
623  $\mu\text{moles}/\text{mg}$  DW), being almost half of that in copepods in 2000 (4.1  $\mu\text{moles}/\text{mg}$  DW)  
624 (Table 3). All concentration-specific PAA and IAA indices applied on the copepod  
625 samples were significantly different between 2000 and 2001, but with low variation  
626 within each of the years (Table 3, Fig. 6). Considering all prey types sampled, the  
627 concentration-specific IAA fraction of PAA ( $\text{IAA}_c/\text{PAA}_c$ ) was between 40.4 and  
628 43.7%. Similarly, the  $\text{IAA}_c/\text{DAA}_c$  ratio of the hydrolysed protein averaged 0.68 and  
629 0.70 in the copepod samples from 2000 and 2001, respectively (Table 3), while for the  
630 rotifers and Artemia it was higher (between 0.75 and 0.78). In contrast, the  
631  $\text{IAA}_c/\text{DAA}_c$  ratio in the zooplankton sample was 0.71, and more in accordance with  
632 the copepods.

633

634 In the PAA<sub>c</sub>, leu, val, lys, and ile were the most dominant IAA in all samples, followed  
635 by arg, phe, and thr (Table 3). Among DAA, glu+gln, asp+asn, ala, and gly were the  
636 most abundant amino acids. Concentrations of all amino acids, except lys and asp+asn,  
637 were significantly different between the copepod samples of the two years (Table 3).  
638 In absolute values, amino acid concentrations were generally lower in the zooplankton,  
639 rotifers, and Artemia, compared to the copepods (Table 3). However, regarding the  
640 amino acid profiles expressed as percentage of the hydrolysed copepod protein, they  
641 were similar the two years of sampling (Fig. 6), with no significant differences found  
642 for major IAA as thr, leu, lys, and ile. Also the zooplankton, rotifers, and Artemia  
643 PAA profiles showed similarities with the copepods. The observed differences can be  
644 attributed to very low variation in fractions of single amino acids in the hydrolysed  
645 protein (Fig. 6), typically displaying coefficients of variation between 3 and 15%.

646

### 647 3.6. Free amino acids

648

649 The weight-specific content of free amino acids (FAA<sub>w</sub>) in the copepod samples from  
650 Svartatjern varied between 4.3 and 8.9% of copepod DW, averaging 5.6 and 6.5% for  
651 2000 and 2001, respectively (given as µg/mg DW in Table 4). The average FAA<sub>w</sub>  
652 content of the copepods was significantly different between the two years. In the  
653 zooplankton sample, FAA<sub>w</sub> was in the upper range of the levels observed in the  
654 copepods and composed 8.6% of the zooplankton DW, while in the intensive reared  
655 live feed FAA<sub>w</sub> was considerably lower than in copepods and corresponded to 1.7% in  
656 rotifers and 2.6 to 3.4% in Artemia.

657

658 Concentration of free amino acids (FAA<sub>c</sub>) was lowest in rotifers and Artemia, higher  
659 in copepods, and highest in the zooplankton (Table 4). The absolute levels of  
660 indispensable free amino acid concentration (IAA<sub>c</sub>) in copepods were not significantly  
661 different between 2000 and 2001. However, significant differences among copepods  
662 occurred between the two years when other concentration-specific IAA indices like  
663 IAA<sub>c</sub>/FAA<sub>c</sub> and IAA<sub>c</sub>/DAA<sub>c</sub> ratios were considered, and among concentrations of  
664 most individual FAA (Table 4). Only the rotifers had a higher IAA<sub>c</sub>/FAA<sub>c</sub> fraction

665 (30.6%) than the copepods (19.1-24.3%), with *Artemia* and zooplankton displaying the  
666 lowest IAA<sub>c</sub>/FAA<sub>c</sub> fractions (10.0-15.6%). A similar pattern was demonstrated for the  
667 IAA<sub>c</sub>/DAA<sub>c</sub> ratio. Variation in all IAA<sub>c</sub> indices was low among the copepod samples  
668 each year (Table 4, Fig. 7).

669

670 Assuming similar levels of thr in 2001 as in 2000, the averaged copepod FAA<sub>c</sub> profiles  
671 expressed as percentage (relative abundance) were dominated in decreasing order by  
672 gly, tau, arg, and ala (26.9-9.0%, totalling 70.6% of FAA<sub>c</sub> in 2000, and 39.0-6.1%,  
673 totalling 76.9% of FAA<sub>c</sub> in 2001). In the zooplankton sample, the four most abundant  
674 amino acids were in decreasing order gly, tau, pro, and arg (30.3-8.8%, totalling 72.8%  
675 of FAA<sub>c</sub>), with also ala being abundant (8.8%). In rotifers, the FAA<sub>c</sub> profile was more  
676 diverse, and the four most abundant amino acids included ser, glu, arg, and tyr (13.2-  
677 8.5%, adding up to 44.3% of FAA<sub>c</sub>). The four most abundant FAA<sub>c</sub> in the *Artemia*  
678 samples were all DAA and comprised tau, ala, pro, and glu (averaged to 24.3-12.6%  
679 which summed up to 68.0% of total FAA<sub>c</sub>). Relative abundance of single amino acids  
680 in the FAA<sub>c</sub> profiles throughout the sampling season was more variable compared to  
681 the PAA<sub>c</sub> profiles (Fig. 6, 7).

682

683 Considering all copepod samples of both years, total FAA concentration correlated  
684 significantly with salinity ( $R^2 = 0.379$ ,  $P < 0.0001$ ), where increased salinity elevated  
685 the total FAA<sub>c</sub> level. Among individual amino acids of the FAA<sub>c</sub> pool, significant  
686 positive correlation with salinity was found for of gly ( $R^2 = 0.466$ ,  $P < 0.0001$ ), pro  
687 ( $R^2 = 0.174$ ,  $P = 0.0013$ ), and arg ( $R^2 = 0.131$ ,  $P = 0.0061$ ), while asn had a weak but  
688 significant negative correlation ( $R^2 = 0.122$ ,  $P = 0.0083$ ).

689

### 690 3.7. Pigments and vitamins

691

692 Astaxanthin was abundant in the copepods, and the levels were relatively similar  
693 between 2000 and 2001 (Table 5, Fig. 8). The copepod astaxanthin content was lowest  
694 during the two weeks after mid-summer, with minimums of 321 and 362  $\mu\text{g/g}$  DW in  
695 2000 and 2001, respectively. In 2000, the copepod astaxanthin level reached 832  $\mu\text{g/g}$



696 DW in mid-October, while in 2001 the levels continued to rise and peaked in mid-  
697 November at 1422  $\mu\text{g/g}$  DW. In the zooplankton sample, astaxanthin was about 25%  
698 of the average copepod pigment content in the corresponding year, while the rotifers  
699 similarly contained 3.8% of the copepod astaxanthin content. In all cases, only free  
700 astaxanthin was found, and no esters were observed. All Artemia samples were devoid  
701 of astaxanthin, but contained canthaxanthin in the same ranges as copepod astaxanthin  
702 (Table 5). Further,  $\beta$ -carotene was not detected in any of the samples.

703

704 Of the lipid-soluble vitamins, vitamin D<sub>3</sub> was either not detected in the copepod  
705 samples or found in trace amounts (three of the samples). On average, it was therefore  
706 considered below the detection limits of the method (Table 5). The zooplankton  
707 sample was also free of vitamin D<sub>3</sub>, while levels in rotifers and Artemia were 0.9 and  
708 0.7-1.8  $\mu\text{g/g}$  DW, respectively. Further, vitamin A was found in low levels or beyond  
709 quantification limits in the copepods. In many samples, vitamin A was even below  
710 detection limit, particularly in 2001 (Table 5). Zooplankton and rotifers were also low  
711 in Vitamin A (0.2  $\mu\text{g/g}$  DW), and in Artemia realistic values for vitamin A were not  
712 possible to quantify due to analytical problems (see section 2.3.4.). Vitamin E was  
713 abundant in all samples (Fig. 8) and was dominated by the isomer, E <sub>$\alpha$</sub>  (Table 5),  
714 constituting between 90 and 100% of total vitamin E. No other isomers were detected  
715 in the zooplankton sample, while the remaining vitamin E in the copepods was E <sub>$\gamma$</sub>  and  
716 E <sub>$\beta$</sub> , the latter only observed in 2000. Both rotifers and Artemia showed low levels of  
717 vitamin E <sub>$\gamma$</sub> , and in addition Artemia displayed low but consistent levels of vitamin E <sub>$\delta$</sub> ,  
718 not found in the other feed types.

719

720 In the water-soluble vitamins, copepods showed high but variable levels of vitamin C  
721 (Table 5, Fig. 8). Vitamin C in zooplankton, rotifers, and Artemia was within the range  
722 of one standard deviation of the average values observed in the copepods. In copepods,  
723 levels of thiamine was consistent and well above the quantification limit of the  
724 method, with some variation between the years at different seasons (Fig. 8). Thiamine  
725 was also abundant in zooplankton, rotifers and Artemia (Table 5). In contrast,

726 riboflavin values varied around quantification limit of the method in copepods (Fig. 8),  
727 zooplankton and rotifers, while Artemia had slightly higher levels (Table 5).

728

729

#### 730 **4. Discussion**

731

732 The biochemical composition of the copepods from Svartatjern was generally  
733 characterised by substantial amounts of polar lipids, high levels of n-3 PUFA  
734 (particularly DHA and EPA), protein with a diverse amino acid contribution in the  
735 PAA profile (both for IAA and DAA, FAA dominated by few amino acids (gly, tau in  
736 DAA and arg in IAA), high levels of astaxanthin, and considerable amounts of vitamin  
737 C and vitamin E. In addition, compounds like  $\beta$ -carotene and vitamin D<sub>3</sub> were  
738 virtually absent in the copepods, while vitamin A and riboflavin were in the range of  
739 trace limit concentrations. Further, the biochemical composition showed surprisingly  
740 high stability between years or seasons within a year, despite large changes in copepod  
741 species composition and environmental conditions (e.g. photoperiod, temperature and  
742 salinity). However, the zooplankton sample from the Hyltro lagoon contrasts that of  
743 Svartatjern copepods in containing more lipids with less PUFA and DHA. In addition,  
744 the zooplankton had less protein, somewhat different FAA profile with more  
745 dispensable FAA, along with lower astaxanthin and vitamin C content. These  
746 discrepancies may most likely be explained by differences in phytoplankton  
747 communities and densities, but also by a different composition of crustacean taxa,  
748 since decapod larvae contributed to 32.4% of enumerated plankton in the zooplankton  
749 sample. This may also clarify occurrence of slightly heavier individuals with higher  
750 fraction of dry matter and ash in the zooplankton, probably because decapod zoeae are  
751 more heavily armoured with carapace spines than copepods.

752

753 An important question is to what extent Svartatjern represents natural ecosystems, and  
754 how this pond-like system may affect the biochemical composition of copepods? The  
755 Svartatjern pond system is managed by a specific protocol that implies fertilisation to  
756 boost primary production, mixing to prevent stratification, and emptying and refilling

757 according to renewal of copepod plankton from resting eggs (Naas et al., 1991; Næss,  
758 1991). In this sense, copepods from Svartatjern may be regarded as “reared” copepods,  
759 although reared on a diverse and natural assemblage of phytoplankton in a large  
760 outdoor ecosystem. However, regarding dry matter, ash content, total lipids, and FAA  
761 content the Svartatjern copepods were close to or within the mode values for other  
762 copepods (reviewed by Båmstedt, 1986), but lower in protein content which on the  
763 other hand was in accordance with data reported by Mæland et al. (2000). Protein  
764 content may depend on the analytical method, and at present back calculation based on  
765 PAA is regarded to be the most precise method for other larval prey (Hamre et al.,  
766 2007). Analyses of lipid class composition in copepods are mostly from high-latitude  
767 oceanic calanoids (e.g. Calanus sp), which normally are rich in wax esters used as  
768 energy source during overwintering and reproduction (Lee et al., 1971; Sargent and  
769 Falk-Petersen, 1988; Fraser et al., 1989). The copepod species included in the present  
770 investigation are neritic calanoid species that do not overwinter as adults in the pond  
771 system. Instead, they use resting eggs as a reproductive mode to ensure survival from  
772 one generation to another during unfavourable conditions, e.g. during the seasonable  
773 disruption of the production cycles (Næss, 1996). Storage of wax esters may therefore  
774 not be required to the same extent as in the larger Calanus sp. The Svartatjern  
775 copepods rather resembled naupliar and early copepodid stages of Calanus sp, which  
776 are rich in structural phospholipids and contain TAG as main storage lipid (Sargent  
777 and Henderson, 1986; Sargent and Falk-Petersen, 1988). In this respect, it should be  
778 noted that nauplii and the young copepodid stages of Calanus sp are the primary prey  
779 for larvae of many fish species.

780

781 Lipid content and composition in copepods have been found to be relatively diverse,  
782 and to vary with developmental stage, species, feed preference, latitude, season, and  
783 life cycle strategy (Båmstedt, 1986; Sargent and Falk-Petersen, 1988; Fraser et al.,  
784 1989; Norrbin et al., 1990; Støttrup, 2003). The Svartatjern copepod lipid composition  
785 may therefore be regarded as within the natural variation among copepods. Supporting  
786 this is also the high levels of certain fatty acids like 16:0, EPA, and DHA, which are in  
787 concordance with several other studies on neritic calanoid copepod species (Evjemo

788 and Olsen, 1997; Evejemo et al., 2003; Sørensen et al., 2007). Further, FAA in the  
789 Svartatjern copepods was dominated by gly, tau, arg, ala, and pro, in a similar order  
790 and magnitude as in other calanoid copepods (Båmstedt, 1986; Helland et al.,  
791 2003a,c). Astaxanthin, thiamine, riboflavin, vitamin C, and vitamin E were within the  
792 ranges previously reported for copepods (Fisher et al., 1964; Hapette and Poulet, 1990;  
793 Rønnestad et al., 1999a; Mæland et al., 2000). It may therefore be concluded that in  
794 most biochemical indices, the Svartatjern copepods fell well within the variation  
795 observed for copepods collected elsewhere. Thus, despite the manipulations imposed  
796 for enhancement of primary production in the Svartatjern pond system, the copepods  
797 preserved their similarities with wild copepods. Similar preservation of nutritional  
798 composition has been reported from other zooplankton production systems (Mischke  
799 et al., 2003). This indicates that the diverse phytoplankton and protozoan communities  
800 in Svartatjern were conserved, preventing extreme lipid and fatty acid profiles which  
801 can appear when one or two sub-optimal algal species are used in intensive copepod  
802 culture systems (McKinnon et al., 2003). Copepods from Svartatjern have been used in  
803 a several larval finfish studies, and have shown to support very high growth and  
804 survival rates, and good juvenile quality (van der Meeren et al., 1993, 1994; Næss et  
805 al., 1995; Conceição et al., 1997; McEvoy et al., 1998; van der Meeren and Lønøy,  
806 1998; Finn et al., 2002; Hamre et al., 2002; van der Meeren and Moksness, 2003).  
807 Consequently, these copepods should represent a nutritionally adequate feed for many  
808 larval fish species, and the data on biochemical composition may therefore serve as a  
809 base for nutritional improvements of enrichment media used in culture of intensive  
810 produced live feed for marine fish larvae, as well as for nutritional optimisation of  
811 early weaning formulated diets.

812

813 Inadequate nutritional composition of intensive produced live prey has been  
814 considered an important bottleneck in the production of high-quality juvenile marine  
815 fish, and a substantial effort has been put into development of adequate live feed  
816 enrichments (Støttrup, 2003; Marcus, 2005). Comparison between copepods, rotifers,  
817 and Artemia data of the present study suggests a considerable potential for  
818 improvement of enrichment emulsions. Recent advances in knowledge about lipid and

819 fatty acid requirements of marine fish larvae have pointed out the importance of  
820 phospholipids, DHA, EPA, ARA, and the ratios of such PUFA for optimal lipid  
821 digestion, normal larval development, larval survival and growth, and stress tolerance  
822 (Olsen et al., 1991; Coutteau, 1997; Kanazawa, 1997; Sargent et al., 1999; Shields et  
823 al., 1999; Izquierdo et al., 2001; Bell et al., 2003; Cahu et al., 2003; Hadas et al., 2003;  
824 Støttrup, 2003). Compared to rotifers and Artemia, the Svartatjern copepods were  
825 loaded with EPA and DHA. DHA was particularly abundant in the copepod nauplii,  
826 indicating the importance of this fatty acid in the nutrition of young fish larvae whose  
827 initial exogenous feed would be such prey. The high EPA/ARA ratio in the copepods  
828 should be noted, as successful pigmentation during metamorphosis in flatfish larvae  
829 may be dependent on this (Hamre et al., 2007). Considering the fraction of  
830 phospholipids relative to total lipid, copepods were rich in phospholipids (57-63%)  
831 compared to rotifers (40%) and particularly to Artemia (15-20%). However, taking  
832 into account phospholipids per mg live prey biomass, differences were lesser (Table  
833 2), probably due to the higher lipid content of the intensive prey types from  
834 enrichment. Most enrichment oils for rotifers and Artemia are usually TAG, and  
835 enhancing the phospholipid content of the prey by enrichment has turned out to be  
836 difficult (Rainuzzo et al., 1997; Harel et al., 1999). This is expressed as accumulation  
837 of TAG with increasing lipid levels, with the potential for imbalances in both lipid  
838 class and PUFA composition. Dietary phospholipids may enhance larval ingestion  
839 (Koven et al., 1998), and phospholipids seem to be necessary for optimal lipid  
840 transport and synthesis in the larval digestive system, as well as a number of cell  
841 membrane and signalling functions (Bell et al., 2003; Cahu et al., 2003). Also the  
842 relative abundance of different phospholipid classes may be of importance for larval  
843 growth and development (Geurden et al., 1998). In the present data, both rotifers and  
844 Artemia displayed many similarities with copepods when the relative composition of  
845 the phospholipid profile was compared, indicating that structural lipids in the marine  
846 food web are to some extent conservative. Quantitative deviations from the copepod  
847 phospholipids were however evident, particularly in Artemia. More focus on  
848 phospholipid enrichment of live feed and phospholipid supplement in formulated feed

849 is therefore necessary, with the goal to reach balanced levels of lipid classes and  
850 PUFA as observed in copepods.

851

852 The gut system of young fish larvae has initially high assimilation capability of FAA  
853 and low protein digestibility, with a gradual maturation of the proteolytic capacity  
854 throughout ontogenesis (Cahu and Zambonino Infante, 2001; Rønnestad and  
855 Conceição, 2005, Kvåle et al., 2007). FAA may serve as both energy substrate and  
856 sustain protein synthesis in marine fish larvae (Rønnestad et al., 1999b; Wright and  
857 Fyhn, 2001; Rønnestad et al., 2003). The Svartatjern copepods were rich in FAA, and  
858 the FAA concentration relative to DW was found to correlate with salinity. This  
859 correlation may be explained by the need for copepods to use FAA in osmoregulation  
860 (Båmstedt, 1986; Fyhn et al., 1993). Fish larvae may be very efficient in retaining and  
861 absorbing FAA from the gut lumen, in particularly IAA (Conceição et al., 2002).  
862 However, larval growth potential is in most cases very high, and daily weight gain  
863 may exceed 20% even in coldwater species (van der Meeren et al., 1994; Finn et al.,  
864 2003). The observed FAA levels alone in larval live prey cannot sustain the amino  
865 acid requirements surged by the protein deposition rate necessary to maintain such  
866 high growth rates, and protein digestion must play a significant role in total amino acid  
867 availability, absorption, and subsequent protein synthesis. Concordantly, recent studies  
868 have shown that young marine fish larvae also are able to utilize peptide chains in  
869 protein hydrolysates (Zambonino Infante et al., 1997; Cahu et al., 1999; Hamre et al.,  
870 2001), and that amino acids supplied in the diet in this form may reduce larval spinal  
871 malformations (Cahu et al., 2003). Peptide digestion may be aided by high activity of  
872 peptidases in young fish larvae (Cahu and Zambonino Infante, 2001). Although young  
873 fish larvae have limited proteolytic capacity, access to peptide chains and amino acids  
874 from dietary protein may be facilitated by autolysis of the ingested prey (Fyhn et al.,  
875 1993; Kolkovski, 2001). In this respect, Luizi et al. (1999) noted that copepods were  
876 much more readily digested in Atlantic halibut larvae than Artemia. Furthermore, in  
877 vitro digestibility studies with pancreatic enzymes chosen to mimic the conditions in  
878 the larval intestine, show that water-soluble protein is more digestible than insoluble  
879 protein (Tonheim et al., 2007). Both in intensive live feed and in copepods there are a

880 large fraction (approximately 50%) of water-soluble protein which has been suggested  
881 to be highly bioavailable (Carvallo et al., 2003; Srivastava et al., 2006; Kvåle et al.,  
882 2007; Tonheim et al., 2007).

883

884 Due to the high growth rate of fish larvae the demand for dietary amino acids for  
885 protein accretion is especially high, and the supply of all amino acids, IAA as well as  
886 DAA, may become critical for sustaining optimal growth. Thus, in juvenile rainbow  
887 trout (*Oncorhynchus mykiss*) addition of crystalline DAAs (gln, gly, glu) to an  
888 otherwise complete diet significantly increased growth rate and feed efficiency  
889 (Schuhmacher et al., 1995). Such experiments have not been performed with marine  
890 fish larvae although the suggestions have been made (Wright and Fyhn, 2001). Total  
891 amino acid requirements may be related to larval growth rate which again may be  
892 affected by a number of physical and biological factors (e.g. temperature, species,  
893 larval size and age, and diet characteristics). In salmonids, deficiency in a single amino  
894 acid (trp) during the first 4 weeks of exogenous feeding induced scoliosis (Akiyama et  
895 al., 1986). Other amino acids (thr, leu, arg, met, lys, and his) have been suggested as  
896 limiting when rotifers or *Artemia* is used as feed for marine fish larvae (Conceição et  
897 al., 1997, 2003; Aragão et al., 2004b). Deficiencies in these amino acids are mostly  
898 inferred from imbalances between larval fish and prey profiles. However, these amino  
899 acids were abundant in the Svartajern copepods, either in PAA, FAA, or both. With  
900 some exceptions in rotifers, relative composition of amino acid profiles in protein  
901 seems to be conserved between different plankton taxa. Since a substantial part of  
902 dietary amino acids are in the form of PAA, amino acid deficiency may rather be a  
903 matter of protein content in the feed, and how much of this protein that is digestible  
904 and thereby available to absorption in the larval gut. In this respect, protein content in  
905 rotifers and *Artemia* was lower compared to copepods. Further, dissimilarities in FAA  
906 profiles of copepods, rotifers and *Artemia* were more pronounced, and FAA content  
907 was highest in copepods. Use of live algae versus commercial enrichment products has  
908 induced considerable variation in total amino acid profiles of rotifers and *Artemia*  
909 (Aragão et al., 2004a). In absence of more detailed knowledge about specific amino

910 acid requirements, copepods might therefore be regarded as a baseline recipe for  
911 protein, PAA, and FAA contents and profiles in feed for marine fish larvae.

912

913 Requirements for dietary micronutrients like pigments, vitamins, minerals, and trace  
914 elements are little investigated in marine fish, and such studies are particularly scarce  
915 for larval and early juvenile stages. Regarding minerals and trace elements, only iodine  
916 was analysed from the Svartatjern copepods, as presented elsewhere (Moren et al.,  
917 2006). Compared to adult fish, the high growth rates and rapid organogenesis may  
918 account for elevated micronutrient requirements and turnover during early  
919 developmental in fish (Lie et al., 1997), and recommendations suggested for adult fish  
920 (e.g. in NRC, 1993) may therefore not be valid for younger life stages (Mæland et al.,  
921 2000). Levels of micronutrients found in copepods that sustain growth and normal  
922 development, may be better indices for requirements in larval and juvenile marine fish,  
923 and the present study is an attempt to provide such baseline data.

924

925 Regarding pigments, the consistent high levels of astaxanthin in the copepods suggest  
926 that this compound should receive more attention in larval fish nutrition. Together  
927 with canthaxanthin commonly found in Artemia, astaxanthin, lutein, and  $\beta$ -carotene  
928 belong to the carotenoid family that may serve as precursors for vitamin A in fish  
929 (Bendich and Olson, 1989; Christiansen and Torrissen, 1996; Moren et al., 2005;  
930 Palace and Werner, 2006). Since  $\beta$ -carotene was not detected in the copepods,  
931 astaxanthin and possibly also lutein may be important provitamin A compounds in  
932 such plankton (Rønnestad et al., 1998). Astaxanthin have also demonstrated profound  
933 antioxidant properties, particularly as a coantioxidant working synergistically with  
934 vitamin E in suppressing lipid peroxidation (Bell et al., 2000). Antioxidant action on  
935 active oxygen radicals in marine organisms has also been suggested for a number of  
936 other carotenoids, including canthaxanthin (Shimidzu et al., 1996), and carotenoids  
937 enhanced survival and reduced lipid peroxidation in Japanese flounder larvae  
938 (Okimasu et al., 1992). Carotenoids may therefore assist the enzymatic antioxidant  
939 system in fish, which is already functional during early larval stages (Peters and  
940 Livingstone, 1996; Mourente et al., 1999a; Martínez-Álvarez et al., 2005). Data on



941 biological activities of pigments in fish are scarce, but effects of astaxanthin on skin  
942 and muscle coloration are well documented (Torrissen et al., 1989; Chatzifotis et al.,  
943 2005). Low intake of astaxanthin may reduce growth in salmonids (Christiansen and  
944 Torrissen, 1996), and maternal deficiency may significantly reduce transfer of  
945 astaxanthin to the fish eggs and possibly erode survival in the larval stages (Pickova et  
946 al., 1998).

947

948 Use of dietary carotenoids may be a safe way to provide vitamin A in larval fish, as  
949 dietary surplus of vitamin A or its derivatives (retinoids) may have detrimental effects  
950 on normal bone development (Dedi et al., 1995; Cahu et al., 2003). Retinol and other  
951 retinoids seem to be very low or absent in copepods, and the hidden source of vitamin  
952 A in larval fish is probably carotenoids, which are enzymatically cleaved to form  
953 retinoids in fish (Moren et al., 2005). In this way, carotenoids may be converted to  
954 vitamin A, depending on the retinoid and protein status of the animal (Bendich and  
955 Olson, 1989). Similarly to retinoids,  $\beta$ -carotene also seems to be very low or absent in  
956 copepods, which may explain why fish, compared to land vertebrates, display less  
957 specificity for this carotenoid as a vitamin A source (Palace and Werner, 2006).

958 However, conversion of  $\beta$ -carotene to retinols at a higher rate than with other  
959 carotenoids has been demonstrated in juveniles of Atlantic halibut (Moren et al.,  
960 2004a), although quantification of this conversion remains to be determined for larval  
961 fish. Under the assumption that larval halibut has a vitamin A requirement in the same  
962 range as juvenile halibut, astaxanthin levels in copepods or canthaxanthin in Artemia  
963 could cover the need for this vitamin (Moren et al., 2004a,b). Alternatively, covering  
964 vitamin A requirements for larval fish in terms of dietary retinoids needs more  
965 attention, since certain retinoids may inflict disruptive actions on fish physiology,  
966 development, growth, and survival (Woodward, 1994; Dedi et al., 1995; Furuita et al.,  
967 2001; Haga et al., 2002; Moren et al., 2004a; Palace and Werner, 2006), including  
968 teratogenic effects on bone development at the level of gene expression (Cahu et al.,  
969 2003; Hamre et al., 2007; Lall and Lewis-McCrea, 2007).

970

971 Another vitamin not found in the copepods was cholecalciferol (vitamin D<sub>3</sub>). This  
972 was unexpected, as this vitamin may play important roles in calcium and phosphorous  
973 metabolism and affect bone formation and remodelling in vertebrates. Vitamin D<sub>3</sub> is  
974 the main storage form in the liver of marine teleosts, and may be converted to 25-  
975 hydroxyl vitamin D<sub>3</sub> isomers in various fish tissues (Takeuchi et al., 1991; Graff et al.,  
976 1999; Holick, 2003; Lall and Lewis-McCrea, 2007). However, data on effects of  
977 dietary vitamin D<sub>3</sub> in larval fish are very scarce. In a recent study of young juvenile  
978 Japanese flounder, hypermelanosis on the blind side and vertebral deformities have  
979 been reported when dietary levels exceed 5 µg/g vitamin D<sub>3</sub> or 0.5 µg/g 1,25(OH)<sub>2</sub>  
980 vitamin D<sub>3</sub> (Haga et al., 2004). Copepods may contain vitamin D<sub>3</sub> levels below the  
981 analytical detection and quantification limits, or they may contain precursors as the 7-  
982 dehydrocholesterol (7-DCH), which is the provitamin responsible for vitamin D<sub>3</sub>  
983 production in the skin of terrestrial vertebrates under UV light irradiation. In this  
984 respect, several studies agree on that copepods displays either lack of vitamin D<sub>2</sub> and  
985 D<sub>3</sub> while 7-DCH is detected in reasonable amounts (Geiger, 1958; Takeuchi et al.,  
986 1991; Kenny et al., 2004). Approximately 1.4% of the Svartatjern copepod DW was  
987 cholesterol and sterol esters, but 7-DCH was not specifically analysed for. In adult  
988 fish, both photo-conversion in the skin and enzymatic dark-transfer of 7-DCH in the  
989 liver to vitamin D<sub>3</sub> has been reported (Holick, 2003; Blondin et al., 1967), but also  
990 disputed (Takeuchi et al., 1991). No data have been presented on this matter for fish  
991 larvae, and this calls for further exploration. If fish is able to convert this provitamin to  
992 vitamin D<sub>3</sub> it may account for 7-DCH as a potential important vitamin D source in  
993 most stages of planktivorous fish, and explain the paradox of vitamin D<sub>3</sub> enrichment at  
994 this trophic level in the marine food web. Photo-conversion implies that such fish has  
995 to reside close to daylight at the surface, which e.g. fish larvae or pelagic schooling  
996 fish often do. It also means that indoor rearing of larval fish in absence of UV-light  
997 might require dietary vitamin D<sub>3</sub>, which is actually supplied in rotifers and Artemia  
998 due to use of fish oils in the enrichment emulsions (Table 5). Since 7-DCH occurs  
999 naturally in fish liver (Takeuchi et al., 1987), enzymatic dark-conversion is an  
1000 intriguing aspect that also needs further investigation. However, with the enormous  
1001 potential of prey ingestion in larval fish, bioaccumulation from ingested zooplankton

1002 containing traces of vitamin D<sub>3</sub> may not be ruled out as a sufficient source. Analogue  
1003 to retinoic acid, vitamin D isomers may be involved in regulation of gene transcription  
1004 in a ligand-dependent manner through their interaction with specific DNA sequences  
1005 (Crisp et al., 1998; Hamre et al., 2007), and should therefore be added to the larval diet  
1006 with care as long as larval storage capabilities and metabolic pathways are unknown.

1007

1008 The high fraction of phospholipids and PUFA in the copepods may require substantial  
1009 protection against oxidation by free radicals. The main function of vitamin E is to  
1010 reduce peroxy radicals in membrane lipids and prevent the chain reaction leading to  
1011 lipid peroxidation, and vitamin E is therefore crucial for normal development of  
1012 tissues, including bone and cartilage (Lall and Lewis-McCrea, 2007). Vitamin E may  
1013 also inhibit the oxidations induced by the electronically excited singlet oxygen, and  
1014 have a number of other effects as reviewed by Kamal-Eldin and Appelqvist (1996) and  
1015 Azzi and Stocker (2000). Due to the lipid protective activity, it is not surprising that  
1016 the copepods were rich in vitamin E and other synergists like carotenoids and vitamin  
1017 C, the latter being important in regenerating the antioxidative properties of vitamin E  
1018 by converting the oxidised form ( $\alpha$ -tocopheroxyl) to  $\alpha$ -tocopherol (Hamre et al., 1997)  
1019 which is the most abundant and bioactive form of the vitamin E isomers (Kamal-Eldin  
1020 and Appelqvist, 1996, Hamre et al., 1998). Rapid growth and formation of cell  
1021 membranes in larval fish count for high PUFA requirements, with the risk of high  
1022 oxidative stress. Dietary vitamin E in larval fish should therefore relate to PUFA  
1023 intake (Martínez-Álvarez et al., 2005), and will as a free radical scavenger support the  
1024 antioxidation enzyme systems encountered in fish larvae (Mourente et al., 1999b;  
1025 Tocher et al., 2002). Due to the high metabolic turnover in larval fish, the specific  
1026 vitamin E requirements suggested by NRC (1993) for older stages may not be  
1027 appropriate, and higher levels have been suggested (Lie et al., 1997). However,  
1028 restoration of vitamin E by other micronutrients implies that body contents of  
1029 regenerative compounds and their dietary intake, together with restoration rates need  
1030 to be accounted for in study of larval vitamin E deficiency. The fact that other  
1031 micronutrients also effectively contribute as antioxidants makes assessment of specific  
1032 larval  $\alpha$ -tocopherol requirements even more challenging. Vitamin E levels in copepods

1033 were low compared to rotifers and Artemia, but high levels of other synergistic  
1034 compounds like astaxanthin and vitamin C are suggesting that the copepods might  
1035 provide sufficient antioxidant potential for fish larvae. The high levels of vitamin E  
1036 provided through enrichment emulsions may therefore not be necessary, but more  
1037 research should be carried out to determine requirements and metabolic pathways of  
1038 tocopherols in larval fish.

1039  
1040 The vitamin C in the copepods was high but variable. Copepod vitamin C content  
1041 originates from dietary phytoplankton since biosynthesis of ascorbic acid does not  
1042 occur in copepods (Hapette and Poulet, 1990). The omnivorous nature of many  
1043 copepod species may explain some of the variation in copepod vitamin C levels,  
1044 induced by variations in algal vitamin C content, copepod grazing, and food selection.  
1045 Most fish cannot synthesise vitamin C, which is a strong reducing agent that can be  
1046 restored enzymatically, and that acts as a cofactor in production of procollagen, a  
1047 precursor of collagen (NRC, 1993). Vitamin C is therefore important for development  
1048 of connective tissue, wound repair, and formation of bone matrix. Vitamin C may also  
1049 enhance immune function (Woodward, 1994), and deficiencies may affect hepatocyte  
1050 cellular compartmentation (Merchie et al., 1997). Vitamin C requirements in larval and  
1051 early juvenile fish have been indicated in the range of 20 and 500  $\mu\text{g/g}$  DW, while in  
1052 some species enhanced growth, increased stress tolerance, and reduced incidence of  
1053 opercular deformities occurred at levels up to 1750  $\mu\text{g/g}$  DW (Merchie et al., 1997;  
1054 Gapasin et al., 1998). Opercular abnormalities are distortion of gill filament cartilages  
1055 resulting from de-calcification, and are characteristic of scorbutic fish (Cahu et al.,  
1056 2003). The above-mentioned differences in dietary requirements between species or  
1057 stage of development may be explained by metabolic activity (Merchie et al., 1997).  
1058 The Svartatjern copepods should therefore have no problem in supporting dietary  
1059 needs of vitamin C for both temperate and cold-water larval and juvenile marine fish  
1060 species.

1061  
1062 The copepod thiamine content resembled rotifer levels reached after more than 10 h of  
1063 enrichment on the algae Isochrysis galbana (Lie et al., 1997), and corresponded to

1064 levels in other copepods (Mæland et al., 2000). No data on thiamine deficiency or  
1065 requirements of larval marine fish have to our knowledge been reported. Thiamine  
1066 combines with pyrophosphate in a coenzyme used for oxidative decarboxylation of  $\alpha$ -  
1067 keto acids and transketolase reaction in the pentose shunt, and therefore relate closely  
1068 to energy production (NRC, 1993; Woodward, 1994). In fish, deficiency in thiamine  
1069 has been associated with the M74 and Cayuga syndromes in salmonids, leading to high  
1070 mortality during early life stages in wild fish (Fisher et al., 1996; Åkerman et al., 1998;  
1071 Pickova et al., 1998; Ketola et al., 2000). In thiamine deficient farmed fish,  
1072 malfunctioning of the nervous system, including loss of equilibrium accompanied by  
1073 whirling, melanotic appearance, inability to feed, progressive weakness, and paralysis  
1074 were described by Woodbury (1943). In other vertebrates, thiamine deprivation causes  
1075 pan-necrosis affecting the nuclei of the brain stem and diencephalons (Dreyfus and  
1076 Victor, 1961). The use of Svartatjern copepods for successful rearing of cold-water  
1077 species accounts for satisfactory thiamine levels in these copepods, which is above the  
1078 levels suggested for adult fish by NRC (1993), but research is needed to verify larval  
1079 requirements.

1080

1081 The observed riboflavin levels in the copepods exceeded the recommended minimum  
1082 requirements for fish, including for juveniles that do not seem to have elevated needs  
1083 for riboflavin compared to older fish (NRC, 1993; Serrini et al., 1996; Bjørnstad et al.,  
1084 2002; Deng and Wilson, 2003). However, most of these data are collected from studies  
1085 of freshwater or anadromous fish species, and no investigations on riboflavin  
1086 requirements of marine fish larvae have been published. Through its involvement in  
1087 two coenzymes, riboflavin functions as electron mediator in oxidation-reduction  
1088 reactions involved in metabolism of keto-acids, fatty acids, and amino acids in the  
1089 mitochondrial electron system (NRC, 1993). Symptoms of riboflavin deficiency may  
1090 be species-specific, and include elevated mortality, reduced weight gain, rapid  
1091 opercular movements, anorexia, lethargy, dark or light body colour, severe fin erosion,  
1092 cataracts, photophobia, reduced hepatic D-amino acid oxidase activity, and  
1093 haemorrhages (Woodward, 1984; NRC, 1993; Serrini et al., 1996; Deng and Wilson,  
1094 2003). The riboflavin levels in the Svartatjern copepods were lower than in the rotifers

1095 and Artemia, but slightly above the levels presented for the copepod Temora  
1096 longicornis by Mæland et al. (2000). Since no riboflavin-related deficiency symptoms  
1097 have been observed when feeding the copepods to larval coldwater fish, use of rotifers  
1098 and Artemia should therefore assumingly cover the requirements. But controlled  
1099 experiments to verify riboflavin requirements in marine fish larvae are still lacking.

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1101

## 1102 **Conclusions**

1103

1104 From present knowledge about nutritional requirements of marine fish larvae, small  
1105 neritic calanoid copepods display a macronutrient composition that seems to satisfy  
1106 the demands of the larvae. In particular, this comprises medium protein and high FAA  
1107 contents with balanced amino acid profiles, medium to low lipid content, high  
1108 fractions of phospholipids, DHA, and EPA, with optimal ratios regarding DHA/EPA  
1109 and EPA/ARA. The low content of wax esters resembles nauplii and young copepodid  
1110 stages of Calanus sp, which are a major component of the larval feed in many marine  
1111 ecosystems. Among the micronutrients, copepods are rich in pigment, and particularly  
1112 astaxanthin, which may be an important source of retinoids for larval fish since  $\beta$ -  
1113 carotene and vitamin A are scarce in copepods. Absence of vitamin D<sub>3</sub> in the copepods  
1114 may indicate dietary precursors as source of cholecalciferol in larval fish, but data on  
1115 potential precursors are lacking. In contrast, copepods are rich in vitamin E and  
1116 ascorbic acid, which together with astaxanthin are pointing to high antioxidative  
1117 capacity needed to protect against peroxidation of membrane lipids. Vitamin C was  
1118 most abundant, making the copepods particularly suitable for fish larvae with a high  
1119 growth potential. The copepod content of thiamine and riboflavin may be sufficient to  
1120 sustain larval development in marine fish, but data on larval requirements are absent in  
1121 the literature. High metabolism linked to the rapid growth rates often displayed by  
1122 young marine fish larvae may account for elevated micronutrient needs beyond what  
1123 are suggested for older fish. Determination of optimal larval requirements are lacking  
1124 for many of the micronutrients, and such data should be collected since insufficient  
1125 dietary supply of some micronutrients already has demonstrated impairment of normal

1126 larval development. Copepods have successfully been applied as feed for marine fish  
1127 larvae, also in intensive rearing systems. Since copepods are the principal prey of  
1128 marine fish larvae, this suggests specific larval adaptations to universal traits of  
1129 copepod biochemical composition. Thus, evolution of the larval digestive and  
1130 metabolic systems may have set limits to tolerance of nutritional variability in the  
1131 larval prey, limits that were surpassed when Artemia and rotifers were introduced in  
1132 intensive production of marine fish juveniles. Alteration of nutritional composition of  
1133 rotifers, Artemia, and formulated feed should therefore be made in the direction of  
1134 copepods, and the present data provide a comprehensive outline of this direction.

1135

1136

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1138

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1148

1149

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1607 Figure legends:

1608 Figure 1. Densities of major phytoplankton groups and protozoans in the Svartatjern  
1609 pond during collection of copepods in 2000 and 2001. The grey areas indicate when  
1610 the pond was drained and refilled during the summer season. Note that the ordinate is  
1611 logarithmic. Values indicated by lines below the abscissa equal zero.

1612

1613 Figure 2. Relative abundance (percent of numbers) of the copepods Eurytemora  
1614 affinis, Centropagus hamatus, and Acartia grani, the cladoceran Podon sp., and  
1615 miscellaneous zooplankton (including other copepods) in the samples collected from  
1616 the Svartatjern pond in 2000 and 2001.

1617

1618 Figure 3. Dry weight of individual copepods, dry matter (% of wet weight), and ash  
1619 content (% of dry weight) from the 2000 and 2001 samples collected in the Svartatjern  
1620 pond. Note that the ordinate is broken in the lower panel.

1621

1622 Figure 4. Total lipid content relative to dry weight (DW) and relative abundance of  
1623 major lipid classes in the copepod samples from the Svartatjern pond in 2000 and  
1624 2001. See table 2 for explanation of abbreviations.

1625

1626 Figure 5. Fatty acid ratios and major fatty acids extracted from total lipids of copepods  
1627 samples from the Svartatjern pond in 2000 and 2001. See table 2 for explanation of  
1628 abbreviations.

1629

1630 Figure 6. Protein fraction relative to dry weight (DW) and calculated from protein-  
1631 bound amino acids (PAA), fraction of indispensable PAA, and relative abundance of  
1632 amino acids with a major contribution to PAA in the copepod samples from the  
1633 Svartatjern pond in 2000 and 2001. See table 3 for explanation of abbreviations. Note  
1634 that the right ordinate is broken in the upper panel.

1635

1636 Figure 7. Fraction of free amino acids (FAA) relative to dry weight (DW), fraction of  
1637 indispensable FAA, and relative abundance of amino acids with a major contribution

1638 to FAA in the copepod samples from the Svartatjern pond in 2000 and 2001. See table  
1639 4 for explanation of abbreviations.

1640

1641 Figure 8. Content of pigments and vitamins relative to dry weight (DW) in the 2000  
1642 and 2001 copepod samples from the Svartatjern pond. Dotted line in lower panel  
1643 indicates quantification limit for riboflavin at the present analytical method.



1644 Table 1  
 1645 Hydrographical data from the Svartatjern pond during collection of copepods.  
 1646

	2000			2001		
	Mean $\pm$ SD	Min.	Max.	Mean $\pm$ SD	Min.	Max.
Temperature ( $^{\circ}$ C)	14.2 $\pm$ 2.9	8.5	19.1	14.1 $\pm$ 3.7	7.1	19.3
Salinity (‰)	25.2 $\pm$ 2.9	21.1	31.2	26.3 $\pm$ 3.2	19.9	31.4
Oxygen (% saturation)	105 $\pm$ 19	77	145	98 $\pm$ 43	15	160
pH <sup>a</sup>				8.2 $\pm$ 0.5	7.4	9.1
Secci depth (m)	1.4 $\pm$ 0.4	1.0	2.2	1.7 $\pm$ 0.6	1.0	3.3
Nitrate ( $\mu$ M)	1.8 $\pm$ 1.2	0.0	4.5	4.5 $\pm$ 5.0	0.5	15.3
Phosphate ( $\mu$ M)	0.6 $\pm$ 0.3	0.2	1.1	0.7 $\pm$ 0.3	0.2	1.3
Silicate <sup>a</sup> ( $\mu$ M)				3.4 $\pm$ 4.9	0.3	19.0

1647 <sup>a</sup> Not measured in 2000

1648 Table 2

1649 Individual size (dry weight: DW), dry matter content (% of wet weight: WW), ash  
 1650 content, and lipid components from copepods, copepod nauplii, zooplankton  
 1651 (copepods and decapod zoeae), rotifers, and *Artemia* (1-day or 3-day after hatching).  
 1652 Data are given as mean  $\pm$  SD when number of samples  $>1$ . Values below detection  
 1653 limits of the analytical method are denoted n.d.

1654

	Abbr.	Svartatjern			Hyltro	Intensive live feed			
		Copepods	Copepods	Cop. nauplii	Zoopl.	Rotifers	<i>Artemia</i>		
		2000	2001	2001	2001	IMR <sup>a</sup>	1-day <sup>b</sup>	1-day <sup>c</sup>	3-day <sup>c</sup>
<b>Individual size, Dry matter, and Ash</b>									
Number of samples	N	30	26	3	1	1	1	1	1
Dry weight ( $\mu\text{g}/\text{individual}$ )	DW	9.4 <sup>A</sup> $\pm$ 2.5	8.1 $\pm$ 2.7	0.63 <sup>B</sup> $\pm$ 0.7	9.9	0.61	2.1	2.1	2.5
Dry matter (% of WW)	DM	14.9 $\pm$ 1.1	15.3 $\pm$ 1.5	15.2 $\pm$ 1.9	17.7	13.2	10.2	10.8	8.9
Ash content (% of DW)	ASH	10.3 $\pm$ 1.2	10.5 $\pm$ 1.3	9.9 $\pm$ 0.5	15.3	9.6	10.4	9.6	9.5
<b>Total lipid</b> ( $\mu\text{g}/\text{mg DW}$ )	TL	111 $\pm$ 35	108 $\pm$ 21	86 <sup>B</sup> $\pm$ 12	143	154	254	243	249
<b>Neutral lipids</b> ( $\mu\text{g}/\text{mg DW}$ )	NL	49.4 $\pm$ 23.4	45.4 $\pm$ 13.3	32.6 $\pm$ 13.5	91.5	92.5	215.0	193.4	206.0
Sterol esters+Wax esters	SE+WE	1.5 $\pm$ 1.5	1.1 $\pm$ 1.2	1.3 $\pm$ 0.5	22.6	11.6	n.d.	1.3	n.d.
Triacylglycerol	TAG	26.3 $\pm$ 19.5	22.1 $\pm$ 13.1	14.0 $\pm$ 13.3	42.1	60.6	195.9	167.9	178.4
Free fatty acids	FFA	3.3 $\pm$ 2.1	3.3 $\pm$ 1.6	3.9 $\pm$ 2.1	6.6	6.9	4.4	5.8	8.9
Cholesterol	C	14.5 $\pm$ 6.3	13.3 $\pm$ 3.5	9.5 <sup>B</sup> $\pm$ 3.6	15.5	11.6	14.6	18.4	18.7
Monogalactosides+Cerebrocides	MGDG+CB	1.6 <sup>A</sup> $\pm$ 1.0	2.7 $\pm$ 2.6	2.1 $\pm$ 1.3	1.3	n.d.	n.d.	n.d.	n.d.
Digalactosides+Sulfolipids	DGDG+SL	2.3 $\pm$ 1.1	2.9 $\pm$ 1.5	1.8 $\pm$ 0.8	3.4	1.9	n.d.	n.d.	n.d.
<b>Polar lipids</b> ( $\mu\text{g}/\text{mg DW}$ )	PL	61.9 $\pm$ 16.8	62.6 $\pm$ 14.4	53.7 $\pm$ 2.7	51.5	61.1	39.2	49.9	43.3
Phosphatidylethanolamine	PE	19.9 $\pm$ 5.8	20.4 $\pm$ 4.8	17.3 $\pm$ 2.1	15.2	21.0	12.3	16.8	14.3
Cardiolipin	CL	5.7 $\pm$ 2.0	5.8 $\pm$ 1.6	5.2 $\pm$ 0.3	2.5	3.1	2.2	3.0	2.5
Phosphatidylglycerol	PG	2.2 $\pm$ 2.3	1.5 $\pm$ 1.0	0.8 $\pm$ 0.2	1.4	1.5	0.5	0.8	0.5
Phosphatidylinositol	PI	3.9 $\pm$ 1.7	4.2 $\pm$ 1.4	5.1 $\pm$ 2.1	5.6	10.6	3.8	5.1	4.2
Phosphatidylserine	PS	5.5 <sup>A</sup> $\pm$ 1.5	6.6 $\pm$ 2.0	6.4 $\pm$ 0.7	4.8	5.3	3.1	4.1	3.2
Phosphatidylcholine	PC	20.0 $\pm$ 6.0	19.4 $\pm$ 5.3	15.0 $\pm$ 1.3	19.0	18.5	16.4	18.6	17.4
Lysophosphatidylcholine+Sphingomyelin	LPC+SM	4.7 $\pm$ 1.6	4.8 $\pm$ 1.6	3.9 $\pm$ 0.2	2.9	1.1	0.9	1.4	1.1
<b>Fatty acids</b> (% of total lipid)									
Myristic acid	14:0	3.4 <sup>A</sup> $\pm$ 1.7	1.7 $\pm$ 1.1	1.3 $\pm$ 0.8	3.8	6.7	1.7	1.5	2.4
Palmitic acid	16:0	14.5 $\pm$ 1.9	14.4 $\pm$ 1.4	13.7 $\pm$ 2.5	14.1	19.7	14.9	14.4	15.8
Palmitoleic acid	16:1(n-7)	3.4 $\pm$ 1.8	4.4 $\pm$ 4.7	1.8 $\pm$ 1.4	7.6	9.2	4.8	1.0	3.0
Stearic acid	18:0	3.5 $\pm$ 1.0	3.7 $\pm$ 0.7	3.9 $\pm$ 1.0	4.1	3.9	5.0	5.0	5.4

Oleic acid	18:1(n-9)	2.3± 1.1	2.6± 1.4	1.3 <sup>B</sup> ± 0.7	7.3	7.8	23.3	22.8	17.8
Vaccenic (Asclepic) acid	18:1(n-7)	2.7± 0.6	2.9± 0.7	2.0 <sup>B</sup> ± 0.5	3.1	4.9	5.5	6.3	5.4
Linoleic acid	18:2(n-6)	1.5 <sup>A</sup> ± 0.5	2.3± 0.7	1.5 <sup>B</sup> ± 0.5	2.2	15.3	6.6	5.8	4.2
α-Linolenic acid	18:3(n-3)	1.9 <sup>A</sup> ± 1.0	2.4± 1.1	1.5 <sup>B</sup> ± 0.9	1.4	1.2	12.2	16.2	10.2
Stearidonic acid	18:4(n-3)	2.3 <sup>A</sup> ± 1.4	4.1± 2.9	4.5± 5.7	5.2	2.0	2.8	3.2	1.7
Arachidonic acid (ARA)	20:4(n-6)	0.8± 0.5	0.9± 0.7	0.6± 0.3	1.6	1.9	2.0	2.0	3.2
Eicosapentaenoic acid (EPA)	20:5(n-3)	17.4± 3.1	16.2± 3.4	16.3± 6.4	16.4	7.1	7.8	7.8	9.2
Docosahexaenoic acid (DHA)	22:6(n-3)	34.4± 4.6	32.9± 6.8	40.5 <sup>B</sup> ± 2.4	17.3	12.4	10.6	11.1	20.0
Other Saturated fatty acids		3.1± 1.1	3.3± 1.2	3.9± 2.7	9.7	n.d.	n.d.	n.d.	n.d.
Other Monounsaturated fatty acids		3.7 <sup>A</sup> ± 1.0	2.8± 0.9	2.7± 1.2	2.0	4.2	1.2	1.5	1.7
Other Polyunsaturated fatty acids		5.1± 1.2	5.4± 1.5	4.6± 1.0	4.2	3.8	1.6	1.4	n.d.
<b>Total amounts of fatty acid groups (%)</b>									
Saturated fatty acids	SFA	24.6 <sup>A</sup> ± 2.9	23.1± 2.2	22.7± 2.9	31.7	30.3	21.6	20.9	23.7
Monounsaturated fatty acids	MUFA	12.1± 2.1	12.7± 6.1	7.8± 3.2	20.1	26.1	34.8	31.6	27.8
Polyunsaturated fatty acids	PUFA	63.3± 3.7	64.2± 6.8	69.4± 5.8	48.3	43.7	43.6	47.5	48.5
Highly unsaturated (n-3) fatty acids	DHA+EPA	51.8 <sup>A</sup> ± 4.5	49.1± 6.8	56.8 <sup>B</sup> ± 6.8	33.6	19.4	18.4	19.0	29.2
<b>Fatty acid ratios</b>									
	(n-3)/(n-6)	11.3 <sup>A</sup> ± 2.7	9.8± 2.5	12.5 <sup>B</sup> ± 3.0	7.0	1.5	3.9	4.2	5.5
	DHA/EPA	2.1± 0.5	2.2± 1.0	2.8± 1.3	1.1	1.7	1.4	1.4	2.2
	EPA/ARA	24.7± 9.2	23.2± 10.1	27.7± 4.0	10.3	3.7	4.0	4.0	2.9

1655 <sup>a</sup> Institute of Marine Research: rotifers grown on Rotimac and *Isochrysis galbana* algae.

1656 <sup>b</sup> Institute of Marine Research: *Artemia* enriched with DC-DHA Selco.

1657 <sup>c</sup> Austevoll Marin Yngel AS: *Artemia* fed DC-DHA Selco and Algamac 2000.

1658 <sup>A</sup> Significant difference between copepods from 2000 and 2001.

1659 <sup>B</sup> Significant difference between copepod nauplii and copepods from 2001.

1660 Table 3

1661 Content of protein (P) and protein-bound amino acids (PAA) in copepods, zooplankton  
1662 (copepods and decapod zoeae), rotifers, and *Artemia* (1-day or 3-day after hatching).

1663 Values are relative to dry weight (DW) and are given as mean  $\pm$  SD when number of  
1664 samples  $>1$ . Values below detection limits of the analytical method are denoted n.d.

1665 The subscripts “w” and “c” indicate data given as weight and concentration,  
1666 respectively.

1667

	Abbr.	Svartatjern		Hyltro	Intensive live feed			
		Copepods	Copepods	Zoopl.	Rotifers	<i>Artemia</i>		
		2000	2001	2001	IMR <sup>a</sup>	1-day <sup>b</sup>	1-day <sup>c</sup>	3-day <sup>c</sup>
Number of samples	N	30	26	1	1	1	1	1
Protein <sup>d</sup> ( $\mu\text{g}/\text{mg}$ DW)	P	382.6 <sup>A</sup> $\pm$ 25.5	565.4 $\pm$ 40.0	366.3	243.4	287.9	309.2	326.2
<b>PAA in weight<sup>e</sup></b> ( $\mu\text{g}/\text{mg}$ DW)	PAA <sub>w</sub>	443.6 <sup>A</sup> $\pm$ 41.6	412.6 $\pm$ 41.0	302.5	247.7	277.5	293.8	367.6
Indispensable amino acids ( $\mu\text{g}/\text{mg}$ DW)	IAA <sub>w</sub>	201.3 <sup>A</sup> $\pm$ 16.8	189.6 $\pm$ 20.8	141.8	120.0	133.3	140.3	175.2
Indispensable amino acids (%)	IAA <sub>w</sub> /PAA <sub>w</sub>	45.4 $\pm$ 1.5	45.9 $\pm$ 0.9	46.9	48.4	48.0	47.8	47.7
Indispensable to dispensable ratio	IAA <sub>w</sub> /DAA <sub>w</sub>	0.83 $\pm$ 0.05	0.85 $\pm$ 0.03	0.88	0.94	0.92	0.91	0.91
<b>PAA concentration</b> ( $\mu\text{moles}/\text{mg}$ DW)	PAA <sub>c</sub>	4.1 <sup>A</sup> $\pm$ 0.4	3.8 $\pm$ 0.4	2.8	2.3	2.5	2.7	3.4
Indispensable amino acids ( $\mu\text{moles}/\text{mg}$ DW)	IAA <sub>c</sub>	1.7 <sup>A</sup> $\pm$ 0.1	1.6 $\pm$ 0.2	1.2	1.0	1.1	1.2	1.4
Indispensable amino acids (%)	IAA <sub>c</sub> /PAA <sub>c</sub>	40.4 <sup>A</sup> $\pm$ 1.5	41.3 $\pm$ 0.9	41.5	43.7	43.3	42.8	42.7
Indispensable to dispensable ratio	IAA <sub>c</sub> /DAA <sub>c</sub>	0.68 <sup>A</sup> $\pm$ 0.04	0.70 $\pm$ 0.03	0.71	0.78	0.76	0.75	0.75
<b>Indispensable amino acids</b> (nmoles/mg DW)								
Leucine	LEU	349.0 <sup>A</sup> $\pm$ 38.5	320.5 $\pm$ 33.8	246.4	230.1	225.6	295.2	237.0
Valine	VAL	291.8 <sup>A</sup> $\pm$ 36.4	253.0 $\pm$ 24.9	200.7	160.1	175.1	233.6	183.9
Lysine	LYS	241.3 $\pm$ 43.0	231.1 $\pm$ 34.7	163.8	136.6	149.0	222.6	166.7
Isoleucine	ILE	209.6 <sup>A</sup> $\pm$ 26.3	187.3 $\pm$ 20.1	146.5	143.3	137.6	186.8	148.7
Arginine	ARG	121.7 <sup>A</sup> $\pm$ 27.6	161.7 $\pm$ 14.1	126.4	83.7	115.7	149.4	108.8
Phenylalanine	PHE	154.4 <sup>A</sup> $\pm$ 18.7	143.4 $\pm$ 15.7	112.1	114.9	105.7	138.8	111.8
Threonine	THR	128.7 <sup>A</sup> $\pm$ 13.1	120.0 $\pm$ 14.1	95.1	70.7	86.3	114.6	89.1
Methionine	MET	122.3 <sup>A</sup> $\pm$ 13.4	77.7 $\pm$ 38.1	69.4	47.6	56.8	40.5	63.2
Histidine	HIS	53.7 <sup>A</sup> $\pm$ 26.2	63.7 $\pm$ 10.1	10.5	6.9	43.2	60.1	45.9
Tryptophan	TRP	44.6 <sup>A</sup> $\pm$ 84.1	0.7 $\pm$ 2.7	n.d.	4.4	2.3	7.0	3.5
<b>Dispensable amino acids</b> (nmoles/mg DW)								
Glutamic acid+Glutamine	GLU+GLN	577.8 <sup>A</sup> $\pm$ 66.4	505.2 $\pm$ 52.7	384.7	325.0	325.4	427.4	328.2
Aspartic acid+Asparagine	ASP+ASN	411.1 $\pm$ 43.4	432.3 $\pm$ 54.0	335.8	293.0	271.9	363.5	282.4
Alanine	ALA	463.4 <sup>A</sup> $\pm$ 54.8	392.3 $\pm$ 38.2	284.7	189.0	230.2	306.9	252.4
Glycine	GLY	441.2 <sup>A</sup> $\pm$ 94.7	352.1 $\pm$ 49.7	286.1	181.0	224.7	321.8	245.8

Serine	SER	204.9 <sup>A</sup> ± 22.3	190.7± 19.2	152.0	136.8	136.7	186.3	143.7
Proline	PRO	252.0 <sup>A</sup> ± 59.9	186.8± 24.8	164.4	134.4	157.4	217.4	200.8
Tyrosine	TYR	122.2 <sup>A</sup> ± 36.1	154.5± 16.9	40.5	19.9	88.7	109.5	89.5

1668 <sup>a</sup> Institute of Marine Research: rotifers grown on Rotimac and Isochrysis galbana algae.

1669 <sup>b</sup> Institute of Marine Research: Artemia enriched with DC-DHA Selco.

1670 <sup>c</sup> Austevoll Marin Yngel AS: Artemia fed DC-DHA Selco and Algamac 2000.

1671 <sup>d</sup> Protein determined with the Bovine serum albumin method of Lowry et al. (1951) and Rutter (1967).

1672 <sup>e</sup> PAA in weight are calculated as protein (i.e. from the amino acid mole weight subtracted by the mole weight of a water molecule, which resembles the PAA before hydrolysis).

1674 <sup>A</sup> Significant difference between copepods from 2000 and 2001.

1675

1676

1677 Table 4

1678 Free amino acids (FAA) in copepods, zooplankton (copepods and decapod zoeae),  
 1679 rotifers, and *Artemia* (1-day or 3-day after hatching). Values are relative to dry weight  
 1680 (DW) and are given as mean  $\pm$  SD when number of samples  $>1$ . Values below  
 1681 detection limits of the analytical method are denoted n.d. The subscripts “w” and “c”  
 1682 indicate data given as weight and concentration, respectively.

1683

	Abbr.	Svartatjern		Hyltro	Intensive live feed			
		Copepods	Copepods	Zoopl.	Rotifers	<i>Artemia</i>		
		2000	2001	2001	IMR <sup>a</sup>	1-day <sup>b</sup>	1-day <sup>c</sup>	3-day <sup>c</sup>
Number of samples	N	30	26	1	1	1	1	1
<b>FAA in weight</b> ( $\mu\text{g}/\text{mg}$ DW)	FAA <sub>w</sub>	56.1 <sup>A</sup> $\pm$ 9.7	64.7 $\pm$ 9.8	86.0	16.6	33.7	32.1	27.5
Indispensable amino acids ( $\mu\text{g}/\text{mg}$ DW)	IAA <sub>w</sub>	18.4 $\pm$ 3.0	18.2 $\pm$ 1.8	19.3	5.8	4.4	5.5	5.1
Indispensable amino acids (%)	IAA <sub>w</sub> /FAA <sub>w</sub>	32.9 <sup>A</sup> $\pm$ 2.7	28.5 $\pm$ 3.3	22.4	34.7	12.9	17.0	18.7
Indispensable to dispensable ratio	IAA <sub>w</sub> /DAA <sub>w</sub>	0.49 <sup>A</sup> $\pm$ 0.06	0.40 $\pm$ 0.07	0.29	0.53	0.15	0.20	0.23
<b>FAA concentration</b> (nmoles/mg DW)	FAA <sub>c</sub>	471.7 <sup>A</sup> $\pm$ 89.8	580.1 $\pm$ 95.1	766.6	124.5	277.6	254.0	219.0
Indispensable amino acids (nmoles/mg DW)	IAA <sub>c</sub>	113.6 $\pm$ 18.2	109.0 $\pm$ 10.7	119.2	38.0	27.7	36.4	34.3
Indispensable amino acids (%)	IAA <sub>c</sub> /FAA <sub>c</sub>	24.3 <sup>A</sup> $\pm$ 2.0	19.1 $\pm$ 2.2	15.5	30.6	10.0	14.3	15.6
Indispensable to dispensable ratio	IAA <sub>c</sub> /DAA <sub>c</sub>	0.32 <sup>A</sup> $\pm$ 0.03	0.24 $\pm$ 0.03	0.18	0.44	0.11	0.17	0.19
<b>Indispensable amino acids</b> (nmoles/mg DW)								
Arginine	ARG	79.6 $\pm$ 15.8	83.1 $\pm$ 13.7	68.3	13.6	13.7	12.3	13.4
Threonine	THR	10.2 $\pm$ 2.5	– <sup>d</sup>	– <sup>d</sup>	3.0	0.9	2.9	3.1
Valine	VAL	5.8 <sup>A</sup> $\pm$ 1.9	4.6 $\pm$ 1.5	7.5	4.0	1.9	5.0	4.6
Histidine	HIS	5.1 <sup>A</sup> $\pm$ 1.7	9.3 $\pm$ 5.7	21.3	4.9	2.9	6.2	3.2
Leucine	LEU	3.6 <sup>A</sup> $\pm$ 1.4	3.0 $\pm$ 1.0	5.0	2.0	1.9	2.9	2.9
Lysine	LYS	3.3 $\pm$ 1.1	3.9 $\pm$ 1.8	6.7	5.2	4.4	3.1	3.4
Isoleucine	ILE	2.5 <sup>A</sup> $\pm$ 1.1	1.9 $\pm$ 0.8	3.2	3.0	1.1	1.8	2.0
Phenylalanine	PHE	2.0 <sup>A</sup> $\pm$ 0.9	1.5 $\pm$ 0.5	2.6	1.6	0.8	1.1	1.0
Methionine	MET	1.3 $\pm$ 0.5	1.4 $\pm$ 0.9	4.4	0.6	0.1	0.9	0.5
Tryptophan	TRP	0.3 $\pm$ 0.2	0.3 $\pm$ 0.1	0.3	0.2	n.d.	0.2	0.1
<b>Dispensable amino acids</b> (nmoles/mg DW)								
Glycine	GLY	126.5 <sup>A</sup> $\pm$ 37.1	231.4 <sup>d</sup> $\pm$ 58.2	235.3 <sup>d</sup>	8.8	5.4	8.2	9.7
Taurine	TAU	84.3 <sup>A</sup> $\pm$ 16.7	101.1 $\pm$ 23.3	136.0	2.9	65.5	57.8	58.2
Alanine	ALA	43.5 $\pm$ 18.1	36.4 $\pm$ 16.0	68.0	8.9	65.7	34.2	28.0
Glutamic acid	GLU	33.5 <sup>A</sup> $\pm$ 7.1	24.5 $\pm$ 7.0	45.0	14.6	27.0	35.2	31.2

Proline	PRO	24.3 <sup>A</sup> ± 19.7	38.3± 38.9	125.9	3.9	50.7	34.6	25.0
Aspartic acid+Phosphoserine	ASP+PHS	17.9 <sup>A</sup> ± 3.1	13.7± 3.7	9.3	4.6	6.2	6.9	5.3
Glutamine	GLN	10.3± 1.7	10.4± 3.0	7.6	6.2	11.7	17.0	9.4
Serine	SER	8.6 <sup>A</sup> ± 2.3	7.0± 2.0	9.3	16.4	2.1	5.0	6.3
Gamma-amino butyric acid	GABA	3.6± 1.5	3.8± 1.1	4.4	0.8	1.5	2.9	1.9
Tyrosine	TYR	3.1 <sup>A</sup> ± 1.1	2.5± 0.7	3.9	10.6	7.3	5.8	3.5
Asparagine	ASN	2.7 <sup>A</sup> ± 0.8	2.0± 0.6	2.9	8.7	6.8	10.0	6.2

1684 <sup>a</sup> Institute of Marine Research: rotifers grown on Rotimac and *Isochrysis galbana* algae.

1685 <sup>b</sup> Institute of Marine Research: *Artemia* enriched with DC-DHA Selco.

1686 <sup>c</sup> Austevoll Marin Yngel AS: *Artemia* fed DC-DHA Selco and Algamac 2000.

1687 <sup>d</sup> In the 2001 samples, high glycine content caused masking of threonine (next eluated top in the  
1688 chromatogram).

1689 <sup>A</sup> Significant difference between copepods from 2000 and 2001.

1690 Table 5

1691 Pigments and vitamins in copepods, zooplankton (copepods and decapod zoeae),  
 1692 rotifers, and *Artemia* (1-day or 3-day after hatching). Values are relative to dry weight  
 1693 (DW) and are given as mean  $\pm$  SD when number of samples  $>1$ . Values below  
 1694 detection limits (n.d.) and trace amounts (tr.) between detection and quantification  
 1695 limits of the analytical method are indicated.

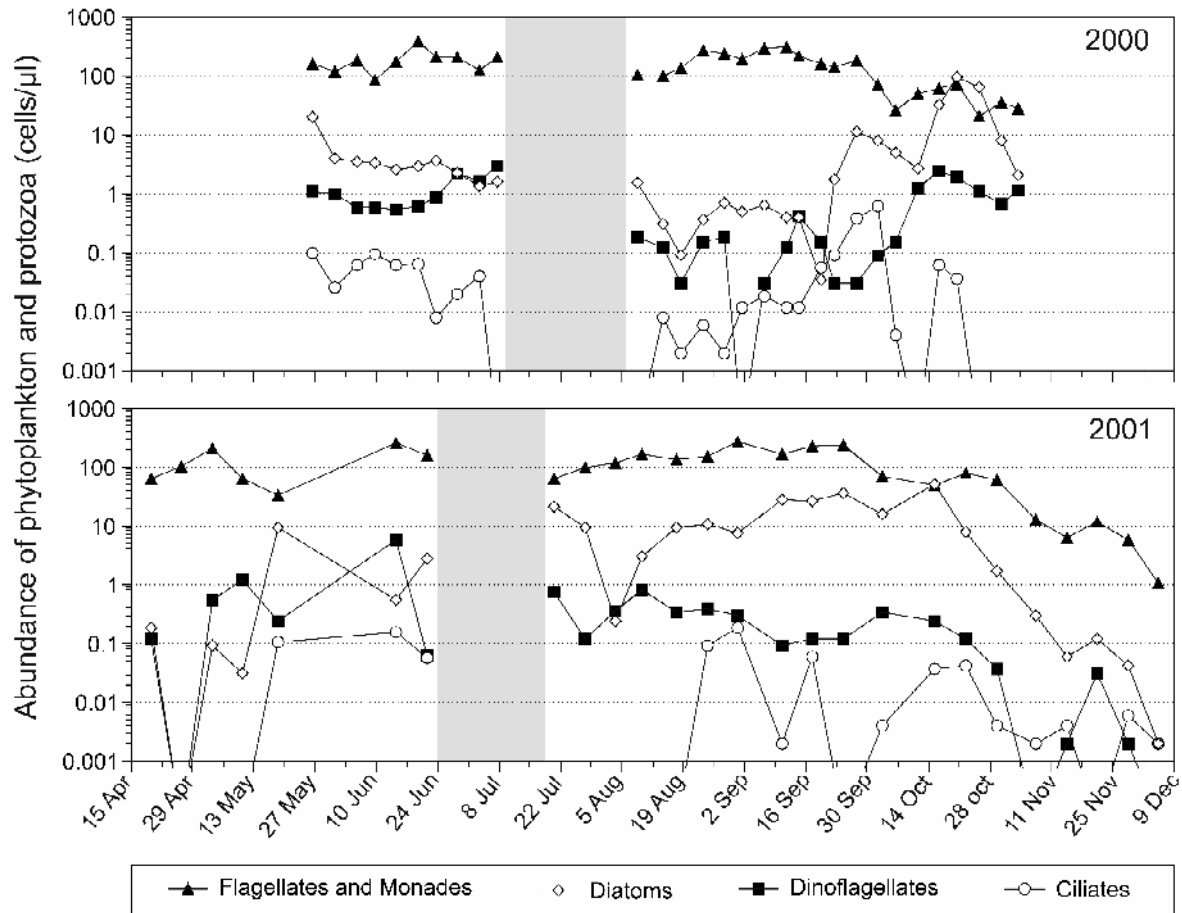
1696

	Abbr.	Svartatjern		Hyltro	Intensive live feed			
		Copepods	Copepods	Zoopl.	Rotifers	<i>Artemia</i>		
		2000	2001	2001	IMR <sup>a</sup>	1-day <sup>b</sup>	1-day <sup>c</sup>	3-day <sup>c</sup>
<b>Pigments (<math>\mu\text{g/g DW}</math>)</b>								
Number of samples	N	30	26	1	1	1	1	1
Astaxanthin		626.9 $\pm$ 139.1	747.7 $\pm$ 296.8	197.9	24.0	n.d.	n.d.	n.d.
Canthaxanthin		n.d.	n.d.	n.d.	n.d.	752.4	744.7	654.0
$\beta$ -Carotene		n.d.	n.d.	n.d.	n.d.	n.d.	n.d.	n.d.
<b>Lipid-soluble vitamins (<math>\mu\text{g/g DW}</math>)</b>								
Number of samples	N	16	19	1	1	1	1	1
Retinol	Vitamin A	tr.	n.d.	0.2	0.2	– <sup>d</sup>	– <sup>d</sup>	– <sup>d</sup>
Cholecalciferol	Vitamin D <sub>3</sub>	n.d.	n.d.	n.d.	0.9	0.7	1.8	1.0
Total Tocopherol	Vitamin E <sub>tot</sub>	112.0 $\pm$ 28.1	114.0 $\pm$ 61.3	114.0	513.1	571.8	340.2	465.3
$\alpha$ -Tocopherol	Vitamin E $_{\alpha}$	108.0 $\pm$ 28.5	113.5 $\pm$ 61.1	114.0	509.0	562.0	327.8	424.3
$\beta$ -Tocopherol	Vitamin E $_{\beta}$	0.5 $\pm$ 0.2	n.d.	n.d.	n.d.	n.d.	n.d.	n.d.
$\gamma$ -Tocopherol	Vitamin E $_{\gamma}$	3.5 <sup>A</sup> $\pm$ 2.3	0.4 $\pm$ 1.4	n.d.	4.1	7.4	9.4	32.9
$\delta$ -Tocopherol	Vitamin E $_{\delta}$	n.d.	n.d.	n.d.	n.d.	2.4	3.0	8.1
<b>Water-soluble vitamins (<math>\mu\text{g/g DW}</math>)</b>								
Number of samples	N	16	19	1	1	1	1	1
Thiamine	Vitamin B <sub>1</sub>	23.1 $\pm$ 4.7	22.7 $\pm$ 11.7	9.2	48.6	18.2	13.0	20.9
Riboflavin	Vitamin B <sub>2</sub>	tr.	28.0 $\pm$ 3.6	28.9	30.7	53.1	52.1	51.9
Ascorbic acid	Vitamin C	476.6 $\pm$ 224.6	552.9 $\pm$ 360.2	271.1	220.1	530.6	361.3	372.6

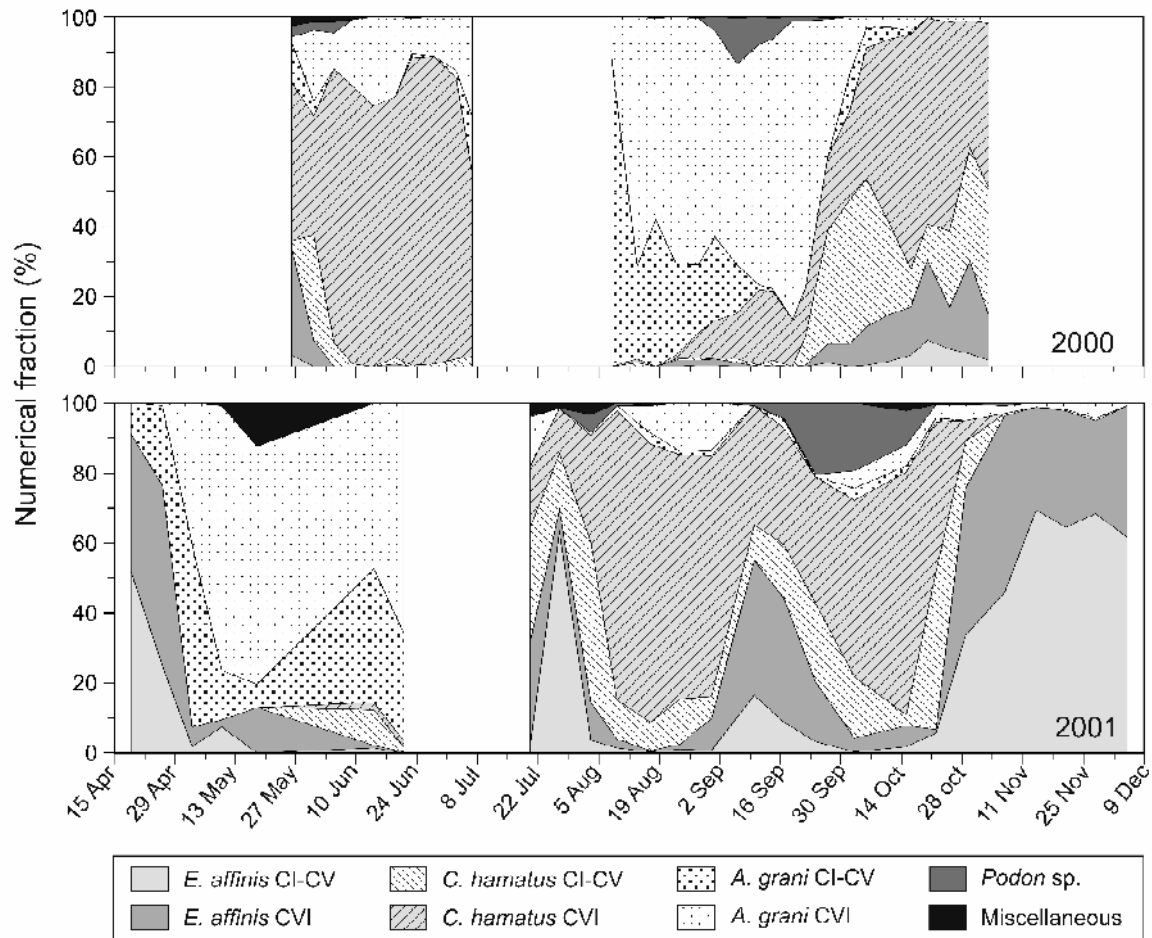
1697 <sup>a</sup> Institute of Marine Research: rotifers grown on Rotimac and *Isochrysis galbana* algae.1698 <sup>b</sup> Institute of Marine Research: *Artemia* enriched with DC-DHA Selco.1699 <sup>c</sup> Austevoll Marin Yngel AS: *Artemia* fed DC-DHA Selco and Algamac 2000.1700 <sup>d</sup> Interactions in the analytical method caused too high retinol readings for *Artemia*, see section 2.3.4.1701 <sup>A</sup> Significant difference between copepods from 2000 and 2001.



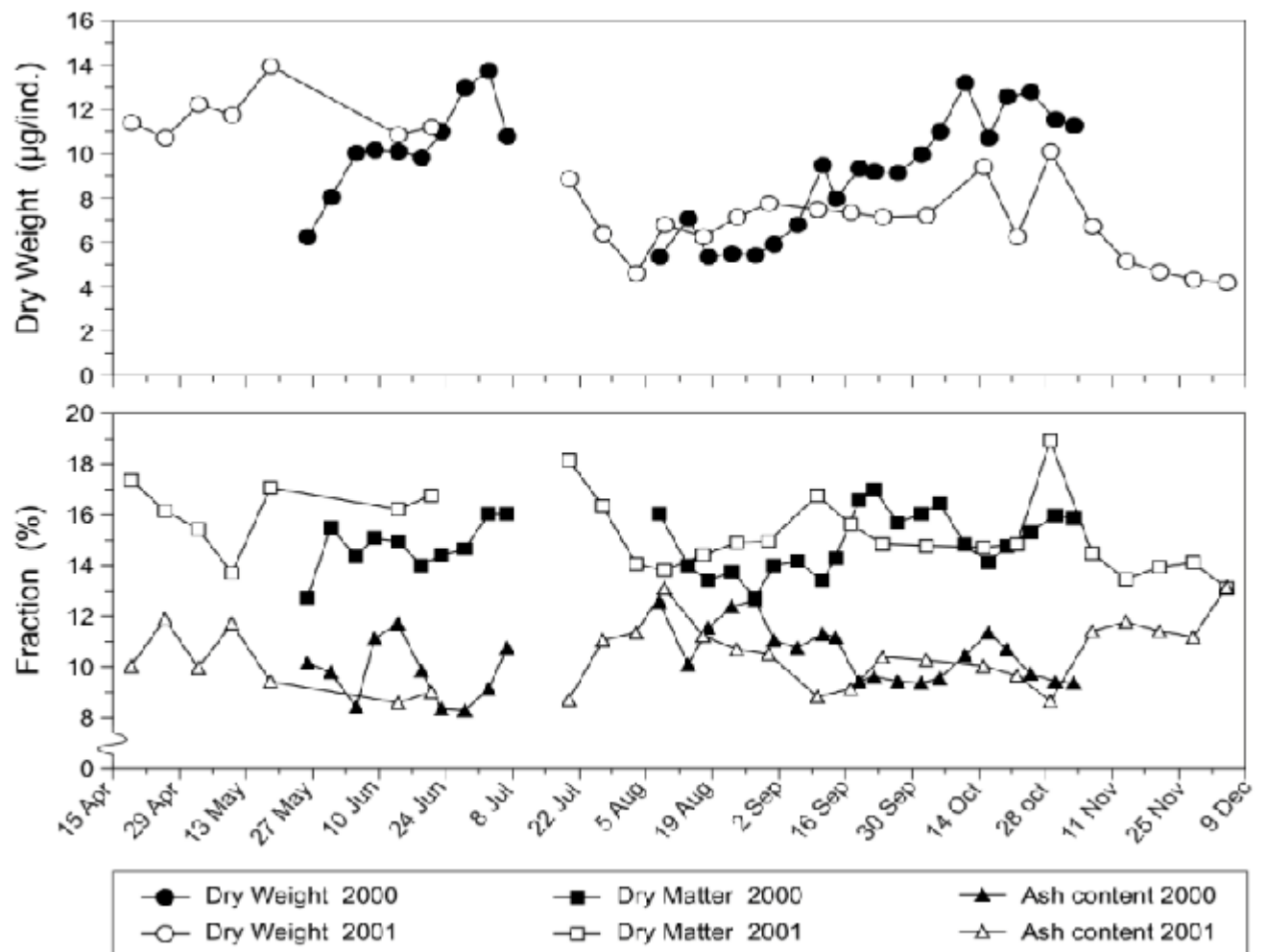
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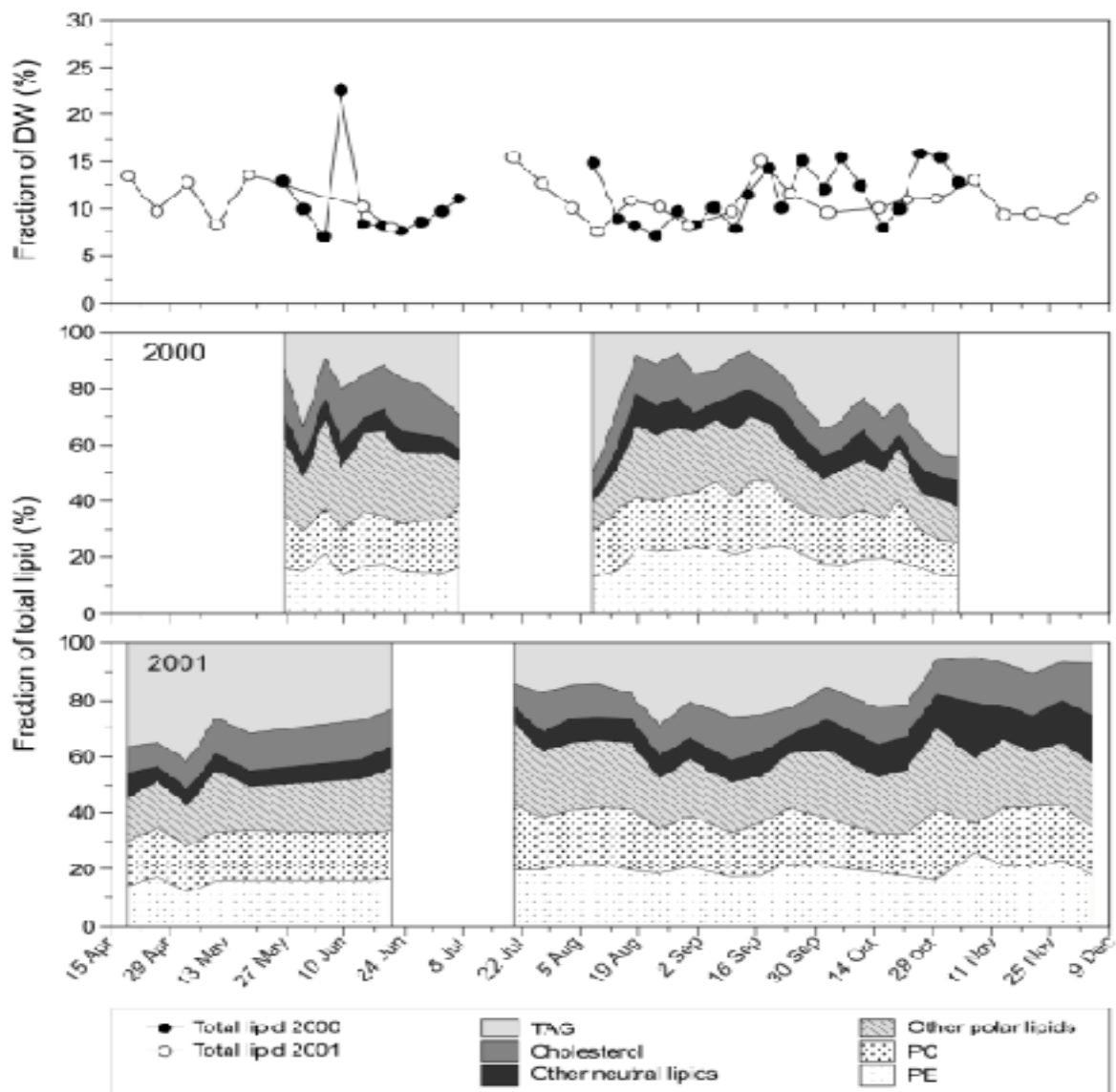
1703 Figure 1



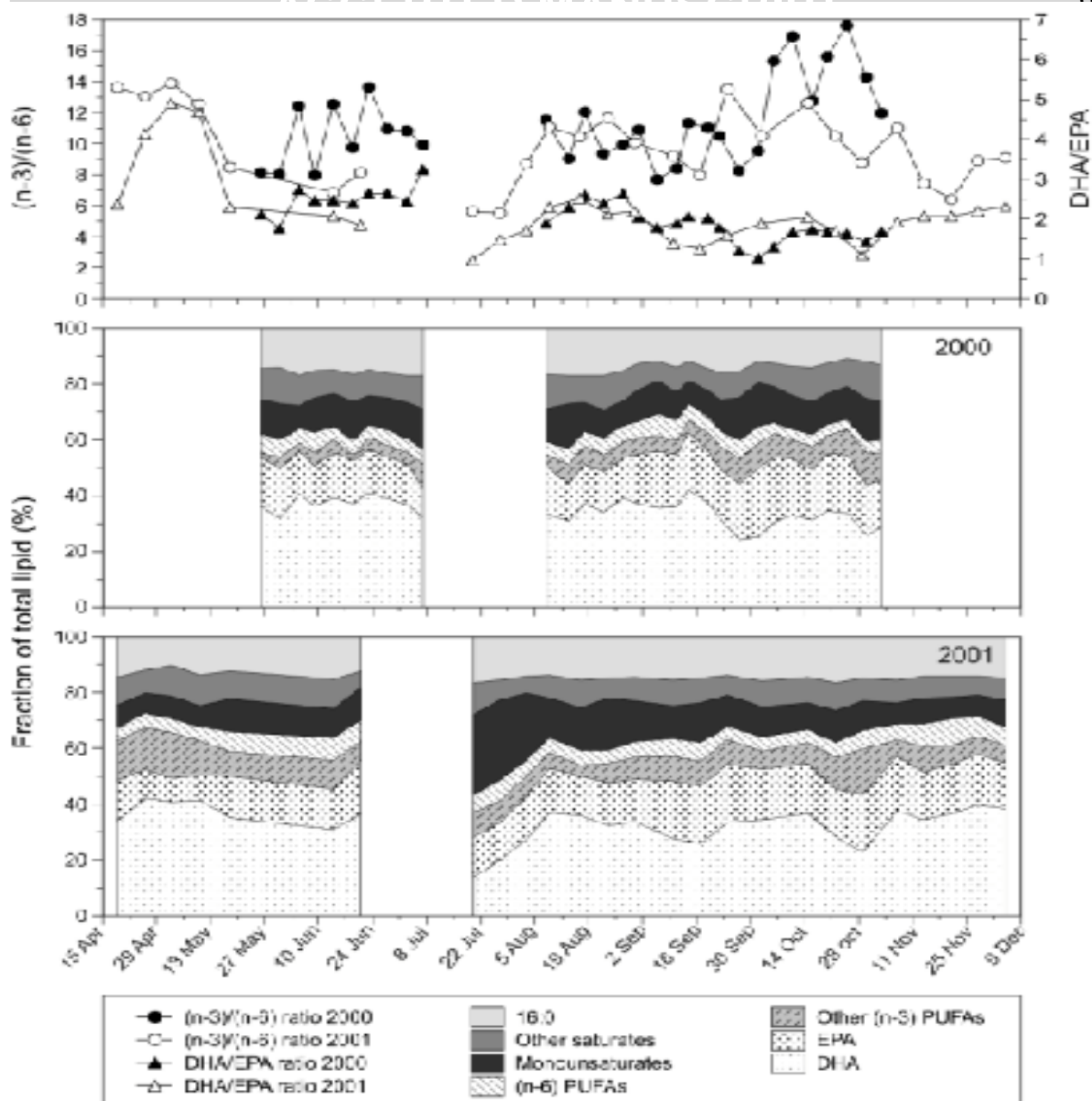
1704 Figure 2



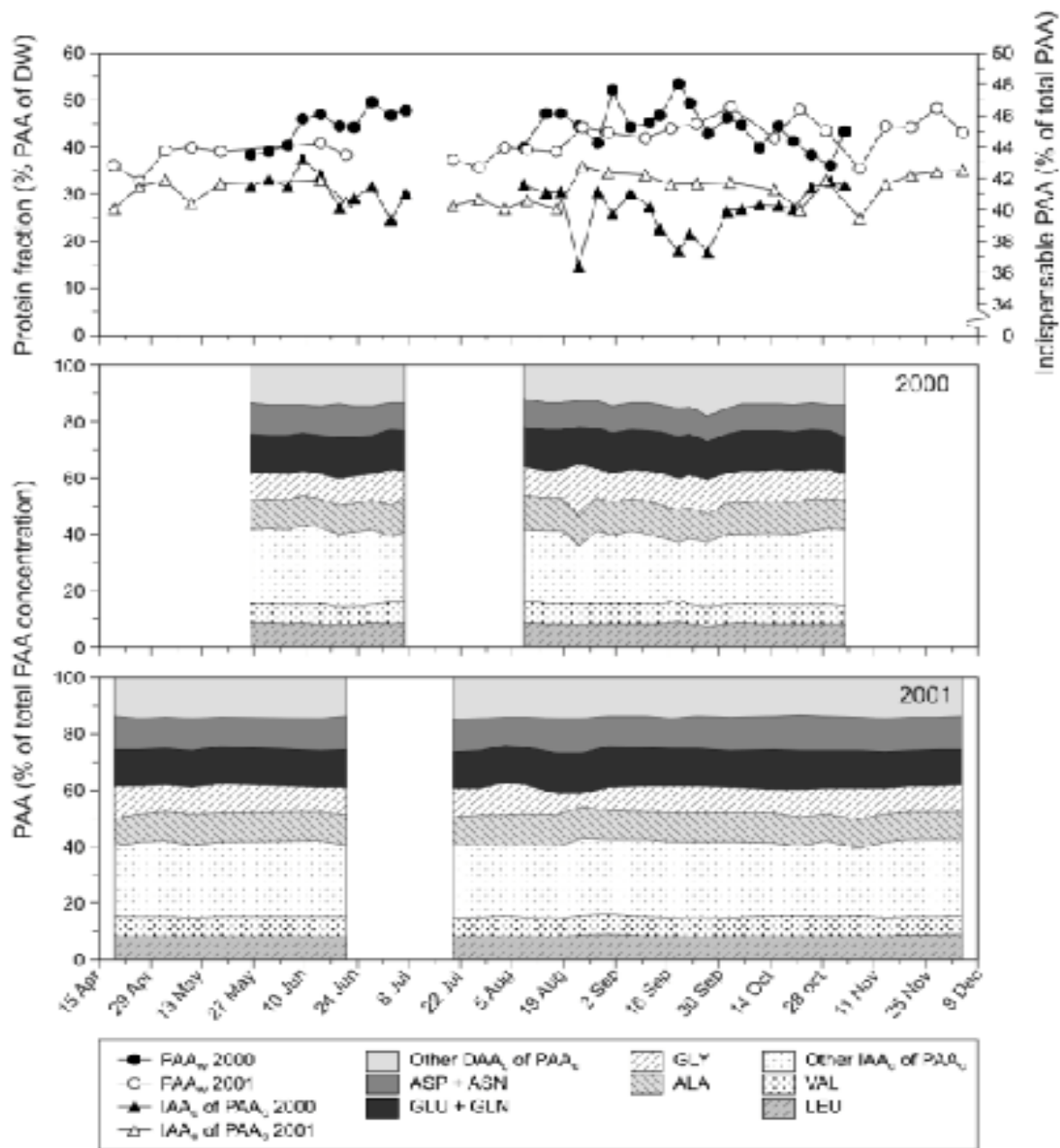
1705 Figure 3



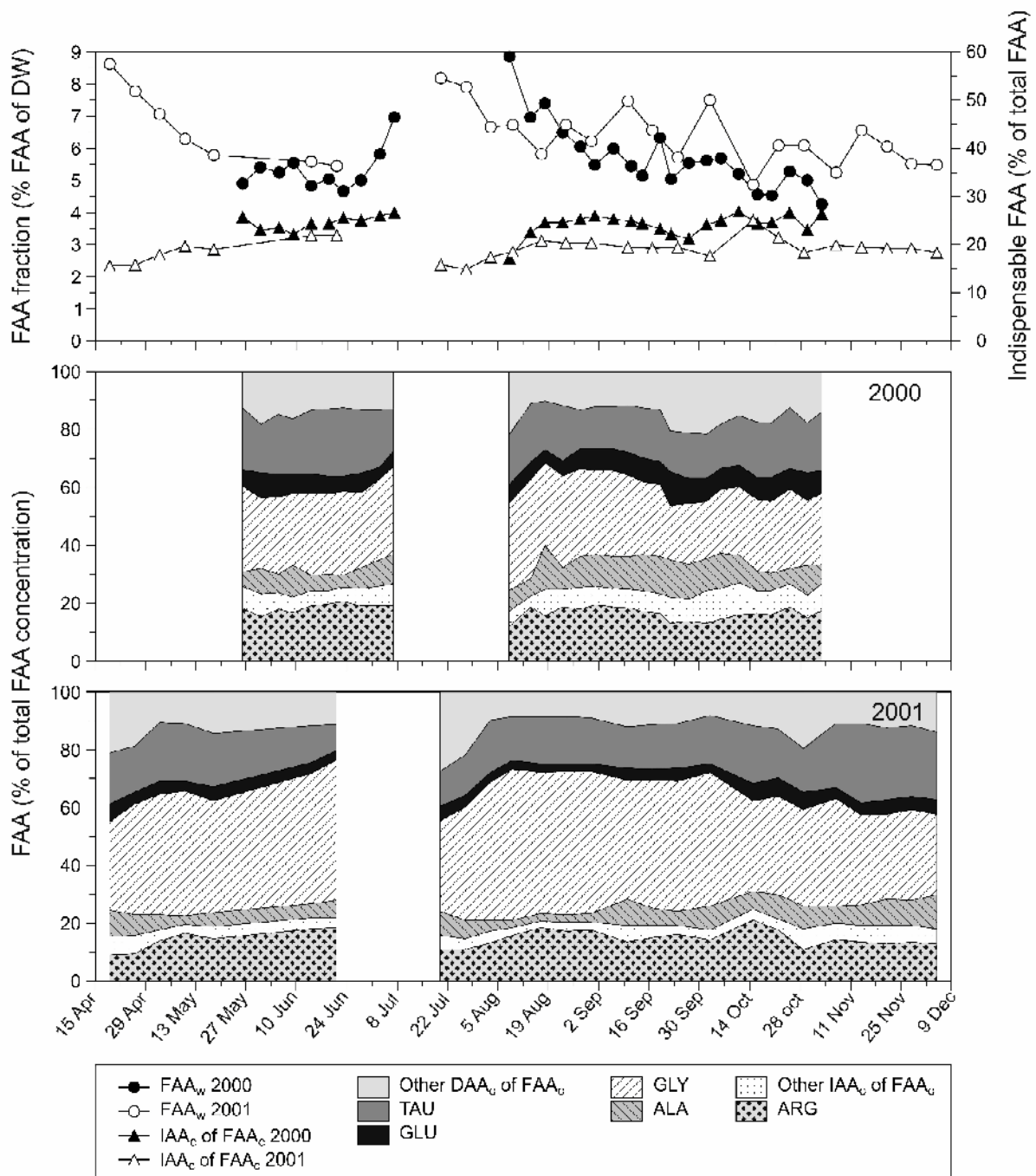
1706 Figure 4



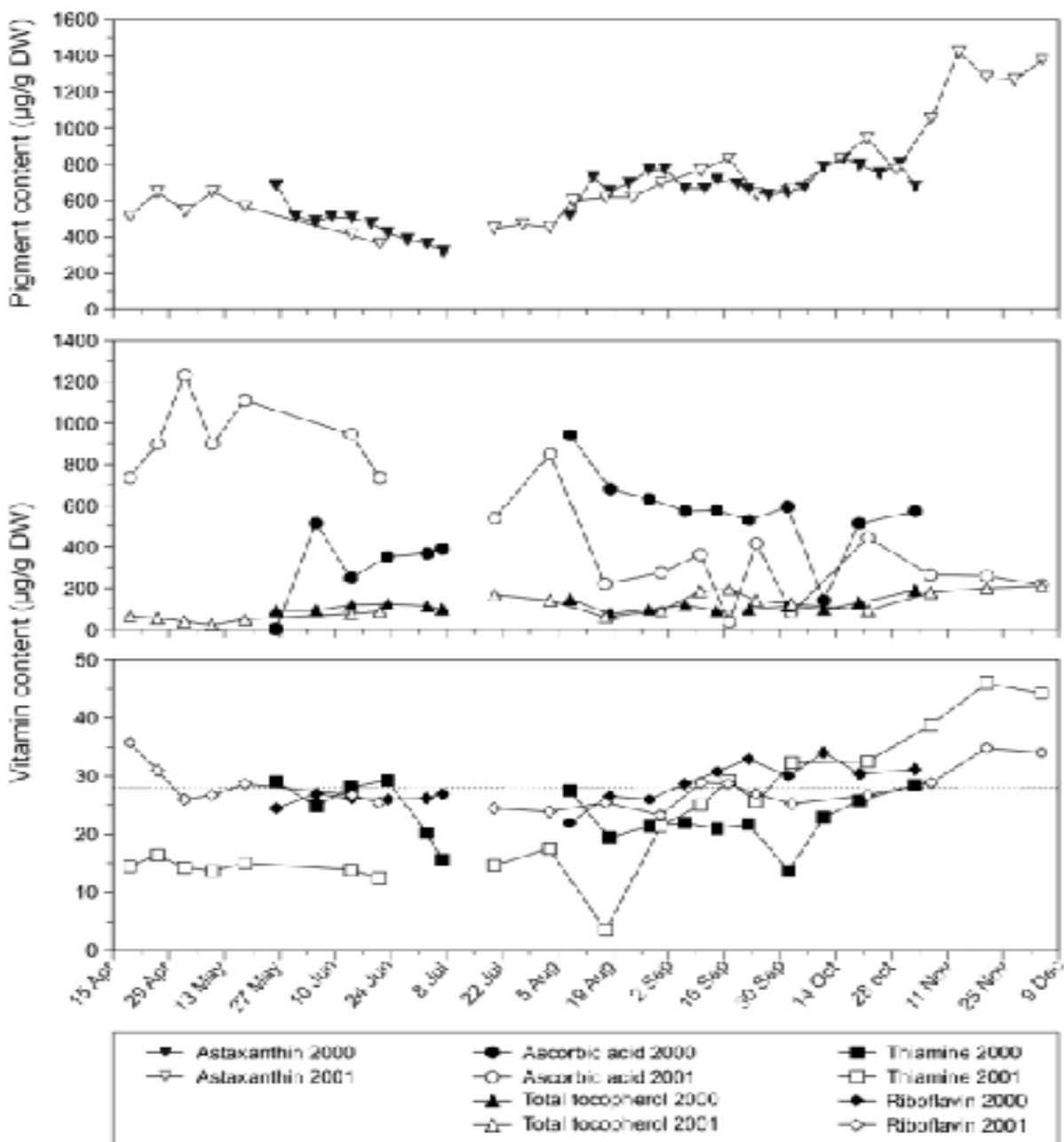
1707 Figure 5



1708 Figure 6



1709 Figure 7



1710 Figure 8